



SUNDAY	MON	TUESD	WEDNESD	THUR	FRIDAY	SATURDAY
BONNE FÊTE DU Canada			12:00 PM BBQ Canada	1:15 p.m. Chair Yoga	2:00 p.m. Board game	
			01	02	03	04
12:00 p.m. Brunch	1:30 p.m. Painting Workshop	1:00 p.m. Music with Paul Gaudet	1:15 p.m. Animal-Assisted Therapy	1:15 p.m. Chair Yoga	1:15 p.m. Animal-Assisted Therapy	
05	06	07	08	09	10	11
	2:00 p.m. Numbered Coloring	1:00 p.m. Music with Paul Gaudet	1:15 p.m. Animal-Assisted Therapy	1:15 p.m. Chair Yoga	1:15 p.m. Musical performance with Jean-Pierre Lalande	
12	13	14	15	16	17	18
12:00 p.m. Brunch	1:00 p.m. Fitness	1:00 p.m. Music with Paul Gaudet	1:15 p.m. Animal-Assisted Therapy	1:15 p.m. Chair Yoga	1:30 p.m. Sing-Along	
19	20	21	22	23	24	25
	1:30 p.m. Petanque	1:00 PM Music with Paul Gaudet	1:15 p.m. Animal-Assisted Therapy	1:15 p.m. Chair yoga	1:15 p.m. Musical performance with Jean-Pierre Lalande	
26	27	28	29	30	31	
						