



CANADIAN ASSOCIATION OF ORTHOPAEDIC MEDICINE
ASSOCIATION CANADIENNE DE MÉDECINE ORTHOPÉDIQUE

CROMIC Examination Information

Are you ready to take the CROMIC exam and become certified in regenerative injection therapy?

What does CROMIC stand for? Canadian Regenerative Orthopaedic Medicine Injection Certification

Purpose of examination/certification: To provide an official certification for those who have achieved a high level of competency in regenerative injection of the spine, periphery or both. You can add “CROMIC certified” to your designation. Although not required to practice regenerative injections, CROMIC certification standardizes the practice of regenerative medicine and is highly encouraged.

The examination is divided into **Spine Certification** and **Periphery Certification**

Pre-requisites:

- **Periphery Certification** – attendance at CAOM Regenerative MSK Injection Course – Periphery Track – in previous years (ie. 2026 or before), and at least 1 year of experience putting those skills to clinical use in your practice
- **Spine Certification** - attendance at CAOM Regenerative MSK Injection Course – Spine Track – in previous years (ie. 2026 or before), and at least 1 year of experience putting those skills to clinical use in your practice
- **These are the minimum requirements to be permitted to take the exam. The CAOM strives to uphold a high standard of practice and most injectors taking the examination have been performing regenerative injections in their practice for 3 years or more.**

Exam format: 3 mandatory sections (all administered during the Regenerative MSK Injections Workshop in Calgary once per year)

- **Written (multiple choice)**
- **Palpation/markings on a live model**
- **Injection exam on cadavers**

If you think you might be ready to take this next important step, please email Dr. Zuzana Triska at zuzana.triska@medportal.ca to express your interest. The examination this year is by invitation only. Once you have expressed your interest in taking the examination (periphery or spine or both) the examination committee will need to approve your request and invite you to take the exam. You will be notified by email.