

NALA HEALTH + RECOVERY

NALA Signature Botanical Elixirs™

PHILOSOPHER'S FLAME™

Premium Product Compliance Dossier

Version 3.0 (Draft)

Prepared For

California Health Department Review

Prepared By

NALA Health + Recovery
Long Beach, California

Document Control

Document	Philosopher's Flame™ Product Compliance Dossier
Document No.	NALA-PMF-PF-001
Version	3.0 (Draft)
Status	Internal Regulatory Review
Category	Refrigerated Botanical Beverage
Bottle Size	12 fl oz (355 mL)
Batch Yield	10 Bottles (3,550 mL)

1. Regulatory Summary

Philosopher's Flame™ is a refrigerated botanical beverage intended for refrigerated retail distribution. Product is blended in small batches, bottled immediately after production, and stored continuously at or below 41°F (5°C).

2. Product Identity

Brand: NALA Health + Recovery

Product Line: NALA Signature Botanical Elixirs™

Net Contents: 12 fl oz (355 mL)

Container: Clear PET Bottle with Tamper-Evident Black Cap

3. Master Formula Record

Ingredient	Brand	Batch	Per Bottle
Organic Tangerine Juice	Costco	813 mL	81.3 mL
Organic Pineapple Juice	Lakewood	813 mL	81.3 mL
Organic Lemon Juice	Lakewood	203 mL	20.3 mL
Carbonated Mineral Water	Generic	1610 mL	161.0 mL
Creativity TerpEffect	NALA	17 mL	1.7 mL
Kava Water Soluble	Sunmed	42 mL	4.2 mL
Organic Ginger Juice	Costco	51 mL	5.1 mL
Organic Cayenne	Sprouts	1.7 tsp	0.17 tsp

4. Ingredient Specification Summary

Costco Organic Tangerine Juice, Lakewood Organic Pineapple Juice, Lakewood Organic Lemon Juice, Costco Organic Ginger Juice, NALA Creativity TerpEffect, Sunmed Kava Water Soluble Citrus, Sprouts Organic Cayenne Pepper, and carbonated mineral water.

5. Manufacturing SOP

Sanitize all food-contact surfaces. Verify ingredients. Blend all ingredients except carbonated mineral water until homogeneous. Add mineral seltzer last and mix gently. Fill bottles immediately, apply tamper-evident caps, refrigerate within five minutes, and maintain storage at or below 41°F.

6. Draft Nutrition Facts

Serving Size: 1 Bottle (355 mL)

Calories 75

Total Fat 1g

Saturated Fat 1g

Cholesterol 0mg

Sodium 10mg

Total Carbohydrate 17g

Dietary Fiber 0g

Total Sugars 15g (0g Added Sugars)

Protein 0g

Vitamin D 0mcg | Calcium 20mg | Iron 0.2mg | Potassium 170mg

7. Ingredient Declaration

Organic Tangerine Juice, Organic Pineapple Juice, Carbonated Mineral Water, Organic Lemon Juice, Organic Ginger Juice, Medium Chain Triglyceride (MCT) Oil, Natural Terpene Blend (pending final manufacturer declaration), Water-Soluble Kava Extract, Organic Cayenne Pepper.

8. Packaging & Label Specifications

Front label: Brand, Product Name, Product Identity, Net Contents. Rear label: Nutrition Facts, Ingredient Statement, Storage Statement, Manufacturer Information, QR Code, UPC Barcode, Lot Code, and Best By Date.

9. Storage & Shelf Life

Keep Refrigerated at or below 41°F (5°C). Shake gently before enjoying. Draft refrigerated shelf life: 3 days. Best By: Production Date + 3 days. Lot Code: PF-YYYYMMDD-001.

10. Document Status

This dossier is a controlled draft for internal formulation, labeling, and compliance planning. Final nutrition values, ingredient declaration, and shelf-life validation should be completed before commercial production.