



## Friday Session Schedule 2/6/2026

### Red Gym

### White Gym

### Blue Gym

**Session 1 Floors Open at 8:30 AM, March In at 8:50 AM.**

Level 8	Level 3	Xcel Gold
All Level 8s	<i>Aim High, Darien Y, GCA, Westchester</i>	<i>American, Chelsea Piers, Kinetic Kids, Silk City, Suffield, WWFY</i>

**Session 2 Floors Open at 12:00 PM, March In at 12:20 PM.**

Level 9	Level 3	Xcel Gold
All Level 9s	<i>American, Arena, Flip-Flop, GET, GTC, JAG, Kinetic Kids, Silk City, Suffield, TVGA</i>	<i>GCA, Gym Rev, Westchester</i>

**Session 3 Floors Open at 4:00 PM, March In at 4:20 PM.**

Level 10 and 7	Level 5	Xcel Gold
<b>Level 10</b> All Level 10s  <b>Level 7</b> <i>Aim High, American, Darien Y, Flip-Flop, GET, Gym Rev, Next Dimension, TVGA</i>	All Level 5s	<i>Aim High, Darien Y, FGA, Flip-Flop, GET, TVGA</i>



## Saturday Session Schedule 2/7/2026

### Red Gym

### White Gym

### Blue Gym

**Session 4 Floors Open at 8:00 AM, March In at 8:20 AM.**

Level 4	Level 6	Xcel Silver
American, Flip-Flop, GCA, GET, GMGC, GTC, Kinetic Kids, Silk City, Suffield, TVGA, Westchester	Arena, Flip-Flop, GCA, GET, GMGC, GTC, JAG, Westchester, WWFY	Aim High, American, Darien Y, DCGC, Silk City, Suffield

**Session 5 Floors Open at 11:30 AM, March In at 11:50 AM.**

Level 7	Level 6	Xcel Silver
Arena, FGA, GCA, GMGC, GTC, JAG, Suffield, Westchester, WWFY	Aim High, American, Darien, DCGC, FGA, Gym Rev, Silk City, Suffield, TVGA, Wilton	Chelsea Piers, GCA, Gym Rev, Kinetic Kids

**Session 6 Floors Open at 3:00 PM, March In at 3:20 PM.**

XCel Diamond/Platinum		Level 2	Xcel Platinum
Xcel Diamond and Sapphire	Xcel Platinum	All Level 2s	American, DCGC, FGA, GCA, GTC, Gym Rev, Westchester

### TEAM CHALLENGE SESSION 7:00 PM

*Information for this session has been sent to coaches.  
See you at Connecticut's most exciting event!*



## Sunday Session Schedule 2/8/2026

### Red Gym

### White Gym

### Blue Gym

**Session 7 Floors Open at 8:30 AM, March In at 8:50 AM.**

Level 4	Xcel Silver	Xcel Bronze
<i>Aim High, Chelsea Piers, Darien Y, DCGC, JAG, Wilton, WWFY</i>	<i>GET, TVGA, Westchester, WWFY</i>	<i>American, DCGC, Flip-Flop, GET, Gym Rev, Suffield, TVGA, Westchester</i>