

LENTEN NEWS 2026

LIVING LENT DAILY

LENTEN MASS SCHEDULE

Saturday - 4:00 PM
Sunday - 7:00 AM - 9:00 AM - 11:00 AM - 5:00 PM
Kenyan Catholic Community 12:30 PM

DAILY MASS

Monday – Friday 6:30 AM Saturday 8:00 AM

FAST AND ABSTINENCE

ABSTINENCE: is observed on Ash Wednesday and the Fridays of Lent. Meat may not be eaten at all.

Catholics over 14 are bound by this obligation.

FAST: Ash Wednesday and Good Friday are the days of fasting - only one full meal is allowed.

Catholics between the ages of 18 and 60 are bound to this obligation.

CONFESSION SCHEDULE

Saturday – 3:00 – 3:45 PM in the Chapel

REFLECTION BOOK FOR LENT

The Little Black Book with reflections for Lent are available today in the Sanctuary, on the shelf below the Statue of Saint Joseph, please take one home for your personal use in prayer.

LENTEN SACRIFICE AND OFFERING

The Season of Lent calls us to sacrifice, to do works of charity and to give alms!

Please be generous to the Offertory Collection.

If you are unable to attend Mass simply mail your weekly donation to the Parish Office.

PALM SUNDAY ALMSGIVING

Parish Almsgiving Collection -

Palm Sunday Weekend - March 28 - 29

The Season of Lent calls us to sacrifice, to do works of charity and to give alms – on Palm Sunday Weekend we will have a Special Second Collection for the welfare and future of Immaculate Conception Parish.

As part of our Lenten experience this year,

we ask all parishioners to give up some

common practice each week, maybe going out to dinner, pizza on Friday night, Netflix, Amazon Prime, whatever you choose but something significant.

Then take the money you would have spent and put it aside, save it for the Parish Almsgiving Collection to be held on Palm Sunday Weekend to assist in relieving our Parish's financial struggles.

PARISH LENTEN PROJECT

We journey together as a Parish Community during Lent, from Ash Wednesday to the Easter Celebration, by way of prayer, fasting and almsgiving. Let us this Lent invite others in our families, neighborhoods, cities and communities to come back to the Church to join us on this journey. As a Parish Lenten Project, let us each work to bring one person back to Church. Imagine if each one of us were able to bring our spouse, neighbor, child, friend back to the Lord

How enriched we all will be this Easter.

Let us pray for God's blessing and assistance as we journey together this Lent.



THE CHOSEN - SEASON 5

Please join us as we continue to present this fresh take on the Gospels, which follows Jesus as he gathers his disciples, heals the needy and sacrifices himself for the sake of humanity. We will gather on the Tuesday Evenings of Lent, March 3, 10, 24 & 31, at 6:30 PM in the parish hall. There will be no showing of the Chosen on March 17, join us for the Parish Retreat. There will be cold drinks and popcorn available with a discussion social to follow each episode. Allow this Gospel Presentation to assist us on our Lenten Journey as together we reflect on The Life of Christ.



SACRAMENT OF THE SICK

We invite and encourage all who are in need of the Sacrament of Anointing of the Sick to join us for Mass on **March 21 and 22** as we will celebrate this great Sacrament of Healing at all our Masses that weekend. Please remember that the Sacrament of Anointing of the Sick is available to anyone as needed, simply ask one of the priests before or after Mass or call the parish office and we will visit the sick at home. If you are seriously ill or about to have surgery, please ask to receive this sacrament.