

Dimanche / Sunday	Lundi / Monday	Mardi / Tuesday	Mercredi / Wednesday	Jeudi / Thursday	Vendredi / Friday	Samedi / Saturday
					01 10h30 Club de marche 13h30 Bingo 10:30am Walking club 1:30pm Bingo	02 10h30 Club Art et artisanat 10:30am Art and craft club
03 10h La Messe Radio-Canada 10am La Messe Radio-Canada	04 10h30 Exercices 13h30 Sonothérapie et Yoga 10:30am Exercises 1:30pm Sonotherapy and Yoga	05 10h30 Café du DG 13h30 Jeu pousse ta chance 10:30am DG's coffee 1:30pm Push your luck game	06 10h30 Exercices 14h Karaoké avec Abi 10:30am Exercises 2pm Karaoke with Abi	07 10h Boutique Lady 13h30 Biblio Mobile 10am Boutique Lady 1:30pm Mobile Library	08 10h30 Club de marche 13h30 Bingo 10:30am Walking club 1:30pm Bingo	09 10h30 Club Art et artisanat 10:30am Art and craft club
10 14h Spectacle Chorale Allegrissimo 2pm Allegrissimo Choir Show	11	12 10h30 Jeu de billard 13h45 Multi-Pétanque 10:30am Billiard game 1:45pm Multi-Bocce	13 10h30 Jeu du dé géant 14h30 Exercices avec coach Laurie 10:30am Giant dice game 2:30pm Exercises with coach Laurie	14 10h30 Jeu Pictionary 13h30 Film: Miss Congeniality (ang) 10:30am Pictionary game 1:30pm Movie: Miss Congeniality (eng)	15 13h30 Spectacle d'enfants West Baptist Church 1:30 PM Children's Show West Baptist Church	16 10h30 Club Art et artisanat 10:30am Art and craft club
17 10h La Messe Radio-Canada 10am La Messe Radio-Canada	18 10h30 Exercices 13h30 Sortie Place Vertu (i) 10:30am - Exercises 1:30pm Outing Place Vertu (i)	19 10h30 Jeu de la ligne du temps 13h30 Marche au Tim Hortons 10:30am Timeline game 1:30pm Walk to Tim Hortons	20 10h30 Exercices 14h Méditation thérapeutique 10:30am Exercises 2pm Therapeutic Meditation	21 10h Boutique FAB Solution Santé 12h Dîner Buffet BBQ (i) 10h Boutique FAB Health Solution 12pm BBQ Buffet Lunch (i)	22 10h30 Club de marche 13h30 Bingo 10:30am Walking club 1:30pm Bingo	23 10h30 Club Art et artisanat 10:30am Art and craft club
24 10h La Messe Radio-Canada 10am La Messe Radio-Canada	25 10h30 Exercices 14h Présentation Scientifique : l'ADN et les gènes 10:30am Exercises 2pm Scientific Presentation: DNA and Genes	26 10h30 Jeu de poches Baseball 13h45 Multi-Pétanque 10h30 Baseball Sandbags game 1:45pm Multi-Bocce	27 10h30 Jeu d'Échec 14h30 Exercices avec coach Laurie 10:30am Chess game 2:30pm Exercises with coach Laurie	28 10h30 Jeu de billard 13h30 Film: Twins (ang) 10:30am Billiard game 1:30pm Movie: Twins (eng)	29 10h30 Club de marche 13h30 Bingo 10:30am Walking club 1:30pm Bingo	30 10h30 Club Art et artisanat 10:30am Art and craft club