



OUR LADY OF MOUNT CARMEL

CATHOLIC CHURCH & SCHOOL

300 Fulton Street, Redwood City, CA 94062 Phone: (650) 366-3802 Fax: (650) 366-1421



AUGUST 3, 2025

18TH SUNDAY IN ORDINARY TIME

"Thus will it be for all who
store up treasure for
themselves but are not rich
in what matters to God."
- Lk 12:21

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

HOLY DAY OF OBLIGATION

La Solemnidad de La Asunción de la Virgen
es un **día de obligación**.

Agosto 14 (jueves) a las 6:30 de la tarde
La Misa Vigilia en español.

The Solemnity of the Assumption of the Blessed
Virgin Mary
is a **Holy Day of Obligation**.

August 15th (Friday)
English Masses at 8:15am and 6pm.

The 6pm Mass will be a healing Mass.

The relics of **St. Padre Pio** is coming to
Our Lady of Mt. Carmel Church
on August 15th & 16th

The veneration will be from **1pm-8pm**

We invite volunteers to serve as
Greeters/ushers and Volunteers at the store
to sell Padre Pio items

Contact the OLMC Padre Pio Committee at:
olmcpadrepiorc@gmail.com



PARISH MASSES & LITURGIES

DAILY MASS:	Monday - Saturday, 8:15 AM
SATURDAY VIGIL MASS:	5:00 PM - English
SUNDAY MASSES:	8:00 AM, 10:00 AM - English; 12:00 PM - Español
1st FRIDAY Devotion:	Eucharistic Adoration follows the 8:15 AM Mass
CONFESSIONS:	Saturdays, 3:30 PM - 4:30 PM
BAPTISM - Monthly:	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español
ANOINTING OF THE SICK:	Please call the Parish Center to speak with a priest.
FUNERAL SERVICES:	Please call the Parish Center to speak with a priest.
QUINCEAÑERA MASS:	Saturdays at 12 noon. Subject to availability. Please call at least 5 months prior to the approved date of the Mass. Suggested donation is \$500. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.
MARRIAGE:	Saturdays at 12 noon. Subject to availability. Please call at least 6 months prior to the approved date of the wedding. Suggested donation is \$800. Stipend for a musician is a separate fee and it depends on availability. Initial deposit required to reserve the date. Our Hall is not available for receptions.

CLERGY

<u>Pastor:</u> <i>Rev. Msgr. Romulo Vergara</i>	rvergara@mountcarmel.org
<u>Parochial Vicar:</u> <i>Rev. Fr. Andy De Guzman</i>	adeguzman@mountcarmel.org
<u>Hospital Chaplain:</u> <i>Rev. Fr. Ernie Jandonero</i>	frerniej@yahoo.com
<u>Deacon:</u> <i>Rev. Mr. Thomas Boyle</i>	tboyle@mountcarmel.org
<u>Deacon:</u> <i>Rev. Mr. Raymond Smith</i>	rsmith@mountcarmel.org
<u>Deacon:</u> <i>Rev. Ricardo Escobar</i>	rescobar@mountcarmel.org

LAY STAFF

<u>Parish Office:</u> <i>Luke Mulhall</i>	lmulhall@mountcarmel.org	(650) 366-3802
<u>Director, Religious Ed:</u> <i>Magdalena Hernandez</i>	mhernandez@mountcarmel.org	(650) 368-8237
<u>Music Cantors:</u> <i>Kristen Lapinig & Leodan Guerra</i>		
<u>Confirmation:</u> <i>Johanna Rasmussen</i>	jasmussen@mountcarmel.org	(650) 366-3802
<u>Adult Faith Formation/OCIA:</u> <i>John Spotorno</i>	johnspotorno@gmail.com	(650) 303-6292
<u>School Principal:</u> <i>Jennifer Bruzzone</i>	jbruzzone@mountcarmel.org	(650) 366-6127

PARISH CENTER HOURS - MONDAY-FRIDAY from 9AM-5PM, CLOSED FROM 12PM-1PM



Our reading from Ecclesiastes tells us that all things, our knowledge, our labor, or money, or anything that occupies our mind day and night are vanities. "Vanities" does not refer to "being vain," but rather things that are done in "vain" - activities which are futile, or worthless. The Hebrew word behind this English translation reveals more: vanity means "steam" or "vapor," literally, nothing but mist. Yet, we should not feel that all life is meaningless. Rather, we must put our lives in right perspective: God is greater than anything, idea, or object we can possess. Vanities of vanities may distract us but God is all in all.

If we are consumed with the things of this world, we will fundamentally be disappointed. This world will die. They will crumble. They will fade. And so will be. We ask God instead to teach us to number our days right: we must ask not for our fill of possessions but of kindness! Filled with the kindness of the Lord we might be joyful. What a difference our fragile world would feel if true joy were shared in our daily lives, not simply competition, pride, or vanity.

We take comfort in the luxuries of resting, eating, drinking, and being merry. Everything we see in our consumer-conscious world tells us that we should seek such a life. But we will die tomorrow. This tomorrow may not be the next day; it may be years or even decades from this moment. But for God, a thousand years are but a day in his sight. Our life on earth is so fragile and so fast, we have no time to be consumed by greed and jealousy.

We have time only to love with generosity, to seek God's wisdom and to spend our time storing up relationships of solidarity and peace.

Nuestra lectura de Eclesiastés nos dice que todas las cosas, nuestro conocimiento, nuestro trabajo, o dinero, o cualquier cosa que ocupe nuestra mente día y noche son vanidades. "Vanidades" no se refiere a "ser vanidoso", sino más bien a cosas que se hacen en "vano", actividades que son inútiles o sin valor. La palabra hebrea detrás de esta traducción al español revela más: vanidad significa "vapor", literalmente, nada más que niebla.

Sin embargo, no debemos sentir que toda la vida no tiene sentido. Más bien, debemos poner nuestras vidas en la perspectiva correcta: Dios es Más Grande que cualquier cosa, idea u objeto que podamos poseer.

Si nos consumimos con las cosas de este mundo, fundamentalmente nos decepcionaremos. Este mundo morirá. Se desmoronarán. Se desvanecerán. Y así será. Le pedimos a Dios, en cambio, que nos enseñe a contar correctamente nuestros días: ¡No debemos pedir nuestra saciedad de posesiones, sino pedir bondad! Llenos de la bondad del Señor, podríamos estar satisfechos, con gozo. Qué diferencia sería nuestro mundo frágil si en nuestras vidas tuviéramos verdadera alegría en nuestra vida diaria, no simplemente la competencia, el orgullo o la vanidad.

Nos reconfortamos con los lujos de descansar, beber y ser felices. Todo lo que vemos en nuestro mundo consciente del consumo nos dice que debemos buscar esa vida. Pero podemos morir mañana. Puede ser que Mañana no será el día siguiente o pueden pasar años o incluso décadas desde este momento. Pero para Dios, mil años no son más que un día a sus ojos. Nuestra vida en la tierra es frágil y tan rápida que no tenemos tiempo para ser consumidos por la codicia y el engaño.

Solo tenemos tiempo para amar con generosidad, buscar la sabiduría de Dios y dedicar nuestro tiempo a establecer relaciones de unidad y paz.



LAY ORGANIZATIONS

- Mental Health Ministry
- Grief Support Group
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Maria
- El Grupo de Oracion: Aliento de Oracion
- OCIA – Catechists
- Bible Study Group
- Men's Club
- Women's Club

Liturgical ministries:

- Altar servers
- Lectors and Holy Communion ministers
- Hospitality: Ushers and Greeters
- Music Ministry
- Liturgical Environment

Descriptions of each group are found in our website: <https://www.mountcarmelrc.org/>

MASS INTENTIONS FOR THE WEEK

Sat., Aug. 2

8:15 AM

† Alfred Absi

5:00 PM

† Marine Huber

Sun., Aug. 3

8:00 AM

† Juanito Soriano

10:00 AM

† Josie & Asteria Tordilla

12:00 PM

† Raquel Sandoval

Daily Masses - 8:15 AM

Mon., Aug. 4

† Mary Aldrich

Tues., Aug. 5

† Andy & Aurita Nocon

Wed., Aug. 6

† John J. Sullivan

Thurs., Aug. 7

† Luis Arias & Victor Castillo

Fri., Aug. 8

† Tanti Family

Sat., Aug. 9

8:15 AM

† Arcadia Tinio

5:00 PM

† Caridad Saquin

Sun., Aug. 10

8:00 AM

† Adalberto Cuevas

10:00 AM

† Marco Benavides

12:00 PM

† Ramiro Godinez Villa

Prayer List: Our prayer list clears at the end of each month. Please submit your entries for the prayer list by calling 650-366-3802.

2nd Collection: Aug. 3 - Parish Facilities

Aug. 17 - Religious Education

Aug. 10 - Liturgy Fund

Aug. 23 - Annual Appeal

Aug. 31 – Society of St. Vincent de Paul

Register: Want to join our Parish? Has it been a while since you have updated your information! It's easy! Just Register /Update at: mountcarmelrc.org/registration

FORMED: Sign up to our free [FORMED](https://formed.org) subscription for thousands of books, audio talks, movies, documentaries and studies to help you and your family nurture your faith in the Catholic tradition. Go to formed.org then enter **Our Lady of Mt. Carmel Church, Redwood City** or our zip code: **94062**

GO PAPERLESS! Our weekly bulletin is also available online and can be downloaded.

Go to: <https://parishesonline.com/organization/our-lady-of-mount-carmel-church-94062>

If there is any announcement you would like be included in the weekly bulletin, please contact Fr. Andy.
Bulletin for the coming weekend is usually submitted to the printer on Tuesday evenings.



SAINTS of the Week

FEAST OF THE TRANSFIGURATION OF THE LORD (Aug. 6)

554 From the day Peter confessed that Jesus is the Christ, the Son of the living God, the Master "began to show his disciples that he must go to Jerusalem and suffer many things. . . and be killed, and on the third day be raised." Peter scorns this prediction, nor do the others understand it any better than he. In this context the mysterious episode of Jesus' Transfiguration takes place on a high mountain, before three witnesses chosen by himself: Peter, James and John. Jesus' face and clothes become dazzling with light, and Moses and Elijah appear, speaking "of his departure, which he was to accomplish at Jerusalem". A cloud covers him and a voice from heaven says: "This is my Son, my Chosen; listen to him!" (Catechism of the Catholic Church)

St. John Marie Vianney (Aug. 4)

(May 8, 1786 – August 4, 1859)

Also known as the Curé d'Ars, is considered the patron saint of parish priests. He is known for his deep devotion to the Church and his dedication to the sacrament of confession. His life inspires all priests, as he exemplified a genuinely holy priest through his humility, selflessness, and unwavering faith.

St. Dominic (August 8)

(August 8, 1170 – August 6, 1221)

Born in old Castile, Spain, Dominic was trained for the priesthood by a priest-uncle, studied the arts and theology, and became a canon of the cathedral at Osma, where there was an attempt to revive the apostolic common life described in *Acts of the Apostles*.

Dominic sensed the need for the Church to combat Albigensian heresy, and was commissioned to be part of the preaching crusade against it. His fellow preachers gradually became a community, and in 1215 Dominic founded a religious house at Toulouse, the beginning of the Order of Preachers or Dominicans.

Dominic's ideal, and that of his Order, was to organically link a life with God, study, and prayer in all forms, with a ministry of salvation to people by the word of God. His ideal: *contemplata tradere*: "to pass on the fruits of contemplation" or "to speak only of God or with God."

St. Teresa Benedicta of the Cross (August 9)

(October 12, 1891 – August 9, 1942)

A brilliant philosopher who stopped believing in God when she was 14, Edith Stein was so captivated by reading the autobiography of Teresa of Avila that she began a spiritual journey that led to her baptism in 1922. Twelve years later she imitated Saint Teresa by becoming a Carmelite, taking the name Teresa Benedicta of the Cross.

After living for four years in the Cologne Carmel, Sister Teresa Benedicta moved to the Carmelite monastery in Echt, Netherlands, in 1938. The Nazis occupied that country in 1940. In retaliation for being denounced by the Dutch bishops, the Nazis arrested all Dutch Jews who had become Christians. Teresa Benedicta and her sister Rosa, also a Catholic, died in a gas chamber in **Auschwitz** on August 9, 1942.

Source: <https://www.franciscanmedia.org>



RELIGIOUS EDUCATION

First Communion Program 2025-2026

Registration for 1st communion will continue on Sundays of August from 9am to 1:30pm, at the porch of the Church. We will accept registrations in the Parish Center from Tuesday through Friday from 9:30a to 12nn and from 1pm to 4pm.

Classes will begin in September.

Classes in English will be held on Sundays from 8:45am to 9:45am, followed by 10am Mass.

Calendar of activities and more information will be in the Registration package.

For more information, you can contact Magdalena Hernandez via email:

mhernandez@mountcarmel.org.

Programa de Primera Comuni3n 2025-2026

La inscripci3n continuara los domingos de Agosto, de 9am a 1:30pm, en el porche de la Iglesia. Adem3s, aceptaremos inscripciones en el Centro Parroquial de martes a viernes de 9:30am a 12md y de 1pm a 4pm.

Las clases comenzarn en Septiembre.

Las clases en espa3ol se llevar3n a cabo los mi3rcoles y jueves de 6:30 pm a 7:30 pm.

El calendario de actividades y m3s informaci3n estar3n en el paquete de registro.

Para m3s informaci3n, puede comunicarse con

Magdalena Hern3ndez por email:

mhernandez@mountcarmel.org.

Confirmation Program 2025-2026

Online Registration begins: August 1, 2025

Program Fee: \$150.00

Required documents: Baptism Certificate & Online registration form

Program duration: September 2025 – April 2026

*Class Schedule: Twice a month on Sunday evenings, 5:00–6:30 PM

*Mandatory Events: Parent & Student Orientation, Saint Project, Social Justice Service Project, Confirmation Retreat, Sponsor Night, Reconciliation Service, Confirmation Rehearsal and Confirmation Mass

*Exact dates will be provided at the time of registration

*Online Registration links (active on Aug. 1st):

English:

<https://forms.gle/2EGf6M4pUx3nmRUR6>

Spanish: <https://forms.gle/C51Nu4F2mZtvYai17>

Note: Limited admission to 30 participants and fills up quickly – typically within 5-7 days. Registration will remain open until all spaces are filled.

Order of Christian Initiation of Adults (for non-baptized)

Rooted from the very beginning of Church tradition, the Order of Christian Initiation of Adults is the path for welcoming new inquirers into our community of believers. If you, or someone close to you, are considering becoming a part of the Catholic community here at Our Lady of Mount Carmel then please accept our invitation to join with us for our weekly session on Sundays, following the 8:00 am Mass in the Parish Center. We use these Sundays to discuss the sacred scripture readings, questions regarding the Church as well as what we believe as Catholic Christians.

The Church uses the Order for those seeking any or all of the sacraments of Baptism, Confirmation, and First Eucharist. We also encourage those, already members of the community, to join us on Sunday as well to deepen their faith and to consider assisting in the formation of the inquirers as sponsors.

For further information, contact the parish office or John Spotorno at (650) 303-6292.



JUBILEE YEAR OF HOPE

Pope Francis has designated the 2025 Holy Year as a time to renew ourselves as “Pilgrims of Hope.” The Jubilee Year of Hope, also known as Jubilee 2025, concludes on January 6, 2026, which is the Solemnity of the Epiphany of the Lord. The year began with the opening of the Holy Door of St. Peter's Basilica on December 24, 2024.

The Vatican issued a decree* in May 2024 outlining the different ways that Catholics may obtain the Plenary Indulgence during the 2025 Jubilee Holy Year.

*https://www.usccb.org/resources/Indulgence_Vatican_Bollettino.pdf

Here is the link on Ways to obtain the indulgence in the Archdiocese of San Francisco:

<https://www.sfarchdiocese.org/wp-content/uploads/2025/03/Indulgence-instructions-1.pdf>

Here is the link to the pilgrim sites in the Archdiocese of San Francisco:

<https://www.sfarchdiocese.org/jubilee-year-of-hope/#LocalPilgrimageSites>

The number to call
for mental health
crisis support in
San Mateo County

(650) 579-0350

For help from local
mental health
counselors 24/7 during
mental health crisis,
substance use issue, or
thoughts of suicide.



Pray for our
departed parishioners
May they rest in peace
AMEN.

Steve Britschgi

To all our parishioners traveling this Summer

O Glorious St. Cristopher
you inherited a beautiful name.
As a result of the wonderful legend
that while carrying people across
a raging stream you also carried the Child Jesus.
Teach us to be true Christ-bearers
to those who do not know Him.
Protect all of us who
travel both near and far, and
petition Jesus to remain with us always. Amen

Adoration Chapel

Open Sundays through
Saturdays
from 9am to 9pm



El Grupo Guadalupano and The Prayer Warriors

invite you to join
a communal prayer for healing
for Msgr. Loi Vergara and all the sick
in our parish community
5 Tuesdays (July 29th – Aug. 26th)
At 7pm in the Church

*los invitan a unirse a una oración
comunitaria por la curación de
Mons. Loi Vergara
Y de todos los enfermos
de nuestra comunidad parroquial
5 los martes (29 de Julio – 26 de Agosto)
a las 7 de la tarde en la iglesia*

