## **Facebook**

'Survive' is Staffordshire Women's Aid's brand-new service which offers a free, non-judgemental and confidential service for adults, children and those close to them, who have been affected by sexual assault and abuse.

#YouAreNotAlone

24-hr confidential helpline: 0300 330 59 59

https://www.staffordshirewomensaid.org/get-help/survive-sexual-assault-and-abuse-service/

Sexual assault or abuse can happen to anyone – men, women or children.

No-one deserves or asks for it to happen. It is not your fault.

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Sexual assault and abuse is any unwanted sexual act or activity without consent. It includes rape, child sexual abuse, sexual harassment, rape within marriage or relationships, forced marriage, so-called honour-based violence, female genital mutilation, trafficking, sexual exploitation and ritual abuse. It can also happen online.

Staffordshire Women's Aid have launched a brand new service to provide support for victims of sexual assault and abuse.

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The abuser can be a stranger, or even someone you know and trust.

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It can take many years for an individual to disclose sexual abuse, particularly those who have been abused as a child, or those with a disability.

Staffordshire Women's Aid are there for you whenever you're ready.

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Sexual abuse can take place online and includes grooming, online sexual harassment and trolling.

Just because it is online does not make it any less harmful.

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It is estimated that up to 80% of sexual abuse incidents are never reported.

Staffordshire Women's Aid have recently launched 'Survive' to provide you with confidential emotional support, advice, practical help and counselling even if you choose not to report it to the police.

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## **Twitter/Instagram**

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