



Shoots Newsletter - Autumn 1

Welcome to Nursery!

We are thrilled to welcome you all to a brand new school year in Nursery!

This year will be full of exciting new adventures as we learn and grow together through play. We can't wait to explore, create, and discover with your little ones every day.

This half term, our theme is *Wonderful Me!* We will spend time learning our new routines, exploring our classroom, and getting to know each other.

We'll discover what makes us special by thinking about what we are good at and why being kind is so important. We'll also begin to recognise different feelings and talk about how they can change.

As we settle in, we'll learn how to keep ourselves safe, both in school and beyond. We'll also start exploring the world around us by looking at seasonal changes and different types of weather.

Please help us take care of your child's belongings by clearly labelling everything with their name.

We always do our best to make sure all items are returned at the end of each day, and labelled belongings make this much easier.

Thank you for your support!



Forest Sessions:

Tuesdays

P.E Day:

Wednesdays.



Our Goals This Half Term

This half term, we are focusing on building strong foundations for each child's well-being, confidence, and sense of belonging. Our goals are:

- 1. To support children in developing a sense of self** - through interactions with others, and by exploring their bodies and the world around them, both indoors and outdoors.
- 2. To help children manage separation** - by supporting them in finding their own ways to cope with feelings of sadness when parents or carers leave.
- 3. To build positive relationships with adults** - by providing consistent, warm, and responsive care that helps children feel safe, secure, and valued.



Ideas to support your child's learning at home

1. Sing together

Children enjoy exploring and experimenting with language and it helps them to learn new words and their meanings and also to listen to the sounds that make those words. So sing, rhyme, shout, whisper, rap and dance to the beat!

2. Painting and drawing

Give your child lots of opportunities to draw and paint. This is not only fun, but also can help to develop eye-hand coordination and control.

Let them experiment with lots of different materials – paint brushes with a range of widths, pencils, crayons, chalks and finger paint. You could try playing music when they paint and draw as this can help to create a relaxing environment.

3. Hands-on games

- Use modelling clay to get creative and develop fine motor skills.
 - Threading beads, macaroni or cotton reels on wool or string can help with eye-hand co-ordination and control.
 - Joining the dots and drawing paths through simple mazes are not only fun but are a great way to develop eye-hand coordination and pen control.
- Enjoy jigsaws together and chat about finding the right pieces!

4. Reading books of all kinds together

Have fun reading books of all kinds to your child: picture, words and pictures, pop up, information and poetry.

5. Talk about numbers around you

It's never too early to explore numbers with your child. Numbers are all around us, from calendars to the remote control, the telephone to car registration plates. Try pointing out numbers when you're out and about – on front doors, signs, the front of buses and train platforms. Talking about numbers around you early and often will help your child to recognize numerals and show them that numbers are part of everyday life.

