

## **SEPTEMBER 2025**

SUNDAY	MON	TUESD	WEDNESD	THUR	FRIDAY SATUR	DAY
	Bonne Fête du travail	10:00 a.m. Pocket game 11:00 a.m. Pocket game (US) 1:30 p.m. Music quiz	10:00 a.m. Chair yoga 2:00 p.m. Mass	10:00 a.m. Exercise 1:30 p.m. Lecture: History of Quebec	10:00 a.m. Mass 1:00 p.m. Animal therapy (UDS) 2:00 p.m. Zoo entertainment	10:00 a.m. Discussion 2:00 p.m. Puzzles 6:30 p.m. Coloring
10:00 a.m. Discussion	10:00 a.m. Musical bliss	10:00 a.m. Pocket game	<b>10:00 a.m.</b> Pétanque	<b>10:00 a.m.</b> Exercises	<b>10:00 a.m.</b> Mass	<b>10:00 a.m.</b> Discussion
2:00 p.m. Brain Teasers 6:30 p.m. Coloring	1:30 p.m. 🗓 🗓	11:00 a.m. Cornhole (US) 2:00 p.m. Happiness of Reading	<b>2:00 p.m.</b> Mass	<b>1:30</b> p.m. Movie	<b>1:30 p.m</b> Theme day: Apples with a show	<b>2:00 p.m.</b> Puzzles <b>6:30 p.m.</b> Coloring
07	08	09	10	11	12	13
10:00 a.m. Discussion 2:00 p.m. Puzzles 6:30 p.m. Coloring	10:00 a.m. Director's coffee 1:30 p.m.	<b>10:00 a.m.</b> Pocket game <b>11:00 a.m.</b> Cornhole (US) <b>1:30 p.m.</b> Music quiz	10:00 a.m. Darts 2:00 p.m. Mass	<b>10:00 a.m.</b> Exercises <b>1:30 p.m</b> . Movie	<b>10:00 a.m.</b> Mass <b>1:00 p.m.</b> Animal therapy (US) <b>2:00 p.m.</b> Zoo	10:00 a.m. Discussion 2:00 p.m. Puzzles 6:30 p.m. Coloring
14	15	16	17	18	entertainment 19	20
10:00 a.m. Discussion 2:00 p.m. Brain teaser 6:30 p.m. Coloring	<b>10:00 a.m.</b> Musical happine <b>1:30 p.m.</b>	10:00 a.m. Socializing with puppies 11:00 a.m. Cornhole (US) 1:30 p.m. Mandala	<b>10:00 a.m.</b> Darts <b>2:00 p.m.</b> Mass	<b>10:00 a.m</b> . Exercises <b>1:30 p.m</b> . Movie	10:00 a.m. Mass 11:30 a.m. Birthday celebrations & amp; show 1:00 p.m. Music (US)	10:00 a.m. Discussion 12:00 a.m. Puzzles 6:30 p.m. Coloring
21	22	23	24	25	26	27
10:00 a.m. Discussion 2:00 p.m. Puzzles 6:30 p.m. Coloring	10:00 a.m. Musical happin 1:30 p.m.	10:00 a.m. Pocket game 11:00 a.m. Cornhole (US) 1:30 p.m. Music quiz				
28	29	30				