



April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			10:00 a.m. Pharmaprix/Wiiners 2:00 PM Petanque	10:00 a.m. PA Supermarket 10:00 a.m. Fitness 1:00 PM Bridge 2:00 PM Art Club	10:30 AM Line dancing 2:00 PM Petanque 7:00 PM Bingo	
12:00 PM Easter Brunch	10:00 AM Fitness 1:00 PM Meditation 1:30 PM Duplicate Scrabble 1:45 PM Yoga* 3:00 PM Bible Study	10:00 a.m. Sana Shop 11:00 a.m. Mass 11:00 a.m. Aqua Aerobics* 7:00 PM Club 500	10:00 a.m. Rockland 10:00 a.m. Media Workshop* 1:30 p.m. Knitting Club 2:00 PM Petanque 2:00 PM Golf lesson		10:00 a.m. Walmart 10:00 a.m. Fitness 1:00 p.m. Aqua Aerobics* 1:00 p.m. Bridge 2:00 PM Art Club	10:30 AM Sugar Shack Outing* 2:00 PM Petanque 7:00 PM Bingo
			Virtual*			
	10:00 AM Fitness 1:00 PM Meditation 1:30 PM Duplicate Scrabble 1:45 p.m. Yoga* 2:00 PM Book Club 3:00 PM Exploring the Bible	10:00 a.m. Kaviza Fashion Boutique 11:00 AM Mass 11:00 a.m. Aqua Aerobics* 2:00 PM Casino Outing* 7:00 PM Club 500	10:00 a.m. Laval Center 2:00 p.m. Petanque 5:00 PM Old Duluth Restaurant		10:00 a.m. Adonis 10:00 a.m. Fitness 1:00 PM Aqua Fitness* 1:00 PM Bridge 2:00 PM Art Club	9:30 AM CMV Meeting 2:00 PM Petanque 7:00 PM Bingo
	10:00 AM Fitness 1:00 PM Meditation 1:30 PM Duplicate Scrabble 1:45 PM Yoga*	10:00 a.m. Rise & Shine Boutique 11:00 a.m. Mass 11:00 a.m. Aqua Fitness*	10:00 a.m. Carrefour Laval 10:00 a.m. Media Workshop* p.m. Knitting Club 2:00 PM Petanque		10:00 a.m. Maxi 1:00 PM Aqua Fitness* 1:00 PM Bridge 2:00 PM Art Club	10:30 AM Line dancing 2:00 PM Petanque 7:00 PM Bingo
	1:00 PM Meditation 1:30 PM Duplicate Scrabble 1:45 p.m. Yoga*	2:00 PM Music with Paul Gaudet 7:00 PM Club 500 10:00 a.m. L Mode Boutique 11:00 a.m. Mass 11:00 a.m. Aqua Fitness* 12:45 p.m. Lecture* 2:00 p.m. VR Workshop*	2:00 PM Virtual Golf Lesson 10:00 a.m. Rosemère Square 2:00 p.m. Petanque		5:00 PM Italian Night* 10:00 a.m. Super C 10:00 a.m. Fitness 1:00 p.m. Aqua Fitness* 1:00 p.m. Bridge 2:00 PM Art Club	

