

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00 Exercises 01:00 Meditation 01:30 Scrabble Duplicate	09:30 Mass 10:00 Minis beignes & Sana shops 11:00 Aquafitness 01:30 Outing Casino* 07:00 Club 500	10:00 Place Côte-Vertu 02:00 Bocce	10:00 Walmart 10:00 Exercises 11:30 Aquafitness 01:00 Art Club 01:00 Bridge	02:00 Bocce 07:00 Bingo	
01	02	03	04	05	06	07
	10:00 Exercises 01:00 Meditation 01:30 Scrabble Duplicate 02:00 Book Club	09:30 Mass 10:00 La Mini shop 11:00 Aquafitness 07:00 Club 500	10:00 Centre Laval 01:00 Knitting Club 02:00 Bocce	10:00 Supermarché PA 10:00 Exercises 12:00 Grand Prix* 11:30 Aquafitness 01:00 Art Club 01:00 Bridge	12:00 Grand Prix* 02:00 Bocce 07:00 Bingo	
08	09	10	11	12	13	14
12:00 Father's Day Brunch	10:00 Exercises 01:00 Meditation 01:30 Scrabble Duplicate	09:30 Mass 10:00 Chaussure relaxe shop 11:00 Aquafitness 02:00 Musique with Paul Gaudet 07:00 Club 500	10:00 Fairview Pointe-Claire 10:00 Croissant-musique* 02:00 Bocce 05:00 Le Chalutier* Restaurant	10:00 Maxi 10:00 Exercises 11:30 Aquafitness 01:00 Art Club	02:00 Bocce 07:00 Bingo	
15	16	17	18	19	20	21
	10:00 Exercises 01:00 Meditation 01:30 Scrabble Duplicate	09:30 Mass 11:00 Aquafitness 12:00 National Holdiay BBQ* 07:00 Club 500	10:00 Carrefour Laval 01:00 Knitting Club 02:00 Bocce	10:00 Super C 10:00 Exercises 11:30 Aquafitness 01:00 Art Club	10:30 Outing Pick-your-own 02:00 Bocce 07:00 Bingo	
22	23	24	25	26	27	28
12:00 Brunch	10:00 Exercises 01:00 Meditation 01:30 Scrabble Duplicate 02:00 Therapeutic yoga					
29	30					

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	02:00 Creative workshop	10:30 Exercises 01:00 Music with Paul Gaudet	10:00 Coloring by number 01:15 Pet therapy	01:30 Chair yoga	02:00 Bocce	
01	02	03	04	05	06	07
	01:00 Art workshop with Patricia	10:30 Exercises 01:00 Music with Paul Gaudet	01:15 Pet therapy	01:30 Chair yoga	02:00 Game of washers	
08	09	10	11	12	13	14
12:00 Father's Day Brunch		10:30 Exercises 01:00 Music with Paul Gaudet	01:15 Pet therapy	01:30 Chair yoga	02:00 Sandbags	
15	16	17	18	19	20	21
	02:00 Craft	10:30 Exercises 12:00 National Holiday BBQ	10:00 Coloring by number 01:15 Pet therapy	01:30 Chair yoga	01:00 Music with Paul Gaudet – Monthly birthdays	
22	23	24	25	26	27	28
12:00 Brunch	02:00 Film screening					
29	30					