



# Waznat Training Topics For Parents

1. Am I a Bullying Parent without Knowing?
2. Am I a Good Listener/Parent?
3. Are we a Team at Home?
4. Authority with My Teenage Child
5. Building Positive Bonds with Our Children
6. Communication Skills with My Child
7. Communication Skills with My Teenage Child
8. Discipline without Drama
9. Emotional Intelligence
10. Four Strategic Decisions I Need to Help My Child Make (Parents of High School Students)
11. How to Accompany My Child in His/her Studies at Home
12. How to Deal with a Child with Learning Difficulties?
13. How to Deal with Bullying? Is My Child a Bully? Is My Child Bullied?
14. How to Develop Critical Thinking for My Child?
15. How to Stir My Child's Imagination?
16. Is My Child Using the Internet Excessively?
17. My Child's Learning Style
18. My Communication Skills with My Child's School
19. My Emotional and Mental Health
20. Problem Solving Skills within The Family
21. Socialization of the Child after the Pandemic (Post-Covid)
22. Stages of Marriage (مراحل الزواج)
23. Stress and Anger Management
24. Teamwork within the Family
25. Ten Old Techniques in Raising Your Child that are Still Effective

26. Ten Old Techniques in Raising Your Child that You Should Avoid
27. The Emotional and Mental Health of My Child
28. The Power of Play
29. The Power of Words
30. Thirty Questions to Get to Know Your Teenage Child
31. What is Autonomy? Is My Child Autonomous?
32. أربع نواحٍ نتطَلَعُ إليها بشكلٍ مُخْتَلِفٍ أنا وولدي
33. التّوترات المدمّرة في حياتنا
34. راحتي النفسية سر سعادة عائلتي
35. كيف أعرف أن ولدي يتعرّض للتحرُّش؟
36. مرافقة ولدي من الناحية النفسيّة والناحية الاجتماعيّة من خلال تدعيم المهارات عنده
37. هل ولدي ضعيف الشخصية؟