

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Have a nice Sunday ☺</p> <p>01</p>	<p>9:15 Library</p> <p>9:30 A Yoga</p> <p><b>10:30 UDS</b></p> <p>1:30 SL Cards/Scrabble</p> <p>2:45 SL Knitting Club</p> <p><b>With UDS 2</b></p> <p>02</p>	<p>9:30 PIS Aqua Fitness</p> <p><b>10:30 UDS Songs</b></p> <p>1:00 SL Military Whist</p> <p><b>2:00 UDS 2 Songs</b></p> <p><b>3:00 SL Mini-Conference Environment/Recycling</b></p> <p>03</p>	<p>9:00 SL Mass</p> <p><b>10:30 UDS Riddles</b></p> <p>1:30 SL Bingo <b>with UDS 1+2</b></p> <p>04</p>	<p>9:30 PIS Aqua Fitness</p> <p><b>10:30 UDS Songs</b></p> <p>1:30 SL <b>Meeting Committee</b></p> <p>6:00 SL Military Whist</p> <p>05</p>	<p>9:30 A Vie <b>Active+UDS2</b></p> <p><b>10:30 UDS Vie Active</b></p> <p>1:30 SL <b>Bistro Celebrate Women's Day</b></p> <p><b>2:00 UDS1+2 Animal Therapy</b></p> <p>06</p>	<p>Happy Saturday</p> <p>At Boutique Louise Desyn</p> <p>07</p>
<p>Have a nice Sunday ☺</p> <p><b>*Time change* (we move forward)</b></p> <p>08</p>	<p>9:15 Library</p> <p>9:30 Yoga</p> <p><b>10:30 UDS Memory</b></p> <p>1:30 SL Cards/Scrabble</p> <p>2:45 SL Pocket Baseball</p> <p>09</p>	<p>9:30 PIS Aqua Fitness</p> <p><b>10:30 UDS Songs</b></p> <p>1:00 SL Military Whist</p> <p><b>2:00 UDS 2 Songs</b></p> <p><b>2:45 A Dance Class</b></p> <p>10</p>	<p>9:00 SL Mass</p> <p><b>I will be in training all day</b></p> <p>1:30 SL Bingo</p> <p>11</p>	<p>9:30 PIS Aqua Fitness</p> <p><b>10:30 UDS Songs</b></p> <p>1:30 SL <b>Conference on assistance, support with complaints</b></p> <p>6:00 SL Military Whist</p> <p>12</p>	<p>9:30 A Active Life+<b>UDS2</b></p> <p><b>10:30 UDS Active Life</b></p> <p>1:30 SL <b>Easter decorations</b></p> <p>13</p>	<p>Have a good Saturday</p> <p>14</p>
<p>Have a nice Sunday ☺</p> <p>15</p>	<p>9:15 Library</p> <p>9:30 Yoga</p> <p><b>10:30 UDS Memory</b></p> <p>1:30 SL Cards/Scrabble</p> <p>2:45 SL Knitting Club</p> <p><b>A Annie Rose Boutique</b></p> <p>16</p>	<p>9:30 PIS Aqua Fitness</p> <p><b>10:30 UDS Songs</b></p> <p>1:00 SL Military Whist</p> <p><b>2:00 UDS 2 Songs</b></p> <p><b>3:00 Coffee Discussion</b></p> <p>17</p>	<p>9:00 SL Mass</p> <p><b>9:00 A Hearing Test</b></p> <p><b>10:30 UDS Riddle</b></p> <p>1:30 SL Bingo <b>iwth UDS 1+2</b></p> <p>18</p>	<p>9:30 PIS Aqua Fitness</p> <p><b>10:30 UDS Songs</b></p> <p>1:30 SL <b>Poule aux Œufs d'Or</b></p> <p>6:00 SL Military Whist</p> <p>19</p>	<p>9:30 <b>Active Life+UDS2</b></p> <p><b>10:30 UDS Vie Active</b></p> <p>1:30 SL <b>DIY for Easter</b></p> <p><b>2:00 UDS1+2 Animal therapy</b></p> <p>20</p>	<p>Have a great Saturday</p> <p>21</p>
<p>Have a nice Sunday ☺</p> <p>22</p>	<p>9:15 Library</p> <p>9:30 Yoga</p> <p><b>10:30 UDS Memory</b></p> <p>1:30 SL Cards/Scrabble</p> <p>2:45 SL Shuffleboard</p> <p>23</p>	<p>9:30 PIS Aqua Fitness</p> <p><b>10:30 UDS Singing</b></p> <p>1:00 SL Military Whist</p> <p><b>2:00 UDS 2 Singing</b></p> <p><b>2:45 Dance Class Barbier Hugo</b></p> <p>24</p>	<p>9:00 SL Mass</p> <p><b>I will be in training all day</b></p> <p>1:30 SL Bingo</p> <p>25</p>	<p>9:30 PIS Aqua Fitness</p> <p><b>10:30 UDS Songs</b></p> <p>1:30 SL Mi-Mé-Mix</p> <p>6:00 SL Military Whist</p> <p>26</p>	<p>9:30 Active <b>Life+UDS2</b></p> <p><b>10:30 UDS Active Life</b></p> <p>11:15 <b>Sugar Shack Lunch</b></p> <p><b>12:00 Maple Product Tasting &amp; Taffy on Snow</b></p> <p>27</p>	<p>1:30 <b>Gérard and his Musicians</b></p> <p>28</p>
<p>Have a nice Sunday ☺</p> <p><b>Super Mid-Lent Activity Day</b> ``See description in the newspaper``</p> <p>29</p>	<p>9:15 Library</p> <p><b>10:30 USD Memory</b></p> <p>1:30 SL Cards/Scrabble</p> <p>2:45 SL <b>Super Quiz+UDS2</b></p> <p><b>Foot care</b></p> <p>30</p>	<p>9:30 PIS Aqua Fitness</p> <p><b>10:30 UDS Song</b></p> <p>1:00 SL Military Whist</p> <p><b>2:00 UDS 2 Songs</b></p> <p><b>Foot care</b></p> <p>31</p>				
	<p><b>Singing-Music Shop</b></p> <p><b>Monthly Activity</b></p> <p><b>Special Activity</b></p> <p><b>Special Outing</b></p>	<p><b>Key:</b> PIS=Swimming pool        A=Atmosphere        SL=Recreation Room        ACA=Acadian Lounge  <b>UDS 1+2 = Care Units</b></p>	<p><b>Foot care with Ms. Michèle Côté, RN</b>        819-293-3168        March 30-31, April 1        Barbier Hugo on March 24</p>			