



# Friday Session Schedule 2/6/2026

**Red Gym**

**White Gym**

**Blue Gym**

**Session 1 Floors Open at 8:30 AM, March In at 8:50 AM.**

Level 8	Level 3	Xcel Gold
All Level 8s	<i>Aim High, Darien Y, GCA, Westchester</i>	<i>American, Chelsea Piers, Kinetic Kids, Silk City, Suffield, WWFY</i>

**Session 2 Floors Open at 12:00 PM, March In at 12:20 PM.**

Level 9	Level 3	Xcel Gold
All Level 9s	<i>American, Arena, Flip-Flop, GET, GTC, JAG, Kinetic Kids, Silk City, Suffield, TVGA</i>	<i>GCA, Gym Rev, Westchester</i>

**Session 3 Floors Open at 4:00 PM, March In at 4:20 PM.**

Level 10 and 7	Level 5	Xcel Gold
<b>Level 10</b> <i>All Level 10s</i>	All Level 5s	<i>Aim High, Darien Y, FGA, Flip-Flop, GET, TVGA</i>
<b>Level 7</b> <i>Aim High, American, Darien Y, Flip-Flop, GET, Gym Rev, Next Dimension, TVGA</i>		



# **Saturday Session Schedule 2/7/2026**

**Red Gym**

**White Gym**

**Blue Gym**

**Session 4 Floors Open at 8:00 AM, March In at 8:20 AM.**

<b>Level 4</b> <i>American, Flip-Flop, GCA, GET, GMGC, GTC, Kinetic Kids, Silk City, Suffield, TVGA, Westchester</i>	<b>Level 6</b> <i>Arena, Flip-Flop, GCA, GET, GMGC, GTC, JAG, Westchester, WWFY</i>	<b>Xcel Silver</b> <i>Aim High, American, Darien Y, DCGC, Silk City, Suffield</i>
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**Session 5 Floors Open at 11:30 AM, March In at 11:50 AM.**

<b>Level 7</b> <i>Arena, FGA, GCA, GMGC, GTC, JAG, Suffield, Westchester, WWFY</i>	<b>Level 6</b> <i>Aim High, American, Darien, DCGC, FGA, Gym Rev, Silk City, Suffield, TVGA, Wilton</i>	<b>Xcel Silver</b> <i>Chelsea Piers, GCA, Gym Rev, Kinetic Kids</i>
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**Session 6 Floors Open at 3:00 PM, March In at 3:20 PM.**

<b>Xcel Diamond/Platinum</b> <b>Xcel Diamond and Sapphire</b> <i>All Xcel Diamonds</i> <i>All Xcel Sapphires</i>	<b>Xcel Platinum</b> <i>Aim High, Darien Y, Flip-Flop, Kinetic Kids, Silk City, TVGA</i>	<b>Level 2</b> All Level 2s	<b>Xcel Platinum</b> <i>American, DCGC, FGA, GCA, GTC, Gym Rev, Westchester</i>
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## **TEAM CHALLENGE SESSION 7:00 PM**

*Information for this session has been sent to coaches.  
See you at Connecticut's most exciting event!*



**Team  
Challenge**

# Sunday Session Schedule 2/8/2026

**Red Gym**

**White Gym**

**Blue Gym**

**Session 7 Floors Open at 8:30 AM, March In at 8:50 AM.**

Level 4	Xcel Silver	Xcel Bronze
<i>Aim High, Chelsea Piers, Darien Y, DCGC, JAG, Wilton, WWFY</i>	<i>GET, TVGA, Westchester, WWFY</i>	<i>American, DCGC, Flip-Flop, GET, Gym Rev, Suffield, TVGA, Westchester</i>