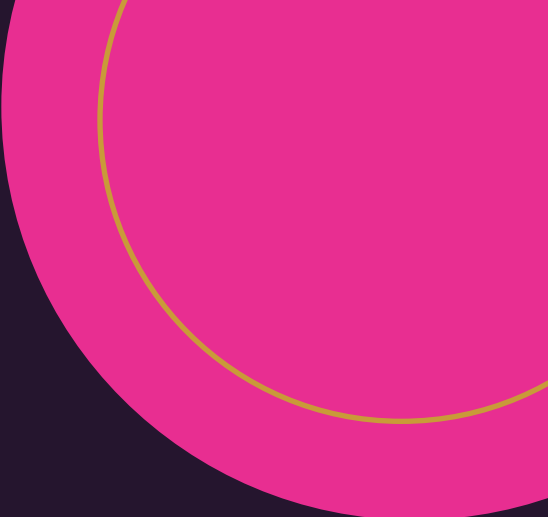




FREE AFFIRMATION DECK

Stand in Your Truth

32 printable affirmation cards for self-worth, peace, courage, joy, and purpose.

CREATED BY JUJU

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How to Use Your Cards

Print on cardstock, cut along the card edges, and choose one card each morning.

Read your affirmation aloud three times. Place it somewhere visible. When doubt shows up, return to the words and pair them with one action that supports what you are claiming.

These cards are for encouragement and reflection. They are not a substitute for professional medical or mental-health care.

JUJU DAILY DOSE



**I choose myself without
guilt.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**I am worthy before I
prove anything.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**My voice belongs in
every room I enter.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**I release the need to be
understood by
everyone.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



My boundaries are an act of love.

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JUJU DAILY DOSE



I trust the wisdom I have earned.

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



I can be soft and still be powerful.

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



I am no longer shrinking to make others comfortable.

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JUJU DAILY DOSE

Faith is louder than fear today.

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JUJU DAILY DOSE

I honor my pace and keep moving.

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JUJU DAILY DOSE

Rest is part of my purpose.

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JUJU DAILY DOSE

I belong where respect is mutual.

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**I release what is not
mine to carry.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**My truth does not
require permission.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**I am allowed to begin
again.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**I protect my peace
without apology.**

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JUJU DAILY DOSE

Joy is my superpower.

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**I am anchored in
purpose.**

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**My past explains me; it
does not own me.**

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**I welcome relationships
that feel safe and
honest.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**I listen when my body
asks me to slow down.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**I can change my mind as
I grow.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**Every small brave
choice counts.**

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JUJU DAILY DOSE



**I am becoming someone
I recognize and respect.**

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JUJU DAILY DOSE



**I receive love without
performing for it.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**I make room for both
grief and joy.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**My presence is a gift,
not a debt.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**I lead with courage,
compassion, and clarity.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**I deserve the same
grace I give others.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**What leaves creates
room for what aligns.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**I am not behind; I am
unfolding.**

jumeauxg.com • Choose yourself.

JUJU DAILY DOSE



**Today, I stand fully in
my truth.**

jumeauxg.com • Choose yourself.