



“A simple thought of gratitude directed toward heaven is the most perfect of prayers.”

JUNE 2026

SUNDAY	MON	TUESD	WEDNESD	THUR	FRIDAY	SATURD
	9:15 Library 9:30 (A) Yoga on screen 1:30 (SL) Cards/Scrabble 2:45 (SL) Molky (Finnish skittles) 01	9:30 (PIS) Aqua Aerobics 12:15 Casino Outing 1:00 (SL) Whist 02	9:00 (SL) Mass 1:30 (SL) Bingo 03	9:30 (PIS) Aqua Fitness 1:00 Library 1:30 (SL) Audison Conference 6:00 (SL) Whist 04	9:30 (A) Active Living 1:30 (SL) Show with Mr. Précourt 05	
	9:15 Library 9:30 (A) Yoga on screen 1:30 (SL) Cards/Scrabble 1:30 Lecture: Wise Elders 07	9:30 (PIS) Water aerobics 1:00 (SL) Whist 2:45 (SL) Trivia 08	9:00 (SL) Mass 1:30 (SL) Bingo 09	9:30 (PIS) Aqua Fitness 1:00 Library 1:30 (A) Committee Meeting 6:00 (SL) Whist 10	9:30 (A) Active living 1:30 (SL) Pocket Baseball (A) Normandin Boutique 11	
	9:15 Library 9:30 (A) Yoga on screen 1:30 (SL) Cards/Scrabble 2:45 (SL) Crafts (A) CN Shoe Store 14	9:30 (PIS) Aqua Aerobics 1:30 (SL) Lecture on the Acadians Hugo Barbier 15	9:00 (SL) Mass 1:30 (SL) Special "Well-being" Bingo 16	9:30 (PIS) Aquafit 1:00 Library 2:00 (SL) La Poule aux Œufs d'Or 6:00 Whist 17	9:30 (A) Active Living 11:15 Father's Day Lunch 1:30 (SL) Father's Day Show with Sylvain Buisson 18	
Happy Father's Day to all fathers!!	9:15 Library 9:30 (A) Yoga on screen 1:30 (SL) Cards/Scrabble 2:45 (SL) Super Quiz Foot care 21	9:30 (PIS) Aqua Fitness 1:30 (SL) Show with Benoît Clément for St. Jean Baptiste Day Foot care 22	Day Off  National Holiday 23	9:30 (PIS) Aqua aerobics 1:00 Library 2:00 (SL) Petanque 6:00 (SL) Whist Foot care 24	9:30 (A) Active Living 1:30 (SL) Shuffleboard 25	
	9:15 Library 9:30 (A) Yoga on screen 1:30 (SL) Cards/Scrabble 2:45 (SL) Marbles (A) The Corset Shop 28	9:30 (PIS) Aquafit 1:00 (SL) Whist 2:45 (SL) Music Quiz 29	Singing & Music Shop Special Activities Self-Care 30	Legend: PIS=Pool A=Atmosphere SL=Recreation Room ACA = Acadian Lounge	June 15: World Elder Abuse Awareness Day!	

