



Patient-178

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Here are the comments from the patient:

Doctors are supposed to spend some time with their patients, but this doctor came in and left in less than a minute, and my elbow was not physically examined.

Note to readers: Just say NO to Dr. Arthur Taylor and just say NO to Nevada Orthopedic & Spine Center. Find a better doctor.

When to See a Doctor for an Elbow Injury

In [this article](#), we discuss the symptoms of an elbow injury needing a doctor's intervention.

Persistent Pain

If the [pain in your elbow](#) persists despite applying home treatments, it may be more severe than you think. Pain is associated with any injury, but it should begin to improve with rest, ice, compression, and elevation. Pain that worsens or does not go away should be checked out by a doctor.

Continued Swelling

Swelling around the elbow joint is usually an indication of inflammation, which can be a result of the injury. Along with the pain, swelling should also begin to improve a few days after starting conservative treatment. Elbow swelling that worsens or persists indicates a more serious injury requiring the treatment of a medical professional.

Limited Mobility

If you have a limited range of motion in your elbow, or if you are unable to straighten it, it may be time to visit the doctor. You could have dislocated your elbow joint or sustained a fracture in one of the bones in your elbow. Both should be treated by an orthopedic doctor.

Visible Deformity

If there appears to be a visible deformity in the elbow area, it is a possible sign of an elbow fracture. If a fracture-induced deformity is visible, it is usually a severe fracture, which should be treated by an orthopedist who can provide specialized care for such broken bones.

Unusual Symptoms

A mild elbow injury that can resolve at home usually is not accompanied by unusual symptoms. If you are experiencing numbness or tingling, you could have a nerve injury, which again, should be evaluated by a doctor.

Fever

A fever is indicative of an infection. Developing a fever after an elbow injury is a reason for concern. It usually causes redness and increased swelling in the injured area. Infection can be serious, carries serious risks, and may need to be treated in a hospital if it is neglected in the beginning.

It is not recommended that patients treat elbow injuries at home. Applying first aid is okay, but it should still be checked out by an orthopedic doctor, so you receive appropriate treatment for your elbow injury, if needed.

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**Just say NO to Nevada Orthopedic
and just say No to Dr. Arthur Taylor**

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