

# Welcome to Roots and Shoots

We are thrilled to welcome you all to our new school year in Nursery.

Our theme this half term is 'I am amazing'. We will spend time learning our new routines and exploring our classroom as well as getting to know each other

We will learn about what we are good at, why being kind is important, identifying our feelings and how they change.

Next, we will explore how we keep ourselves safe and look at seasonal changes and types of weather.

Please help us to look after your child's belongings by labelling everything with his/ her name.

We always do our best to return all your child's belongings at the end of the day.

## Forest Sessions:

Tuesdays/ Thursdays.

P.E Day:

Wednesdays.



## Our goals this half term

- 1. We would like children to develop a sense of self by interacting with others, and by exploring their bodies and objects around them, inside and outdoors.
- 2. Support children as they find their own ways to manage their feelings of sadness when parents/carers leave them.
- 3.Provide consistent, warm and responsive care to develop positive relationships with adults.

# Ideas to support your child's learning at home

#### 1. Sing together

Children enjoy exploring and experimenting with language and it helps them to learn new words and their meanings and also to listen to the sounds that make those words. So sing, rhyme, shout, whisper, rap and dance to the beat!

#### 2. Painting and drawing

Give your child lots of opportunities to draw and paint. This is not only fun, but also can help to develop eye-hand coordination and control. Let them experiment with lots of different materials - paint brushes with a range of widths, pencils, crayons, chalks and finger paint. You could try playing music when they paint and draw as this can help to create a relaxing environment.

#### 3. Hands-on games

- Use modelling clay to get creative and develop fine motor skills.
- Threading beads, macaroni or cotton reels on wool or string can help with eyehand co-ordination and control.
- Joining the dots and drawing paths through simple mazes are not only fun but are a great way to develop eye-hand coordination and pen control. Enjoy jigsaws together and chat about finding the right pieces!

## 4. Reading books of all kinds together

Have fun reading books of all kinds to your child: picture, words and pictures, pop up, information and poetry.

#### 5. Talk about numbers around you

It's never too early to explore numbers with your child. Numbers are all around us, from calendars to the remote control, the telephone to car registration plates. Try pointing out numbers when you're out and about - on front doors, signs, the front of buses and train platforms. Talking about numbers around you early and often will help your child to recognize numerals and show them that numbers are part of everyday life.