

MINNESOTA SWIMMING 2026-2027 TIME STANDARDS

SHORT COURSE YARDS

Effective: 1/1/2027

Adopted: 10/20/2026

BRNZ	SLVR	GOLD	CH	ZONE	Event	ZONE	CH	GOLD	SLVR	BRNZ
Girls 8 & Under					Boys 8 & Under					
:58.59	:50.49	:44.39	:40.39	:29.59	50 Free	:28.69	:41.79	:45.99	:52.29	1:00.69
2:16.19	1:57.39	1:43.29	1:33.99	1:04.99	100 Free	1:03.79	1:35.59	1:45.19	1:59.49	2:18.69
1:07.79	:58.39	:51.49	:46.79	:34.39	50 Back	:33.99	*:49.69	:54.69	1:02.19	1:12.09
1:21.79	1:10.49	1:02.09	*:56.39	:38.89	50 Breast	:38.29	*1:00.39	1:06.49	1:15.49	1:27.59
1:15.59	1:05.19	:57.39	:52.19	:33.19	50 Fly	:32.59	*1:00.99	1:07.09	1:16.29	1:28.49
2:34.09	2:12.89	1:56.99	1:46.29		100 IM		*1:55.19	2:06.79	2:23.99	2:47.09
Girls 10 & Under/Girls 9-10					Boys 10 & Under/Boys 9-10					
:46.99	:40.59	:35.69	:32.49	:29.59	50 Free	:28.69	:33.49	:36.89	:41.89	:48.59
1:44.19	1:29.79	1:18.99	1:11.79	1:04.99	100 Free	1:03.79	1:14.39	1:21.89	1:32.99	1:47.89
3:49.39	3:17.79	2:54.09	2:38.19	2:23.59	200 Free	2:18.99	2:44.89	3:01.39	3:26.19	3:59.09
10:22.39	8:56.49	7:52.19	*7:09.19	6:18.99	500 Free	6:09.79	7:05.79	7:48.39	8:52.29	10:17.49
:54.89	:47.29	:41.59	:37.79	:34.39	50 Back	:33.99	:39.49	:43.49	:49.39	:57.29
1:59.89	1:43.39	1:30.99	1:22.69	1:14.49	100 Back	1:12.49	1:24.29	1:32.49	1:45.39	2:02.29
1:03.89	:55.09	:48.49	:44.09	:38.89	50 Breast	:38.29	:46.69	:51.39	:58.39	1:07.79
2:18.79	1:59.69	1:45.29	1:35.69	1:24.69	100 Breast	1:22.69	1:38.39	1:48.29	2:02.99	2:22.69
:53.49	:46.09	:40.59	:36.89	:33.19	50 Fly	:32.59	:39.79	:43.79	:49.79	:57.79
2:09.49	1:51.69	1:38.29	1:29.29	1:15.99	100 Fly	1:14.59	1:35.99	1:45.59	1:59.99	2:19.19
1:59.79	1:43.29	1:30.59	1:22.59		100 IM		1:25.09	1:33.69	1:46.39	2:03.39
4:21.49	3:45.39	3:18.39	3:00.29	2:39.99	200 IM	2:38.39	3:09.59	3:28.59	3:56.99	4:34.99
Girls 11-12					Boys 11-12					
:41.09	:35.39	:31.19	:28.29	:26.99	50 Free	:25.79	:28.29	:31.19	:35.39	:41.09
1:29.29	1:16.99	1:07.69	1:01.59	:58.69	100 Free	:56.19	1:01.89	1:08.09	1:17.39	1:29.79
3:15.49	2:48.49	2:28.29	2:14.79	2:07.69	200 Free	2:02.59	*2:15.29	2:28.89	2:49.19	3:16.19
8:40.09	7:28.39	6:34.59	5:58.69	5:43.29	500 Free	5:29.99	6:03.69	6:39.99	7:34.59	8:47.29
17:47.39	15:20.19	13:29.79	12:16.09	11:49.29	1000 Free	11:34.19	12:45.99	14:02.59	15:57.49	18:30.69
29:57.29	25:49.39	22:43.49	20:39.49	19:44.39	1650 Free	19:13.19	21:26.39	23:35.09	26:47.99	31:05.29
:47.59	:40.99	:36.07	:32.79	:30.49	50 Back	:29.69	*:32.99	:36.29	:41.29	:47.89
1:41.49	1:27.49	1:16.99	1:09.99	1:06.19	100 Back	1:02.79	1:11.19	1:18.39	1:28.99	1:43.29
3:40.89	3:10.39	2:47.59	2:32.29	2:20.99	200 Back	2:15.89	2:33.59	2:48.99	3:11.99	3:42.79
:54.29	:46.79	:41.19	:37.39	:34.59	50 Breast	33:29	:38.19	:42.09	:47.79	:55.39
1:56.89	1:40.79	1:28.69	1:20.59	1:15.09	100 Breast	1:11.39	1:22.79	1:31.09	1:43.49	1:59.99
4:13.49	3:38.49	3:12.29	2:54.79	2:41.69	200 Breast	2:34.39	2:56.99	3:14.79	3:41.29	4:16.69
:45.59	:39.29	:34.59	:31.39	:28.99	50 Fly	:28.19	:32.59	:35.89	:40.79	:47.29
1:43.19	1:28.99	1:18.29	1:11.19	1:05.19	100 Fly	1:02.49	1:13.59	1:20.99	1:31.99	1:46.79
4:05.19	3:31.39	3:05.99	2:49.09	2:24.09	200 Fly	2:18.69	*2:49.49	3:06.49	3:31.89	4:05.79
1:43.59	1:29.29	1:18.59	1:11.39		100 IM		1:12.19	1:19.49	1:30.29	1:44.69
3:41.89	3:11.29	2:48.29	2:32.99	2:24.49	200 IM	2:18.79	2:35.49	2:51.09	3:14.39	3:45.49
7:49.69	6:44.89	5:56.29	5:23.89	5:07.79	400 IM	4:56.29	5:35.09	6:08.69	6:58.89	8:05.89
Girls 13-14					Boys 13-14					
:37.69	:32.49	:28.19	:25.99	:25.59	50 Free	:23.49	:24.79	:27.29	:30.99	:35.99
1:21.49	1:10.29	1:01.49	:56.19	:55.79	100 Free	:51.09	:53.79	:59.19	1:07.29	1:17.99
2:56.49	2:32.19	2:13.89	2:01.69	2:00.69	200 Free	1:51.99	1:57.49	2:09.19	2:26.79	2:50.29
7:51.49	6:46.29	5:57.49	5:24.99	5:23.89	500 Free	5:03.09	5:13.29	5:44.59	6:31.59	7:34.19
16:10.39	13:56.49	12:15.99	11:09.19	11:08.69	1000 Free	10:26.99	10:56.69	12:02.39	13:40.89	15:52.29
27:25.19	23:38.29	20:39.39	18:54.59	18:37.99	1650 Free	17:35.19	18:36.29	20:27.99	23:15.39	26:58.69
:43.09	:37.19	:32.69	*:29.69		50 Back		:28.69	:31.59	:35.89	:41.69
1:31.69	1:18.99	1:09.59	1:03.19	1:00.49	100 Back	:55.99	1:00.99	1:07.09	1:16.29	1:28.49
3:17.99	2:50.69	2:30.19	2:16.49	2:10.69	200 Back	2:01.59	2:14.69	2:28.19	2:48.39	3:15.39
:49.09	:42.29	:37.19	:33.79		50 Breast		:32.59	:35.89	:40.79	:47.29
1:46.49	1:31.79	1:20.49	1:13.39	1:09.69	100 Breast	1:03.29	1:10.39	1:17.49	1:27.99	1:42.09
3:48.89	3:17.29	2:53.59	2:37.79	2:30.09	200 Breast	2:17.39	2:34.19	2:49.69	3:12.79	3:43.59
:41.69	:35.89	:31.29	:28.69		50 Fly		*:27.99	:30.79	:34.99	:40.59
1:31.39	1:18.79	1:09.29	1:02.99	1:00.39	100 Fly	:55.39	:59.59	1:05.59	1:14.49	1:26.39
3:28.79	2:59.99	2:38.39	2:23.99	2:14.49	200 Fly	2:03.19	2:24.39	2:38.49	3:00.49	3:29.29
1:33.99	1:20.99	1:11.29	1:04.79		100 IM		1:02.79	1:09.09	1:18.49	1:31.09
3:19.59	2:51.99	2:31.39	2:17.59	2:14.99	200 IM	2:04.09	2:14.19	2:27.49	2:47.79	3:14.59
7:05.99	6:07.29	5:23.19	4:53.79	4:47.39	400 IM	4:25.39	4:43.89	5:12.29	5:54.89	6:51.59
Girls 15-16/Girls 17 & Over/Senior					BONUS	Boys 15-16/Boys 17 & Over/Senior				
36.29	31.29	27.49	24.99	:25.49	50 Free	:23.19	:22.69	:24.99	:28.39	:32.99
1:18.79	1:07.89	:59.79	:54.29	54.89	100 Free	50.09	:49.09	:53.99	1:01.39	1:11.19
2:48.79	2:25.49	2:08.09	1:56.39	1:57.59	200 Free	1:48.59	1:46.39	1:57.09	2:12.99	2:54.29
7:34.19	6:31.49	5:44.59	5:13.19		500 Free		4:53.19	5:22.59	6:06.49	7:05.19
15:42.49	13:32.49	11:54.99	10:49.99		1000 Free		10:15.19	11:16.79	12:48.99	14:52.09
26:35.19	22:55.19	20:10.09	18:20.09		1650 Free		17:30.39	19:15.49	21:52.99	25:23.09
42.09	36.29	31.89	28.99	29.59	50 Back	26.99	26.39	29.09	32.99	38.29
1:28.09	1:15.89	1:06.79	1:00.69	1:02.99	100 Back	57.49	:56.29	1:01.99	1:10.39	1:21.69
3:10.59	2:44.29	2:24.59	2:11.39	2:14.09	200 Back	2:05.69	2:04.49	2:16.99	2:35.69	3:00.59
49.09	42.29	37.19	33.79	34.49	50 Breast	29.69	29.09	32.09	36.39	42.19
1:41.49	1:27.49	1:16.99	1:09.99	1:11.39	100 Breast	1:04.69	1:02.79	1:09.09	1:18.49	1:31.09
3:40.69	3:10.29	2:47.49	2:32.19	2:35.29	200 Breast	2:21.69	2:18.89	2:32.79	2:53.69	3:21.39
40.79	35.19	30.89	28.09	28.69	50 Fly	25.39	24.89	27.39	31.19	36.09
1:26.59	1:14.69	1:05.69	:59.69	1:00.89	100 Fly	:55.19	54.29	:59.49	1:07.69	1:18.49
3:16.69	2:49.49	2:29.19	2:15.39	2:18.19	200 Fly	2:07.59	2:06.29	2:18.99	2:37.89	3:03.19
1:31.19	1:18.69	1:09.19	1:02.89	1:04.19	100 IM	:59.29	:57.59	1:03.39	1:11.99	1:23.59
3:11.89	2:45.49	2:25.69	2:12.39	2:15.09	200 IM	2:02.09	2:00.89	2:12.99	2:31.19	2:55.29
6:54.19	5:56.99	5:14.19	4:45.59		400 IM		4:26.79	4:53.49	5:33.49	6:26.89

CH times are for MNSI State Meets. SILVER Standard is the minimum for MRC
 Bronze standard and slower (verifiable times) qualify for the MN Bronze Championship (MBC)

ZONE times are the 2025-2028 "AAA" National Age Group (NAG) Time Standard

*CH time standards went outside of the 1% allowed change, all other MNSI (non zone) standards are dependent on CHAMP