



# CLASS SCHEDULE

#### Toddler Time (Ages 0 to 3) Parent and Child take class together!

Wednesday 9:00 - 9:45 Thursday 9:00 - 9:45 Sunday 9:00 - 9:45 Sunday 10:00 - 10:45

## PreSchool Gymnastics (Ages 3-5) Co-ed, gymnastics and ninja in one!

Monday 4:30 - 5:15 Monday 5:30 - 6:15 Tuesday 10:00 - 10:45 Wednesday 4:30 - 5:15 Thursday 10:00 - 10:45 Thursday 4:15 - 5:00 Friday 4:15 - 5:00 Saturday 9:00 - 9:45 Saturday 10:00 - 10:45

#### FitKidz Exercise Classes (Ages 5-10) Co-ed, a fast paced exercise class!

Monday 4:45 - 5:45 Tuesday 4:45 - 5:45 Wednesday 4:45 - 5:45 Saturday 9:45 - 10:45

## Open Gym

Loosely structured and fun! Fridays 10:00 - 11:30 Ages 3-5 Fridays 7:00 - 8:30 Ages 5+

#### Ninja Skills Classes (Ages 5-8) Co-ed Ninja skills, tricking, and flipping!

Monday 4:15 - 5:15 Tuesday 4:15 - 5:15 Wednesday 5:15 - 6:15 Thursday 5:15 - 6:15 Friday 4:15 - 5:15 Friday 4:45 - 5:45 Saturday 9:30 - 10:30 Saturday 10:45 - 11:45

#### Ninja Skills Classes (Ages 8-11) Co-ed Ninja skills, tricking, and flipping!

Monday 5:15 - 6:15 Tuesday 5:15 - 6:15 Wednesday 4:15 - 5:15 Wednesday 5:45 - 6:45 Thursday 4:15 - 5:15 Friday 5:45 - 6:45 Saturday 10:30 - 11:30

## Ninja Skills Classes (Ages 11-15) New class for our oldest ninjas!

Tuesday 6:15 - 7:15 Saturday 9:45 - 10:45

#### Revolution 1 (Beginner Girls) Recreational Gymnastics (Ages 5-10)

Ages 5-6 7-8 9-10

Monday 6:30 - 7:30 Tuesday 5:00 - 6:00 Wednesday 4:30 - 5:30 Wednesday 5:30 - 6:30 Thursday 6:00 - 7:00 Friday 4:00 - 5:00 Saturday 11:00 - 12:00 Saturday 12:00 - 1:00

## Revolution 2 (Intermediate Girls) Recreational Gymnastics (Ages 5-10)

Ages 5-6 7-8 9-10

Monday 4:30 - 5:30 Monday 5:30 - 6:30 Monday 6:30 - 7:30 Tuesday 4:00 - 5:00 Tuesday 6:00 - 7:00 Wednesday 5:30 - 6:30 Wednesday 6:30 - 7:30 Thursday 4:00 - 5:00 Thursday 5:00 - 6:00 Thursday 6:00 - 7:00 Friday 5:00 - 6:00 Friday 6:00 - 7:00 Saturday 9:00 - 10:00 Saturday 10:00 - 11:00

## Recreational Gymnastics (Ages 11+)

Monday 5:30 - 7:00 Wednesday 5:30 - 7:00 Saturday 10:00 - 11:30

# Class Prices (Monthly)

	1 class per week	BEST VALUE! 2 classes per week	3 classes per week
Toddler Time	\$66	\$99	n/a
Ninjastics	\$140	\$210	\$280
Recreational Gymnastics*	\$151	\$227	\$302
Ninja Classes*	\$151	\$227	\$302
FitKidz Classes*	\$151	\$227	\$302
11 And Older Classes	\$189	\$284	n/a

Open Gym: \$15 per visitor (\$20 for non-members)

Classes must have a minimum of 3 students to run. Check the schedule often for updates!

Take 1, 2, or all 3 of these classes!

NEA, SIblings, and First Responders - ask about a 10% discount!