











SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00 Musical Delight 1:30 	10:00 Mandalas 1:30 Cocktail on the terrace if ☀️	10:00 Chair exercises 1:30 Movie	10:00 Walking Club if ☀️ 1:30 Comedy Festival: Comedy show with Stéphane Bélanger	10:00 Mass 2:00 Zoo activities	10:00 Discussion 1:30 Brain Teasers 6:30 Coloring
10:00 Discussion 1:30 Brain Teasers 6:30 Coloring	10:00 Musical Delight 1:30 	10:00 Sandbags 1:30 The Joy of Reading at La Caravelle Theater	10:00 Chair exercises 1:30 Movie	10:00 Walking Club if ☀️ 1:30 Petanque	10:00 Mass 1:30 Word games	10:00 Discussion 1:30 Puzzles 6:30 Coloring
10:00 Discussion 1:30 Brain Teasers 6:30 Coloring	10:00 Director's Coffee 1:30 	10:00 Mandalas 1:30 Mobile dairy	10:00 Chair exercises 1:30 Movie	10:00 Walking Club if ☀️ 1:30 Board game	10:00 Mass 2:00 Zoo activities	10:00 Discussion 1:30 Puzzles 6:30 Coloring
	10:00 Musical Delight 1:30 	1:30 Quebec National Day with Martin Tremblay		10:00 Walking Club if ☀️ 1:30 Petanque	10:00 Mass 11:30 Birthday Celebrations: Musical Lunch with Antoine Vrana	10:00 Discussion 1:30 Puzzles 6:30 Coloring
10:00 Discussion 1:30 Brain Teaser 6:30 Coloring	10:00 Musical Delight 1:30 	10:00 Sandbags 1:30 Cocktail reception on the terrace ☀️	