

OUR LADY OF MOUNT CARMEL

CATHOLIC CHURCH AND SCHOOL

300 Fulton Street, Redwood City, CA 94062 Phone: (650) 366-3802

OCTOBER 25, 2026



LIVE THE LITURGY – INSPIRATION FOR THE WEEK

Jesus gives us the greatest commandment: love God with all your heart, all your soul, all your mind. When we do that, the rest comes naturally, and we love others as they should be loved. So, give him everything — and let your life be love.

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VIVE LA LITURGIA – INSPIRACIÓN DE LA SEMANA

Jesús nos da el mandamiento más grande: ama a Dios con todo tu corazón, toda tu alma, toda tu mente. Cuando hacemos eso, el resto viene de forma natural, y amamos a los demás como deberían ser amados. Así que, dale todo, y deja que tu vida sea amor.

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SCHOOL TOURS

For the 2027-2028 School Year

LEARN MORE ABOUT OUR TK-8TH GRADE PROGRAMS

- Academic Excellence.
- Rooted in Faith.
- Strong Community.

UPCOMING TOURS BEGIN AT 9:00 AM

- October 27
- November 10
- December 1
- January 12

To register, scan QR code, or call (650) 366-6127

Our Lady of Mount Carmel School



Greetings and Prayers: Birthday & Wedding Anniversary celebrants this week.

Masses & Liturgies

DAILY MASS:	Monday - Saturday, 8:15 AM
SATURDAY VIGIL MASS:	5:00 PM - English
SUNDAY MASSES:	8:00 AM, 10:00 AM - English; 12:00 PM - Español
1st FRIDAY Devotion:	Eucharistic Adoration follows the 8:15 AM Mass
CONFESSIONS:	Saturdays, 3:30 PM - 4:30 PM ***(2nd & 4th Saturdays: English only)***
ANOINTING OF THE SICK, FUNERAL SERVICES or HOUSEBLESSING:	Please call the Parish Center to set an appointment.
BAPTISM - Monthly:	Second Saturday: 10:00 AM - English El cuarto sábado: 10:00 AM - Español ***Please call 2-3 months prior to any proposed date for a Baptism.***
QUINCEAÑERA MASS:	Saturdays at 12 noon. Subject to availability. ***Please call at least 5 months prior to any proposed date for a Mass***.
MARRIAGE:	Saturdays at 12 noon. Subject to availability. ***Please call 6 months prior to any proposed date for a wedding.***

PARISH CENTER HOURS - Monday-Friday 8:30AM - 4:00PM Break from 12PM-1PM

CLERGY

Pastor: *Rev. Fr. Luello Palacpac*	palacpac.luello@sfarch.org
Parochial Vicar: *Rev. Fr. Patrick Okoye*	okoye.patrick@sfarch.org
Hospital Chaplain: *Rev. Fr. Ernie Jandonero*	frerniej@sfhealingandprayer.org
Deacon: *Rev. Mr. Raymond Smith*	rsmith@mountcarmel.org
Deacon: *Rev. Mr. Ricardo Escobar*	rescobar@mountcarmel.org

OUR WEBSITE

STAFF

Admin. Assistant: *Luke Mulhall*	lmulhall@mountcarmel.org	(650) 366-3802
Director, Liturgy: *Maria Cornell*	mcornell@mountcarmel.org	(650) 446-5802
Director, Religious Ed: *Magdalena Hernandez*	mhernandez@mountcarmel.org	(650) 368-8237
OCIA: *Bill Haack*	bhaack360@gmail.com	(650) 216-8925
Confirmation: *Johanna Rasmussen*	jrasmussen@mountcarmel.org	(650) 366-3802
Music Cantors: *Kristen Lapinig & Leodan Guerra*		
School Principal: *Megan Armando*	marmando@mountcarmel.org	(650) 366-6127

Registration: If you are new in our community, welcome! **Register at: mountcarmelrc.org/registration**
Registered parishioners may also update their information on the website.

flocknote

Get updates through email and text messages as they happen within our parish and school community. To sign up, text **"RWC"** to **84576**, click on the Flocknote sheep on the Parish website, or **scan the QR code.**



Pray for our departed parishioners

May they rest in peace

AMEN.



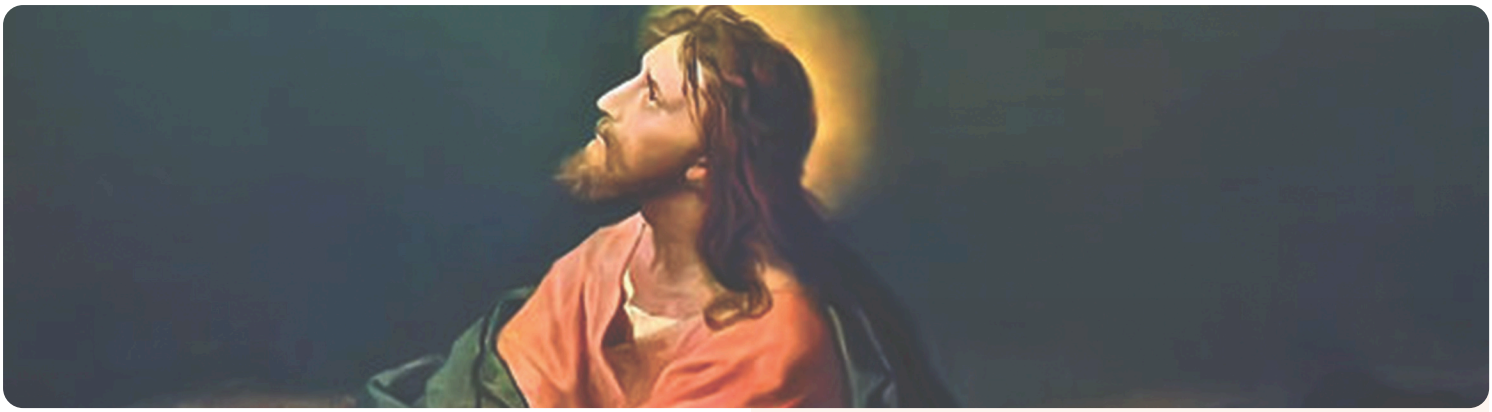
Adoration Chapel

Open Sundays through Saturdays from 9am to 9pm

I love you, Lord, my strength.

(Ps 18)

Scripture Reflection: 30th Sunday in Ordinary Time - Cycle A



THE GREAT COMMANDMENT OF LOVE

Today's Gospel speaks to us about the greatest of the commandments. The great commandment of love: "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind" and "your neighbor as yourself." **Love of God and neighbor are inseparable from each other.**

The fact that love for the Lord comes first reminds us that God always precedes us. He anticipates us with His infinite tenderness (cf. 1 Jn 4:19), with His closeness, with His mercy, for He is always near, tender, and merciful. (...) Saint Paul recalls this when he says that Christ's charity possesses a power that propels us toward loving (cf. 2 Cor 5:14). And everything originates in Him. You cannot truly love others if you do not have this root, which is God's love, Jesus' love.

The second aspect that emerges from the commandment of love connects love of God to love of neighbor. It means that by loving our brothers and sisters, we reflect the Father's love like mirrors. To reflect God's love, this is the point—to love those whom we do not see through the brother or sister we do see (cf. 1 Jn 4:20).

One day, Saint Teresa of Calcutta replied to a journalist who had asked her if she had illusions about changing the world through what she was doing: *"I never thought I could change the world! I only wanted to be a drop of clean water, through which God's love could shine"* (Meeting with journalists after receiving the Nobel Peace Prize, Rome, 1979).

And if, while looking at her and other saints, we might sometimes be tempted to think that they are inimitable heroes, let us think again about this small drop: **love is a drop that can change many things.** And how can this be done? By taking the first step, always. Sometimes it is not easy to take the first step, to forget things... Let's do that! **This is the drop: to take the first step.**

So, dear brothers and sisters, thinking about God's love that always precedes us, we can ask ourselves: Am I grateful to the Lord, who loves me first? Do I feel God's love and am I grateful to Him? And do I try to reflect His love? Do I strive to love my brothers and sisters?

Pope Francis,
Angelus, October 29, 2023 *(excerpts).*

EL GRAN MANDAMIENTO DE AMOR

El Evangelio de hoy nos habla del más grande de los mandamientos, el mandamiento del amor: "Amarás al Señor tu Dios con todo tu corazón, con toda tu alma y con toda tu mente" y "a tu prójimo como a ti mismo." **El amor a Dios y al prójimo son inseparables.**

Que el amor al Señor ocupe el primer lugar nos recuerda que Dios siempre nos precede. Nos anticipa con su infinita ternura (cf. 1 Jn 4,19), su cercanía y su misericordia, porque siempre está cerca, es tierno y misericordioso. (...) San Pablo nos recuerda que la caridad de Cristo tiene una fuerza que nos impulsa a amar (cf. 2 Co 5,14). Y todo nace de Él. No podemos amar verdaderamente a los demás sin esta raíz, que es el amor de Dios, el amor de Jesús.

El segundo aspecto del mandamiento del amor une el amor a Dios con el amor al prójimo. Significa que, al amar a nuestros hermanos, reflejamos como espejos el amor del Padre. De eso se trata: de reflejar el amor de Dios, amando a quien no vemos a través del hermano que sí vemos (cf. 1 Jn 4,20).

Un día, Santa Teresa de Calcuta respondió a un periodista que le preguntó si tenía la ilusión de cambiar el mundo con su obra: «*¡Nunca pensé que podría cambiar el mundo! Solo quería ser una gota de agua limpia a través de la cual pudiera brillar el amor de Dios*» (Encuentro con periodistas tras recibir el Premio Nobel de la Paz, Roma, 1979).

Y si al contemplarla a ella y a otros santos pensamos que son héroes inimitables, recordemos esa pequeña gota: **el amor es una gota que puede cambiar muchas cosas**. ¿Cómo lograrlo? Dando siempre el primer paso. A veces no es fácil darlo, olvidar ciertas cosas... ¡Hagámoslo! **Esta es la gota: dar el primer paso.**

Así pues, queridos hermanos y hermanas, pensando en el amor de Dios que siempre nos precede, preguntémonos: ¿Agradezco al Señor que me ama primero? ¿Siento su amor y le doy gracias? ¿Procuro reflejar su amor? ¿Me esfuerzo por amar a mis hermanos y hermanas?

Papa Francisco,
Ángelus, 29 de octubre de 2023 *(fragmentos).*

Lay Organizations

- Mental Health Ministry
- Good Grief Ministry
- Legion of Mary (Eng & Sp)
- Rosary Group
- The Prayer Warriors
- Society of St. Vincent de Paul
- Pro Life 40 days for Life Group
- The Sto. Niño Group
- El Grupo Guadalupano
- Lazos de Amor Mariano
- El Grupo Aliento de Oración
- OCIA – Catechists
- Bible Study Group
- Men's Club
- Women's Club
- Mount Carmel Youth Ministry
- *The Carlo Acutis Way (new)*

LITURGICAL MINISTRIES

- Altar servers
- Lectors & Holy Communion
- Hospitality: Ushers & Greeters
- Music Ministry
- Liturgical Environment

Mass Intentions

Sat., Oct 24
5:00 PM † Nicholas Abeyta

Sun., Oct 25
8:00 AM † Victor Godoy, Jose Maria Gonzalez, Margarita Saucedo, & Eloisa Delgado
10:00 AM † Gertrude Sullivan
12:00 PM † Leonardo Lomas
† Fidel Gallegos

Weekdays at 8:15 AM
Mon., Oct 26 † Angel Rosado
Tues., Oct 27 † Thuc Marie
Wed., Oct 28 † Adrian Silva
Thurs., Oct 29 † Mary Louise Liberati
Fri., Oct 30 † Darlene Hall
Sat., Oct 31 † Antonio G. Martinez



Weekly Collection Donations
(October 17 - 18)

First Collection: $4,771
2nd Collection: $2,039
Gifts / Other: $1,716
Total : $8,526

Archdiocesan Annual Appeal 2026
Goal: $72,794

Collected donations:
As of 10/20/2026
$39,342

LEARN & GIVE

THANK YOU TO OUR ALTAR FLOWERS DONORS:
Oct. 24: Maria Cruz

2nd Collection: Oct. 4 – Facility Repair & Improvement
Oct. 11 – Religious Education
Oct. 18 – Liturgy Fund
Oct. 25 – **World Mission Sunday**

WORLD MISSION SUNDAY
This year's theme, chosen by Pope Leo XIV, is "One in Christ, United in Mission." The Holy Father reminds us that our mission begins with unity in Christ. As baptized Christians, we are called to share the Gospel, strengthen our communion with one another, and invite others to encounter Jesus and His saving love.

Learn more at **https://sfarch.org/world-mission-sunday/**

Mental Health Ministry

Call: Maria Koenigsberg
(650) 366-3802
Or email us at:
olmcmentalhealthministry@gmail.com

Good Grief Ministry

Call: Maryann Gonzales
(650) 366-3802
Meets every 2nd & 4th Thurs of the month
@ 6pm at the Parish Center.

The number to call for mental health crisis support in San Mateo County

(650) 579-0350

For help from local mental health counselors 24/7 during mental health crisis, substance use issue, or thoughts of suicide.



SACRED RELICS & MASTERPIECES

OCT. 16 – NOV. 28 · 9:00 AM–4:00 PM

Cathedral of St. Mary of the Assumption:
1111 Gough Street · San Francisco.
Please scan QR Code for more information.



GOOD GRIEF MINISTRY RECEPTION

11/08/2026

The Good Grief Ministry will have a reception on **Sunday**, **November 8th** after Mass at **9:00 AM.**

All Parishioners are welcomed to attend.



ALL HALLOWS' EVE: A CATHOLIC CELEBRATION OF HOLINESS AND HOPE

Rediscovering the Christian meaning of October 31

Every October 31, neighborhoods fill with costumes, decorations, and familiar Halloween traditions. Yet the name *Halloween* comes from **All Hallows' Eve**, the evening before All Saints' Day. In Christian tradition, ***hallow*** means **holy or saint**. Beyond the festivities, this occasion invites us to remember a beautiful truth: **we are all called to become saints.**

Three Days That Remind Us of Eternity

These days invite us to reflect on the **Communion of Saints,** the spiritual bond uniting the faithful on earth, the saints in heaven, and those undergoing purification after death.

October 31 — All Hallows' Eve: The eve of All Saints' Day invites us to prepare our hearts for the celebration of holiness through prayer, stories of the saints, and family activities that help children discover the joy of following Christ.

November 1 — All Saints' Day: On this solemnity, the Church honors all the saints in heaven, known and unknown. Their lives remind us that holiness is not reserved for a select few, but is the calling of every Christian.

November 2 — All Souls' Day: The Church commemorates the faithful departed and prays for those undergoing purification before entering heaven. Through our prayers, especially the Mass, and works of charity offered for them, we entrust our departed brothers and sisters to God's mercy and express our hope in eternal life.

Celebrating with a Catholic Spirit

Celebrating these days does not mean abandoning every familiar seasonal tradition, but rather **placing Christ at the center**. Families might dress children as their favorite saints, share stories of holy men and women, pray the Rosary, attend Mass, or visit a cemetery to pray for departed loved ones.

These simple gestures help children understand that holiness is not distant or unattainable. The saints were people who responded to God's grace in their everyday lives, just as we are invited to do.

Called to Be Saints

While some Halloween customs emphasize darkness, fear, or death, our Catholic faith proclaims a greater message: **Jesus Christ has conquered sin and death, and through Him we are called to eternal life.**

The saints are not merely figures from the past. They are our brothers and sisters in Christ, examples of faith, and companions who intercede for us. Their witness reminds us that **the path to holiness begins in our daily choices to love God and one another.**

"Be holy, for I am holy." — 1 Peter 1:16

May this All Hallows' Eve inspire us not only to remember the saints, but to follow their example and grow closer to ***Jesus Christ.***

—Lismeth Pesce, Bulletin Editor

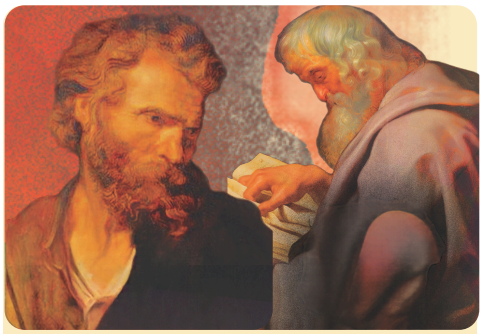
Sources: Catechism of the Catholic Church, §§828, 946–962, 992–1004, 1030–1032, 2013–2014, 2683–2684; Pope Francis, General Audience (October 30, 2013); Directory on Popular Piety and the Liturgy, no. 210.

Growing in Faith



OBSERVANCES FOR THE WEEK

(Oct. 28) Sts. Simon and Jude, *Apostles*
(Oct. 31) *All Hallow's Eve*
(Nov. 1) All Saints
Daylight Saving Time Ends
National Vocation Awareness Week



SAINTS SIMON AND JUDE, APOSTLES

Saints Simon and Jude were among the Twelve Apostles chosen by Jesus. Tradition remembers them as faithful missionaries who gave their lives for Christ. Saint Jude is especially known as the patron of difficult and hopeless causes. Their witness reminds us to remain faithful to Christ and trust in His love.

Saints Simon and Jude, pray for us!



CATECHISM OF THE CATHOLIC CHURCH

Through Charity, We Love God and Our Neighbors

1822 Charity is the theological virtue by which we love God above all things for his own sake, and our neighbor as ourselves for the love of God.

1823 Jesus makes charity the new commandment. By loving his own *"to the end,"* he makes manifest the Father's love which he receives. By loving one another, the disciples imitate the love of Jesus which they themselves receive. Whence Jesus says: *"As the Father has loved me, so have I loved you; abide in my love."* And again: *"This is my commandment, that you love one another as I have loved you."*

A PRAYER FOR POPE LEO XIV



Heavenly Father,
With faith and trust in Your infinite mercy, we lift up our Holy Father, Pope Leo XIV, in prayer. Grant him healing, renew his strength, and fill his heart with Your peace. May he feel Your loving presence in every moment of his recovery.
Through the intercession of Our Lady of Mount Carmel, our Blessed Mother, we entrust him to Your divine care. May she accompany him with her maternal love and lead him ever closer to her Son, Jesus Christ.
We ask this through Christ our Lord.
Amen.



SF Healing and Prayer Ministry

Healing Mass
Every third Friday of the month
Next Mass: November 20, 2026

Our Lady of Mount Carmel Church - Redwood City
5:15 p.m. *- Moment of recollective and meditative silence*
5:30 p.m. *- Holy Rosary & Divine Mercy Chaplet*
6:00 p.m. - HEALING MASS, *followed by the Anointing of the Sick*

ALL SOUL'S REMEMBRANCE ENVELOPES
Remember your Love Ones

If you would like **to have your deceased loved ones remembered** at all Masses throughout the entire month of **November**, please fill out the **All Soul's Remembrance envelopes** on the tables at the back of the Church with their names and drop them in the collection baskets or at the Parish Office.

The intention envelopes will remain at the Altar throughout November.





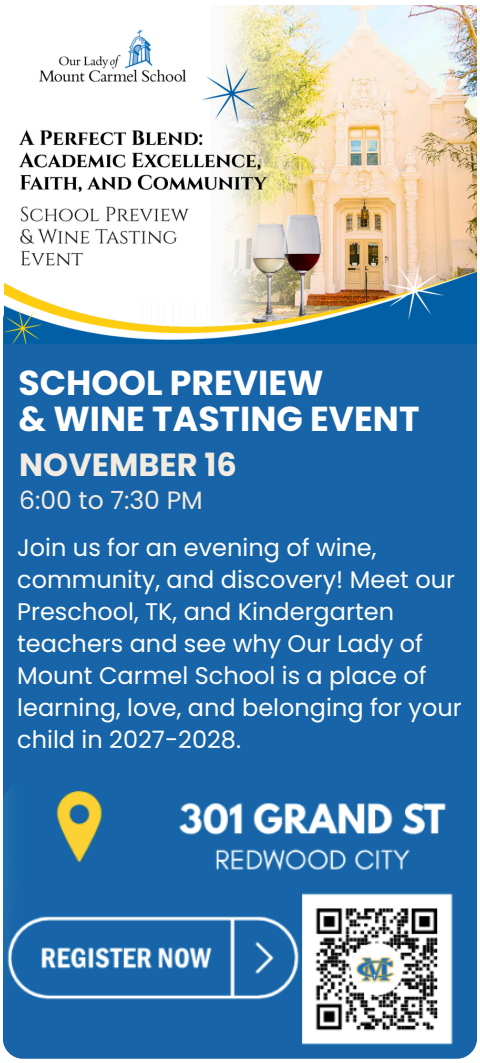
CATHOLIC CHARITIES SAN FRANCISCO (CCSF) / (415) 972-1200

We create lasting solutions to the most pressing challenges in our community – homelessness, inequality, aging in isolation, generational poverty, HIV/AIDS, and immigration to name a few. CCSF does not charge fees over the phone or through online ads. Please call our office directly at **(415) 972-1200** for more information or to request a consultation



SOCIETY OF ST. VINCENT DE PAUL
Help Line: 650-343-4403 I Website: svdpsm.org

In the spirit of love and justice we provide person-to-person services of time, talent and resources to help our neighbors in need. SVdP respects the dignity of every person. We provide Safety-Net services for families and individuals in our community who are often suffering, forgotten and deprived — the working poor, the homeless, the incarcerated, and all people living on the margins.
50 North B Street, San Mateo, CA 94401



All Souls' Day – November 2
Remembering Our Faithful Departed

On All Souls' Day, **we remember and pray for all the faithful departed**. We honor our loved ones by attending Mass, praying for their souls, visiting cemeteries, lighting candles, and gathering with family and friends to share cherished memories.

Throughout November, we will remember those who have passed away during the past 12 months. **Photos** of those whose funeral Masses were celebrated at our church **will be displayed** alongside photos of parishioners' departed loved ones.

Would you like to include a photo of your loved one?

Please submit a **copy** of a **4 × 6-inch** photo **(photos will not be returned)** by Sunday, **November 1**, using either of the following options:

- **Bring it to the parish office, to the attention of Maria Cornell.**
- **Place it in the basket labeled REMEMBRANCE PHOTOS**, located on the back left table in the church.





"May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen."

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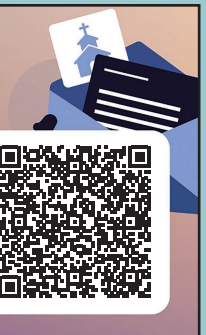
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