



THE
LONGEVITY
CENTER

NEWSLETTER
August 2025

SPOTLIGHT THERAPY

BPC-157

BPC-157 (Body Protection Compound-157) is a synthetic peptide derived from a naturally occurring protein in the stomach.

BENEFITS INCLUDE

- Accelerated healing
- Reduces inflammation and supports joint health
- Aids gut health and digestion
- Improve resilience to physical stress and injury



WELCOME TO TLC!

Elise Kowalewski, PA-C

- Certified Peptide Therapy Practitioner
- Master of Science in Food & Nutrition
- Expertise in functional medicine & longevity science
- Focus on cellular health, performance optimization, and graceful aging

"I believe in personalized, science-driven care that empowers patients to look, feel, and function at their absolute best."

NOW ACCEPTING PATIENTS! BOOK YOUR CONSULTATION TODAY

Patients of SAMD and Integrative Partners receive 10% off consultation fee.



WHAT IS PEPTIDE THERAPY?

Think of peptides as your body's messengers—short chains of amino acids that tell your cells to heal, repair, and perform at their best.

- Boost energy and mental clarity
- Improve sleep and recovery
- Enhance fat loss
- Support hormones and graceful aging
- Aid post-viral recovery
- Promote joint, gut, and immune health

**BOOK A CONSULTATION WITH PA ELISE KOWALEWSKI TODAY
AND DISCOVER WHAT A CUSTOM PEPTIDE PLAN CAN DO FOR YOU!**



DON'T MISS SOCIAL SATURDAY AT TLC! "TLC TAILGATE" SEPTEMBER 27 | 8AM - NOON

Connect with fellow health-minded members of our community, savor healthy refreshments, and catch ESPN College Game Day on the big screen while enjoying our top wellness modalities!

RECEIVE 10 EVENT EXCLUSIVE THERAPIES FOR ONE DISCOUNTED PRICE DURING THIS EVENT.

Cryotherapy | Red Light Therapy | IV Infusion Therapy
OmniWave | Peptide Therapy | Dry Needling
Resting PNOE credit

**\$800
PER PERSON
OR
\$1,500
PER PAIR**



Limited spots available! Call to secure your spot today.