newsletter

At Resilience, we are more than a cybersecurity provider - we are a trusted partner.
We help organisations protect against evolving cyber threats while building
long-term digital resilience.

Understanding Cyber Essentials

Cyber Essentials is the UK Government's recommended minimum standard for cybersecurity, suitable for organizations of all sizes.

This scheme focuses on preventing common internet-based cyber threats, such as malware and phishing attacks.

By implementing Cyber Essentials, businesses can significantly enhance their defences against hackers trying to access sensitive digital assets and data.

In celebration of Cyber Scotland Week, we're hosting a drop-in Coffee & Chat morning at ECO GROUP HQ:

6 Annan Business Park Way, Annan, DG12 6TZ
Wednesday 25th February 2026
9:30am - 12:30

We'll be sharing FREE advice on protecting your business from cyber risks. Pop in for a coffee, a chat, and leave with actionable tips to strengthen your cyber security.

Security starts from within

Here at Resilience by Eco, we practise what we preach.

All our staff are trained in-house by our Cyber Security Experts.

We offer tailor-made training designed specifically for organisations and industries to enhance their security posture.

Our programs cover essential topics such as phishing awareness, safe browsing habits, effective password management, and the latest trends in social engineering attacks.

Cyber threats evolve - so should your defences

All businesses, regardless of size, should conduct regular Cyber Security audits.

The rapidly changing cyber landscape necessitates the continuous evaluation of your policies, systems, and procedures to ensure they meet best practices and regulatory requirements.

This proactive approach helps identify vulnerabilities.

At Resilience by Eco, we offer expert assistance in auditing your business's security measures for a smooth transition into a safe environment.

What you can't see can still put you at risk

Dark Web Monitoring is essential for safeguarding sensitive information.

It helps identify potential threats by scanning hidden areas of the internet, such as marketplaces and forums, where stolen or leaked data may be traded.

At Resilience by Eco, our experts deliver timely alerts that empower you to act swiftly, minimising risks and protecting your assets.

QUICK TIP OF THE MONTH

If you haven't tested your response strategy, now is the time too.
Most businesses don't fail because they were hacked... they fail because they never practised being hacked. Having cyber security measures in place is essential, but knowing how your team responds during an incident is just as critical. Regular testing, simulation exercises, and clear response plans can significantly reduce downtime, financial loss, and reputational damage.