



# Roots and Shoots Newsletter

Our theme this half term is 'If you go down to the woods today...'

This half term we will look at traditional stories with a focus on characters, repetitive phrases and story structure. We will look at a selection of books including 'Freddie and the Fairy' and 'The 3 Billy Goats Gruff'.

During the half term we will also explore what happens on Pancake Day, explore different occupations and celebrate Mother's Day.

## 'Healthy Me'

As part of our PSHE lessons we will focus on ways to keep ourselves healthy. We will explore:

- The importance of exercise
- Healthy foods
- Safety
- Keeping clean
- Sleep
- Emotions

## Forest Sessions:

Tuesdays/ Thursdays.

**P.E Day:**

Wednesdays.



## Our goals this half term

1. To be able to talk about our feelings e.g. 'sad', 'happy'.
2. Begin to identify words that start with the same sound, such as map and man.
3. To confidently retell a familiar story e.g. Goldilocks and the three bears.
4. Persevere when putting on coats and looking after our belongings.
5. To use mathematical language such as tallest, shortest, small, medium, largest, heaviest and lightest, empty and full.



## Ideas to support your child's learning at home:



### People Who Help Us

#### Home Learning Challenges

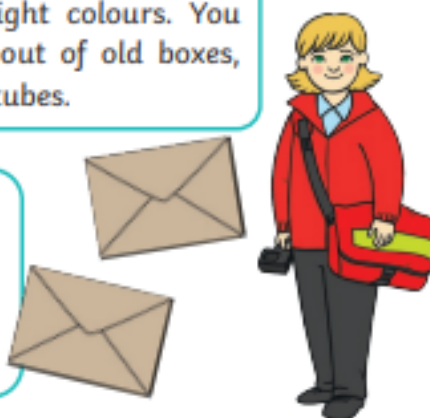


Learn your address and practise what you would say if you were in an emergency and had to call 999.



Create your own emergency vehicle. Think about its features - sirens, hosepipes and ladders, bright colours. You could make your vehicles out of old boxes, bottle tops and cardboard tubes.

Oh no! The postal worker has dropped some letters. Can you see them hidden on this page? How many envelopes can you find? Can you show this number using your fingers?



Make your own 'people who help us' costume. What job would you like to do? You could make your costume by borrowing an adult's hat or shirt. You could write your name on a sticky label or piece of paper to make a name badge too. Pretend you are the person who is helping. What else would you need?



## Ideas to support your child's learning at home:

Tell someone at home the story of 'Goldilocks and the Three Bears'. What did Goldilocks do in the house? What happened when the bears came home? What did Baby Bear say? Try using a different voice for each character.



Daddy Bear, Mummy Bear and Baby Bear each wore a hat when they went for a walk in the woods. How many hats did they have altogether? You could use your fingers or draw pictures to help you work out the answer.



Baby Bear loves to sleep in bed with his favourite teddy bear. Do you have a favourite teddy bear or other soft toy? Can you draw or paint a picture of it?



Can you find 3 spoons of different sizes in your house? Can you also find 3 different-sized bowls? Match each spoon with a bowl. Which would be best for Daddy Bear? What about Mummy Bear and Baby Bear?

Talk to someone at home about how the characters felt in the story. How did Goldilocks feel when she went into the house? What about when the chair broke? How did Baby Bear feel when he saw his porridge was gone?



Choose a word from the story, such as 'porridge' or 'bed', and see if you can find items in your house that begin with the same sound.

