

SUNDAY	MON	TUESD	WEDNESD	THUR	FRIDAY	SATURDAY
	1:00 p.m. Meditation 1:30 p.m. Duplicate Scrabble 01	10:00 Norwex Boutique 11:00 a.m. Mass 11:00 a.m. Aqua Fitness 11:30 a.m. Sewing & Jewelry Service 7:00 p.m. Club 500 02	10:00 a.m. Carrefour Laval 2:00 p.m. Pétanque 03	10:00 a.m. Maxi 11:30 a.m. Aqua fitness 1:00 p.m. Art club 04	11:00 a.m. Line dancing 2:00 PM Pétanque 05	06
07	10:00 a.m. Fitness 1:00 p.m. Meditation 1:30 p.m. Duplicate Scrabble 1:50 p.m. Yoga 2:30 p.m. Yoga 08	10:00 a.m. Mademoiselle Co and Madame Naturelle 11:00 a.m. Mass 11:00 Aqua fitness 1:30 p.m. Casino Playground 7:00 p.m. Club 500 09	10:00 a.m. Place Rosemère 10:30 a.m. Workshop on fraud prevention 1:00 p.m. Knitting Club 2:00 p.m. Pétanque 10	10:00 a.m. Super C 10:00 a.m. Fitness 11:30 a.m. Aqua fitness 12:00 p.m. Corn roast* 1:00 p.m. Art club 11	11:00 a.m. Line dancing 2:00 p.m. Petanque 12	13
14	10:00 a.m. Fitness 1:00 p.m. Meditation 1:30 p.m. Duplicate Scrabble 1:50 p.m. Yoga 2:30 p.m. Yoga 15	10:00 a.m. Jano Mode Boutique 10:30 a.m. Apple picking* 11:00 a.m. Mass 11:00 a.m. Aqua fitness 7:00 p.m. Club 500 16	10:00 a.m. Place Côte-Vertu 2:00 p.m. Pétanque 5:00 p.m. Resto Vieux Duluth* 17	10:00 a.m. Super C 10:00 a.m. Fitness 11:30 a.m. Aqua fitness 1:00 p.m. Art club 1:00 p.m. Bridge 18	11:00 a.m. Line dancing 2:00 p.m. Pétanque 19	20
21	10:00 a.m. Fitness 1:00 p.m. Meditation 1:30 p.m. Duplicate Scrabble 1:50 p.m. Yoga 2:30 p.m. Yoga 22	10:00 a.m. Boutique Diane 11:00 a.m. Mass 11:00 a.m. Aqua fitness 2:00 p.m. Music with Paul Gaudet 7:00 p.m. Club 500 23	10:00 a.m. Laval Center 1:00 p.m. Knitting Club 2:00 p.m. Pétanque 24	10:00 a.m. Super C 10:00 a.m. Fitness 11:30 a.m. Aqua fitness 1:00 p.m. Art club 1:00 p.m. Bridge 5:00 p.m. French Evening* 25	11:00 a.m. Line dancing 2:00 p.m. Pétanque 26	27
28	10:00 a.m. Fitness 1:00 p.m. Meditation 1:30 p.m. Duplicate Scrabble 1:50 p.m. Yoga 2:00 p.m. Book club 2:30 p.m. Yoga 29	10:00 a.m. Mini Donuts 10:00 a.m. Lady Boutique 10:30 a.m. Tree Top Trail* 11:00 a.m. Mass 11:00 a.m. Aqua fitness 7:00 p.m. Club 500 30				