

BARRINGTON COMMUNITY HEALTH CENTRE	
Acupuncture Clinic	332 8918
Barrington Health Centre Pharmacy	332 9144
Barrington Dental Centre	332 9791
Barrington Medical Centre	332 3069
Barrington Physiotherapy Clinic	332 2627
Barrington Eye care	332 8996
Southern Community Laboratory	366 8804
www.canterburyscl.co.nz (For online appointments)	

SOUTHERN COMMUNITY LABORATORY

A nurse from Southern Community Laboratory is available for blood and other tests in the separate building at the rear of Barrington Medical Centre.

Hours are;

Monday to Friday - 7.30am - 4.15pm

Saturday - 8.00am - 11.00am

**You can book appointments at the lab
online –www.canterburyscl.co.nz**



Practice Information

*14-18 Athelstan Street
Christchurch
Phone 332 3069
www.barringtonmc.co.nz*

March 2024

PRACTICE HOURS AND AFTER-HOURS SERVICE

Our Surgery is open Monday to Friday from 8am to 5.30pm. We are closed on Saturdays. Our telephone is answered between 8:00am and 5:00pm Monday to Friday. Outside of these hours your calls will be answered on behalf of Barrington Medical Centre by a registered nurse. She can provide advice and reassurance or may advise you to go to the 24-Hour Surgery. Their address is 401 Madras Street. Their phone number is 3657777.

Virtual Health After-Hours appointments are available when we are closed by clicking on the Practice Plus logo on our website. www.barringtonmc.co.nz

If you have an emergency DIAL 111 AMBULANCE

If your doctor recommends an ambulance for your transfer to hospital a part charge is payable to St John Ambulance Service.

COVID 19 SYMPTOMS

If you or anyone accompanying you feels unwell with **respiratory** symptoms such as a cough, sore throat, runny nose, short of breath, sneezing, head cold, postnasal drip, do not come

into the Medical Centre. Please phone and ask to speak to a practice nurse who will assess your condition **PRIOR** to arriving for an appointment. If we are closed and you require Antivirals, please phone the 24-Hour Surgery.

RESPIRATORY CLINIC

If you have respiratory symptoms, you will be booked into our separate Respiratory Clinic and will be asked to wait in your car until the doctor is ready to see you. Arrive at the time of your appointment and park at the back of the building in the designated area.

APPOINTMENTS

You can choose either a Face-to-Face doctor's consultation at the Medical Centre, or a Phone Consultation. Normal fees apply. Phone consultations are for routine problems that do NOT require a physical examination. Appointments are up to 15 minutes.

ONLINE APPOINTMENTS

Routine non-urgent Appointments can be booked online www.managemyhealth.co.nz. You will need to sign up at reception before using online appointments. Do NOT make an online appointment if you have Covid symptoms, phone and ask to speak to one of our nurses first.

We will do our best to see you the same day when needed. However, if your

doctor is fully booked you will be offered another day or an appointment with one of the other doctors. If your problem is urgent, please explain to the receptionist, she may ask you to talk to the nurse, who may advise you to visit the 24-Hour Surgery if we are fully booked.

Please wait in your car until close to your appointment time. If you need a support person, only bring one person with you.

All emergencies will take priority and appointment times are approximate.

A **non-attendance fee** (\$50.00) may be charged for appointments cancelled without sufficient notice. (2 hours).

Follow-up consultations are not usually discounted. Please try and see the same doctor where possible for follow up of the same problems. This will result in better care for you.

NEW PATIENTS aged 45 years and over are required to have an appointment with a nurse to update their health history, prior to seeing the doctor. There is a \$25.00 fee for this appointment.

DOUBLE APPOINTMENTS

Double appointments are required for more than one person attending, insurance or other medicals, IUCD

insertion, or multiple problems. Ask the reception staff to advise you on the correct appointment for you. A higher fee is charged for double appointments.

REPEAT PRESCRIPTIONS

Repeat prescriptions are available at your doctor's discretion for stable medical conditions for which you have had medication previously prescribed by Barrington Medical Centre. A consultation with your doctor is needed at least every 6 months to allow a review of your medication. Phone the practice to order a non-urgent repeat prescription; Press 1 to leave a message for the nurse, or book online www.managemyhealth.co.nz. (You will need to register at reception **for online** scripts to use this service) Allow two working days for collection. Remember a charge will be made. The requests must be specific. This must include name, address, date of birth, medication details, i.e. name of medication, dose, frequency, quantity required. Remember to make an appointment with the nurse if a blood pressure reading is required.

HOME VISITS

Please phone and speak to a practice nurse as early in the day as possible if you require a home visit.

ACCOUNTS

Please pay at the time of consultation. We do not run an accounts system. If you have difficulty in making payments, please speak to our reception staff. They will do their best to assist you.

MEDICAL STAFF

Our doctors specialise in family medical care including maternity care, family planning, women's health care, health care of the elderly, men's health, child, and baby care. Some doctors specialise in sports medicine, dietary advice, and diving medicine.

MATERNITY

When you think you are pregnant, this can be confirmed by one of our practice nurses who will then suggest an appointment with your usual doctor to discuss your options for maternity care.

FAMILY PLANNING

All our doctors have experience in this area. Your own doctor will be happy to help you with decisions and choices.

TRAVEL MEDICINE

Discuss your travel plans with one of our nurses and they will provide travel health and vaccination advice.

DRIVERS LICENCE MEDICALS

Examinations for Drivers Medicals are complex and other problems cannot be incorporated during this appointment.

A higher fee applies. Please tell reception the appointment is for a Drivers Licence Medical.

SLEEP STUDY

If you are having problems with snoring or daytime sleepiness, come along and talk to one of our Doctors, a Sleep Study may be indicated.

CHILD HEALTH CLINICS

Judy, Claudia, Bronwyn, Emily and Danica are our child health nurses and run a daily Child Health Clinic. The Clinics provide enrolled children with childhood immunisations, progress checks, growth, and developmental assessments, breastfeeding, and dietary advice. They can also help with routine child management, sleep problems and general support in parenting. If any problems are found during these checks, you will be referred to your GP for further advice.

HEALTH IMPROVEMENT (HIP) PRACTITIONER

Funded 30-minute appointments are available with Karen. Please see the brochure at reception.

HEALTH COACH

Funded 30-minute appointments are available with Tiana. Please see the brochure at reception.

CHAPERONE

We offer all our patients the right to have a chaperone present during examinations if they wish. You may wish to bring a support person with you or have a nurse chaperone. Please ask your doctor or practice nurse.

INTERPRETER

Please ask at reception if you require the services of an interpreter when booking an appointment. This is a free service for enrolled patients.

COMPLAINTS PROCEDURE

If you are dissatisfied with any aspect of the medical care or the service you receive from us, we would like to address your concerns.

Please see our Complaints Procedure Brochure in the waiting room for further details.

TEST RESULTS POLICY

Our Policy for results is that we will only contact you if your results show a significant abnormality. Please allow one week. Results will be visible on ManagemyHealth once the doctor has seen them.

Do not hesitate to contact the nurse if you have any concerns.

DOCTORS Appointment Hours

David Hobbs	Mon	9.00am - 5.00pm
	Tue	1.30pm - 5.15pm
	Thu	9.00am - 12.30pm
	Fri	9.00am - 4.45pm
Annabel White	Tue	8.45am - 4.45pm
	Thu	8.45am - 12.00pm
	Fri	8.45am - 4.45pm
Pieter De Witte	Mon	8.30am - 5.00pm
	Wed	8.30am - 5.00pm
	Thu	8.30am - 5.00pm
	Fri	8.30am - 5.00pm
Rebecca Buchan	Mon	9.00am - 5.15pm
	Tue	9.00am - 5.30pm
	Wed	1.30pm - 5.30pm
	Thu	1.30pm - 5.15pm
Anna Clarke	Mon	8.30am - 5.00pm
	Tue	8.30am - 12.00pm
	Wed	8.30am - 12.00pm
	Thu	8.30am - 5.00pm
Srimala Kumarapaapillai		
	Mon	9.15am - 12.45pm
	Wed	9.15am - 12.45pm
	Thu	9.15am - 12.45pm
	Fri	9.15am - 12.15pm
Phone Consults are available Monday, Wednesday and Thursday 2.00pm to 3.00pm		
Joseph Lau	Mon	8.30am - 5.15pm
	Tue	8.30am - 5.15pm
	Wed	8.30am - 5.15pm
	Thu	1.30pm - 5.30pm
	Fri	1.30pm - 5.15pm

Will Bickerton (Permanent Locum) Flexible hours as required.

Oliver Kiddle	Mon	1.00pm - 4.30pm
	Tue	8.00am - 4.00pm
	Wed	8.00am - 4.00pm
	Thu	8.00am - 12.15pm
	Fri	8.00am - 12.15pm

Kirsty Moore (Permanent Locum)

	Mon	8.30am - 12.00pm
	Wed	8.00am - 12.00pm
	Thu	1.30pm - 4.45pm

Thomas Brickland

	Mon	1.30pm - 5.30pm
	Tues	8.30am - 5.00pm
	Wed	1.30pm - 5.15pm
	Thurs	1.30pm - 5.30pm
	Frid	8.30am - 5.00pm

Sin Mei Chin (Permanent Locum)

	Mon	8.30am - 12.30pm
	Tues	8.30am - 12.30pm
	Wed	1.00pm - 4.30pm
	Thurs	8.30pm - 4.45pm
	Frid	1.30pm - 4.30pm