



VILLAGIA DE L'ÎLE PATON

RÉSIDENCE POUR ÂÎNÉS

happy new year



JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				12:00 New Year's Brunch	2:00 Bocce	
				01	02	03
	10:00 Fitness 1:00 Meditation 1:30 Duplicate Scrabble 1:45 Yoga	11:00 Mass 11:00 Aqua Fitness* 7:00 Club 500	10:00 Carrefour Laval 1:30 Knitting club 2:00 Bocce	10:00 IGA 10:00 Fitness 1:00 Aqua fitness* 1:00 Bridge 2:00 Art Club	2:00 Bocce 7:00 Bingo	
04	05	06	07	08	09	10
12:00 Brunch	10:00 Fitness 1:00 Meditation 1:30 Duplicate Scrabble 1:45 Yoga 3:00 Around the Bible	11:00 Mass 11:00 Aqua Fitness* 1:30 Casino Playground outing* 7:00 Club 500	10:00 Place Rosemère 10:00 Media workshop* 2:00 Bocce	10:00 Walmart 10:00 Fitness 1:00 Aqua fitness* 1:00 Bridge 2:00 Art Club	10:30 Line dancing 2:00 Bocce 7:00 Bingo	
11	12	13	14	15	16	17
	10:00 Fitness 1:00 Meditation 1:30 Duplicate Scrabble 1:45 Yoga 3:00 Around the Bible	11:00 Mass 11:00 Aqua fitness* 2:00 Symphonic Afternoon* 7:00 Club 500	10:00 Place Côte-Vertu 10:00 Croissant-music* 1:30 Knitting club 2:00 Bocce 5:00 Ottavio*	10:00 PA Supermarket 10:00 Fitness 1:00 Aqua fitness* 1:00 Planetarium outing* 1:00 Bridge 2:00 Art club	10:30 Line dancing 2:00 Bocce 7:00 Bingo	
18	19	20	21	22	23	24
12:00 Brunch	10:00 Fitness 1:00 Meditation 1:30 Duplicate Scrabble 1:45 Yoga 3:00 Bible study	11:00 Mass 11:00 Aqua Fitness* 2:00 Music with Paul Gaudet 7:00 Club 500	10:00 Laval Center 10:00 Media workshop* 2:00 Bocce	10:00 Market 440 10:00 Fitness 1:00 Aqua fitness* 1:00 Bridge 2:00 Art Club 5:00 Asian Evening*	10:30 Line dancing 2:00 Bocce 7:00 Bingo	
25	26	27	28	29	30	31
						