



Community Day Services / Life Enrichment

At Blue Cap, Life Enrichment offers adults individualized support including community life, education, job training, volunteer and employment opportunities.



Each component of the Life Enrichment Program emphasizes individual empowerment, community integration, job training, choice and peer support. Everyone also participates in the development of their own Personal Care Plan (PCP) that reflects her/his needs, dreams and desires. Support services are then developed to fulfill those requests.

Participation in multiple facets of Life Enrichment is part of a "Blended Day." A blended day is an approach to creating an open environment where people can choose which activities they would like to do for the day. For example, someone can spend half a day volunteering and the other half in recreational activities.

Home-Based Services offers support, education and companionship to children and adults* with intellectual and developmental disabilities who live at home.

*Adult participants are also encouraged to partake in the supports offered through Community Day Services / Life Enrichment.

Community Integrated Living offers a variety of supportive living arrangements in the community for adults with intellectual disabilities.

History of Blue Cap

In 1967, Blue Cap responded to the needs of the community by providing a school program that served 28 students with intellectual and developmental disabilities.

Today, Blue Cap offers uniquely tailored programs which provide supportive day, residential and home-based services to nearly 200 adults. Blue Cap serves the south side of Chicago and more than 30 south suburban communities.





Mission Statement

Blue Cap's mission is to support, encourage and educate people with intellectual disabilities to enjoy quality life experiences and be valued members of their community.

All programs and services at Blue Cap are designed for each individual.

Daily activities are designed to address skills and personal goals for each individual participant.

Whether a person's goal is to find a job, learn a new skill, or be an integral part of the community, we help them achieve and exceed it.



Blue Cap's Unifying Principles

People We Serve Come First

We believe that advocacy and responding to people's needs, interests and dreams are our primary concerns. Each person's growth, health, welfare and safety are the first considerations in every decision.

Our Standard of Performance is Excellence

We believe the people we support deserve the highest degree of excellence in services. We seek innovative and effective ways to accomplish our day-to-day work.

Respect

We believe in demonstrating consideration for each other. We recognize the uniqueness of the individuals. We support and encourage diversity.

Teamwork

We believe in working together toward a common vision and directing individual accomplishments toward organizational objectives.

Open Communication

We are committed to listening to others. We believe in an open dialogue that promotes exchanging views.

Honesty & Integrity

We believe in sincerity and truthful actions that are consistent with Blue Cap's principles and mission.

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