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Allergy Skin Testing & Appointment Reminders

BEFORE YOU TEST

It's IMPORTANT for patients to stop the following medications prior to testing so not to alter or provide inconclusive test results.

Stop 6 months prior:

Omalizumab (Xolair)

Stop 21 days prior:

Topical Hydrocortisone. Do not use on arms the 21 days before tests.

Stop 7 days prior:

Alprazolam – (Xanax), Clonazepam, (Klonopin), Diazepam – (Valium), Lorazepam – (Ativan), Midazolam – (Versed)

Stop 7 days prior:

Antihistamines (2nd and 3rd generation), Cetirizine (Zyrtec), Clarinex, Fexofenadine (Allegra), Levocetirizine (Xyzal), Loratidine (Claritin, Alavert)

Stop 5 days prior:

First Generation Antihistamines: Azatadine, Optimine-Brompheniramine, Bromax, Lodrane, Carbinoxamine, Histex, Karbinal Pagalic, Pediatex, Chlorpheniramin-Aller-Chlor Trimeton, Allerhist, Contact, Tavist, Cyproheptadine, Periactin, Dexchlorpheniramine, Polarmine, Diphenhydramine (Benedryl), Dimenhydrinate, Rezine, Vistaril, Ketotifen, Zatiden, Meclizine (Antivert), Tylenol PM and Advil PM

Stop 2 days prior:

H2 Blockers: Cimetidine (Tagamet), Famotidine (Pepcid), Ranitidine (Zantac)

Stop 1 day prior:

Antihistamine Nasal Spray: Azelastin (Astelin, Astepro, Patanase, Dymista)
Antihistamine Eye Drops: Azelastin (Optivar), Olopatadine (Patanase, Pataday, Patanol)