



September 2026

Auberge de la Rivière Joliette



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 a.m. Sandbags 1 1:30 p.m. Mobile Dairy Truck	10:00 a.m. Chair Exercises 2 13:30 p.m. Movie	10:00 a.m. Mandala 3 1:30 p.m. Walking Club	10:00 a.m. Mass 4 12:00 p.m. Zoo Activities	10:00 a.m. 5 Discussion 1h30 p.m. Puzzles 6:30 p.m. Coloring
10:00 a.m. 6 Discussion 1:30 p.m. Puzzles 6:30 p.m. Gospel Songs	 7	10:00 a.m. Sandbags 8 2:00 p.m. Petanque	10:00 Chair Exercises 9 1:30 p.m. Movie	10:00 a.m. Chair Exercises 10 1:30 p.m. Walking Club	10:00 a.m. Mass 11 1:30 p.m. Monthly Party of the Month with Joffrey Pinel	10:00 a.m. 12 Discussion 1:30 p.m. Puzzles 6:30 p.m. Coloring
10:00 a.m. 13 Discussion 1:30 p.m. Puzzles 1:30 p.m. Coloring	10:00 a.m. Director's Coffee 14  1:30 p.m. Bingo	1:30 p.m. Cocktail on the Terrace 15	10:00 a.m. Chair Exercises 16 13:30 p.m. Movie	10:00 a.m. Chair Exercises 17 1:30 p.m. Music Frenzy	10:00 a.m. Mass 18 2:00 p.m. Zoo Activities	10:00 a.m. 19 Discussion 1:30 p.m. Puzzles 1:30 p.m. Coloring
10:00 a.m. 20 Discussion 1:30 p.m. Puzzles 1:30 p.m. Gospel Songs	10:00 a.m. Musical Happiness 21  1:30 p.m. Bingo	10:00 a.m. Sandbags 22 1:30 p.m. Word Game	10:00 a.m. Chair Exercises 23 13:30 p.m. Movie	10:00 a.m. Chair Exercises 24 1:30 p.m. Board Games	10:00 a.m. Mass 25 1:30 p.m. Birthdays of the month with Maud Ciccarello	10:00 a.m. 26 Discussion 1:30 p.m. Puzzles 6:30 p.m. Coloring
10:00 a.m. 27 Discussion 1:30 p.m. Puzzles 6:30 p.m. Coloring	10:00 a.m. Musical Happiness 28  1:30 p.m. Bingo	10:00 a.m. Mandala 29 1:30 p.m. Coffee and social	10:00 a.m. Chair Exercises 30 13:30 p.m. Movie			

10:00 a.m. Exercises
on **30**
chairs

1:30 p.m. Movie