



Roots Newsletter - Autumn 1

Welcome to Nursery!

We are thrilled to welcome you all to a brand new school year in Nursery!

This year will be full of exciting new adventures as we learn and grow together through play. We can't wait to explore, create, and discover with your little ones every day.

This half term, our theme is *Wonderful Me!*

We will be helping the children settle into nursery by learning new routines, exploring the classroom, and getting to know their teachers and friends.

We'll focus on building strong, loving relationships, encouraging the children to play and talk with others, and gently supporting them as they begin to understand and manage their feelings.

Please make sure your child has a named set of spare clothes in their bag every day, including underwear and socks. Accidents and messy play can happen!

If there are any changes at home - for example, if your child is starting toilet training - please let a member of staff know. We will always work with you to support your child in the best way possible.



Our Goals This Half Term

This half term, we are focusing on building strong foundations for each child's well-being, confidence, and sense of belonging. Our goals are:

- **To show an interest in play** - with support and encouragement from familiar adults.
- **To begin learning the daily routine** - using a visual timetable to help children understand what happens next and feel secure in their day.
- **To develop early vocabulary** - through carefully planned, responsive interactions during play and everyday routines



Here are **5 simple and fun activities** you can do at home to help develop your child's vocabulary:

1. Name it during play

While playing with toys (like cars, animals, or blocks), name each item clearly.

"You have the red car! Vroom, vroom!"

This helps your child connect words to objects.

2. Read together every day

Choose simple picture books and point to the pictures as you say the words. Pause to let your child name things too.

Tip: Repetition is great — read favourite books often!

3. Talk during everyday routines

Use bath time, mealtimes, and getting dressed as chances to talk.

"Let's put on your socks — one, two!"

This builds vocabulary through real-life experiences.

4. Sing songs and Nursery Rhymes

Songs like *"Twinkle Twinkle"* or *"Old MacDonald"* are great for repeating words and learning new ones. Add actions to help understanding.

5. Involve them in simple tasks

Let your child help with things like tidying up or sorting laundry.

"Let's find all the socks!" or **"Can you put the spoon on the table?"**

This introduces action words and everyday vocabulary.

