



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 10:00 Boutique Ladybug Have a nice Sunday 07	09:15 Library 09:30 Yoga 10:30 Memory 01:30 Cards/Scrabble 02:45 Centerpiece 01	09:30 Open swim 10:30 Music 01:00 Military whist 02:00 Songs 02	09:00 Mass 10:30 Riddles 01:30 Bingo with UDS 2 03	09:30 Open swimming 10:30 Music 01:30 Centerpieces 02:00 Animal therapy 06:00 Military whist Louise Desyn Boutique 04	09:00 Active Life 10:30 Active Living 01:30 Let's Make decorations 05	01:00 Bonhomme Carnaval 06
	09:15 Library 09:30 Yoga 10:30 Charades 01:30 FADOQ sings 08	09:30 Open swimming 10:30 Songs 01:00 Military whist 02:00 Songs 02:45 Dance class Barber Hugo 09	09:00 Mass 10:30 Memory Game 01:30 Special Christmas Bingo with UDS 2 10	09:30 Open swim 10:30 Songs 01:30 Committee meeting 02:00 Animal therapy 06:00 Military whist 11	09:00 Active Life 10:30 Active Life 01:30 Billiards-golf tournament 12	01:30 Gérard and his musicians MMMG Shop 13
Have a nice Sunday 14	09:15 Library 10:30 Riddles 01:30 Class visit 1-2 02:00 Cards/Scrabble Foot care 15	09:30 Open swim 10:30 Music 01:00 Military whist 02:00 Songs Foot care 16	09:00 Mass 10:30 Memory Game 01:30 Bingo 02:30 Special Bistro Foot care 17	09:00 Open swim 10:30 Music 02:00 La Poule aux Oeufs d'Or 06:00 Military Whist 18	09:00 Active Life 10:30 Active Living 01:30 Preparing the Christmas dinner 19	11:15 Special Christmas lunch 01:30 Music with Louise Demers 20
Have a nice Sunday 21	09:15 Library 10:30 Memory 01:30 Cards/Scrabble 02:45 Coffee Discussion 22	09:30 Open swim 10:30 Songs 10:30 Walk 01:30 Music with Luc Riopel 23	10:00 Christmas tour 24	10:00 Animal Therapy  25	09:00 Active Life 10:30 Active Life 01:30 Viewing of the program « Wonders of the body » 26	27
Have a nice Sunday 28	09:15 Library 10:30 Charades 01:30 Cards/Scrabble 02:45 Led games 29	09:30 Aqua fitness 10:30 Music 01:00 Military whist 02:00 Songs 30	09:00 Mass 10:30 Memory Game 01:30 p.m. Bingo with UDS 2 31			
	Singing-Music Shop Monthly Activity Special Activity Special Outing					

