

SUNDAY	MON	TUESD	WEDNESD	THUR	FRIDAY	SATURDAY
 10:00 Discussion 01:30 Brain teaser 06:30 Coloring 05	 10:00 Musical Happiness 01:30  06	 09:00 Let's sing together (US) 10:00 Beanbag toss 01:30 Music quiz 07	10:00 Chair yoga 02:00 Mass 02:30 Mocktail & appetizers SENIOR CITIZENS' DAY 0108	10:00 Exercise 01:30 Lecture History of Quebec: the 19 ^e th century 02	10:00 Mass 01:00 Animal therapy (US) 02:00 Zoo entertainment 03	10:00 Discussion 01:30 Puzzles 06:30 Coloring 0411
10:00 Discussion 01:30 Puzzles 06:30 Coloring 12	 10:00 Director's coffee 01:30  13	09:00 Singing together (US) 10:00 Pocket game 02:00 The joy of reading La Caravelle 14	09:00 Pocket game (US) 10:00 Mandala 02:00 Mass 15	10:00 Exercise 01:30 Movie 16	10:00 Mass 01:00 Animal therapy 02:00 Zoo entertainment 17	10:00 Discussion 01:30 Puzzles 06:30 Coloring 18
10:00 Discussion 01:30 Puzzles 06:30 Coloring 19	10:00 Director's coffee 01:30  20	09:00 Sing-along (US) 10:00 Cornhole 01:30 Music quiz 21	09:00 Cornhole (US) 10:00 Darts 02:00 Mass 22	10:00 Exercises 01:30 Movie 23	10:00 Mass 02:00 Word games 24	10:00 Discussion 01:30 Puzzles 06:30 Coloring 25
10:00 Discussion 01:30 Brain Teasers 06:30 Coloring 26	10:00 Musical Happiness 01:30  27	09:00 Sing Along (US) 10:00 Beanbag toss 01:30 Music quiz 28	09:00 Beanbag toss (US) 10:00 Mandala 02:00 Mass 29	10:00 Exercises 01:30 Movie 30	10:00 Mass 11:30 Monthly birthdays and musical dinner 01:30 Halloween 31	