

For Sunday 11/3/2024

Basic Disaster Supplies Kit

A basic emergency supply kit should include the following recommended items:

Phase1

- Water (one gallon per person per day for several days, for drinking and sanitation)
- Food (at least a several-days supply of nonperishable food)
- Flashlight (batteries)
- Manual can opener (for canned food)
- Cellphone with chargers and a backup battery

Additional Emergency Supplies

Emergency supply kit based on your individual needs:

Phase 1

- Soap, hand sanitizer and disinfecting wipes to disinfect surfaces
- Prescription An emergency can make it difficult for them to refill prescription or to find an open pharmacy. Organize and protect your prescriptions, over-the-counter drugs, and vitamins to prepare for an emergency.
- Prescription eyeglasses and contact lens solution
- Infant formula, bottles, diapers, wipes and diaper rash cream
- Pet food and extra water for your pet
- Feminine supplies and personal hygiene items
- Cash or traveler's checks.