CAPABLE CLUBS SNIPPETS

SQUASH NEW ZEALAND

HEALTH & SAFETY PLANNING

Overview

Health and safety is a fundamental part of running a successful squash club. While squash is a relatively safe sport, clubs still operate environments where injuries, accidents, and emergencies can occur if risks are not managed effectively.

Brief Summary

1. Identify hazards and risks within your club environment and plan how they will be managed.
2. Understand the role of the committee in ensuring safe participation in all club activities.
3. Develop practical health and safety plans suited to the size and complexity of your club.
4. Use available resources to create, implement, and review a club Health & Safety Policy.

Linked Resources

Accident Report Form
Emergency Procedures Template
First Aid Register
First Aiders Register
Hazard Observation Form
Health & Safety Coordinator Job Description
Health & Safety Policy Template
Risk Management Plan Template
Risk Management Process

Key Points

1. Health and safety is about identifying, managing, and reducing risks within the club environment to protect everyone involved in club activities.
2. Every squash club, regardless of size or structure, has a responsibility to provide a safe environment for members, visitors, volunteers, and staff.
3. Committee members hold overall accountability for health and safety and must ensure appropriate systems and plans are in place.
4. Legal obligations vary depending on whether the club employs staff, but good health and safety practice applies to all clubs.
5. Proactive health and safety planning supports good governance, member confidence, and long-term club sustainability.