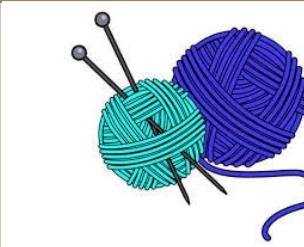


happy new year



# JANUARY 2026

## PROVITALIA

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>12:00</b> New Year's Brunch		<b>10:00</b> Activity with a volunteer
<b>2:00</b> Activity with a volunteer	<b>2:00</b> Sing-along	<b>11:00</b> Fitness <b>1:00</b> Music with Paul Gaudet	<b>1:15</b> Animal therapy	<b>12:45</b> Chair Yoga	<b>1:00</b> Painting workshop with Patricia	
<b>04</b>	<b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>	<b>09</b>	<b>10</b>
<b>12:00</b> Brunch	<b>2:00</b> Coloring by numbers	<b>11:00</b> Fitness <b>1:00</b> Music with Paul Gaudet	<b>1:15</b> Animal therapy	<b>12:45</b> Chair Yoga	<b>2:00</b> Bocce	
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
	<b>2:00</b> Crafts	<b>11:00</b> Fitness <b>1:00</b> Music with Paul Gaudet	<b>1:15</b> Animal therapy	<b>12:45</b> Chair yoga	<b>2:00</b> Cornhole	
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>12:00</b> Brunch	<b>2:00</b> Paint by numbers	<b>11:00</b> Fitness <b>1:00</b> Music with Paul Gaudet	<b>1:15</b> Animal therapy	<b>12:45</b> Chair Yoga	<b>2:00</b> Sing-along	
<b>25</b>		<b>26</b>		<b>28</b>		<b>31</b>