

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
  				
Together Time (0-6yrs) 9:00am-12:00pm "Make and Take" (Children born in 2023) 1:00-3:00pm EarlyON Swim (0-6yrs) 3:00-4:00pm	Together Time (0-6yrs) 9:00am-3:00pm * Thanksgiving Party 11:00am-2:00pm EarlyON Swim (0-6yrs) 11:00-11:45am	Together Time (0-6yrs) 9:00am-3:00pm Baby Time (0-18m) 10:00am-12:00pm EarlyON Swim (0-6yrs) 12:15-1:00 pm	Together Time (0-6yrs) 9:00am-12:00pm Outdoor Program (0-6yrs) 9:30-11:30am EarlyON Swim (0-6yrs) 11:00-11:45am Open Door (0-6yrs) 1:00-3:00pm * Meeting the Milestones (18m-4yrs) 1:30-2:30pm	Together Time (0-6yrs) 9:00am-2:45pm (In the Gym)
Together Time (0-6yrs) 9:00am-12:00pm "Make and Take" (Children born in 2023) 1:00-3:00pm EarlyON Swim (0-6yrs) 3:00-4:00pm	Together Time (0-6yrs) 9:00am-3:00pm Community Nutrition Educator "Canada's Food Guide" 10:30am-12:30pm EarlyON Swim (0-6yrs) 11:00-11:45am	Together Time (0-6yrs) 9:00am-3:00pm Baby Time (0-18m) 10:00am-12:00pm EarlyON Swim (0-6yrs) 12:15-1:00 pm	Together Time (0-6yrs) 9:00am-12:00pm Outdoor Program (0-6yrs) 9:30-11:30am EarlyON Swim (0-6yrs) 11:00-11:45am Open Door (0-6yrs) 1:00-3:00pm * Meeting the Milestones (18m-4yrs) 1:30-2:30pm	Together Time (0-6yrs) 9:00am-2:45pm
Together Time (0-6yrs) 9:00am-12:00pm "Make and Take" (Children born in 2023) 1:00-3:00pm EarlyON Swim (0-6yrs) 3:00-4:00pm	Together Time (0-6yrs) 9:00am-3:00pm * Infant Massage (0-8m) 10:00-11:00am EarlyON Swim (0-6yrs) 11:00-11:45am	Together Time (0-6yrs) 9:00am-3:00pm Baby Time (0-18m) Community Nutrition Educator "Complementary Food and Making your own Baby Food" 10:00am-12:00pm EarlyON Swim (0-6yrs) 12:15-1:00 pm	Together Time (0-6yrs) 9:00am-12:00pm Outdoor Program (0-6yrs) 9:30-11:30am EarlyON Swim (0-6yrs) 11:00-11:45am Open Door (0-6yrs) 1:00-3:00pm * Meeting the Milestones (18m-4yrs) 1:30-2:30pm	Together Time (0-6yrs) 9:00am-11:30pm 1:00-2:30pm (Activity Room 3) *Family Wellness Event (0-6yrs) 10:00 to 11:30AM OR 1:00 to 2:30PM (In the Gym)
Together Time (0-6yrs) 9:00am-12:00pm "Make and Take" (Children born in 2023) 1:00-3:00pm EarlyON Swim (0-6yrs) 3:00-4:00pm	Together Time (0-6yrs) 9:00am-3:00pm Healthy Eating 9:00am-3:00pm * Infant Massage (0-8m) 10:00-11:00am EarlyON Swim (0-6yrs) 11:00-11:45am	Together Time (0-6yrs) 9:00am-3:00pm Public Health Nurse "Growth and Development" 10:00am-12:00pm Baby Time (0-18m) 10:00am-12:00pm EarlyON Swim (0-6yrs) 12:15-1:00 pm	Together Time (0-6yrs) 9:00am-12:00pm Outdoor Program (0-6yrs) 9:30-11:30am EarlyON Swim (0-6yrs) 11:00-11:45am No Afternoon Program due to Professional Development	Together Time (0-6yrs) 9:00am-2:45pm Halloween Celebration (In the Gym)

Please use the following link to create your account and register for the program:

<https://wsncc.recdesk.com/Community/Member/Signup>

Our staff will be pleased to assist you if you find any difficulty registering online.



✚ Programs with * need pre-registration.

✚ Parents/caregivers are responsible for their children at all times.

✚ Please bring indoor shoes or socks to wear in the program.

No outdoor shoes or bare feet please, thanks!

October 2026

Program Guidelines-Highlights of the Month: Illness & Health

To keep everyone safe and healthy, we kindly ask you and your children stay home if anyone is feeling unwell, or have any symptoms such as: fever, runny nose, cough, vomiting or diarrhea, etc. Children who are too sick to attend daycare, school, or actively play are too sick to come to EarlyON.

Staff may refuse entry or ask you to end your visit early if you have any symptoms of illness.

Please see our full EarlyON guidelines posted in the program room for more details.

- ❖ **FAMILY WELLNESS EVENT** on Friday, October 23rd at 313 Pharmacy Ave from 10:00 to 11:30am or 1:00 to 2:30PM. Families with Children ages 0- 6yrs are invited to meet community partners and learn about child development, immunization, parenting, safety, oral health, vision, and more. Pre-registration is required. Children do not need to attend. Please see staff for more information and to register.
- ❖ **Infant Massage**, led by a therapist from Strides Toronto, will be offered on Tuesdays, October 20th and 27th, and November 3rd and 10th for families with 0-8 months old. Please speak with EarlyON staff for more information and to register.
- ❖ **Together Time** is an **interactive drop-in** program for children **0-6 years** with their parents/caregivers. The program includes arts and crafts, stories, circle time, plus much more. Activities will enhance early learning and parenting skills.
- ❖ **Outdoor Program**: Join us for an **interactive outdoor drop-in** program behind our building for children **0-6 years** and their parents/caregivers. Please note that the outdoor program will be cancelled if it rains, if weather conditions are unsafe, or if the outdoor premises are not suitable for use.
- ❖ **Baby Time** is an **interactive drop-in** program for parents/caregivers with **babies 0 – 18 months**. Activities will enhance early learning and parenting skills. Parents/caregivers will receive information regarding early development and have an opportunity to share their experiences and ideas.
- ❖ **Make and Take** is an **interactive drop-in** program for children **born in 2023** with their parents/caregivers. This program provides an opportunity to develop creativity and imagination through using a variety of recycled and craft materials. Please see staff for more information.
- ❖ **Meeting the Milestones** is an **interactive registered** program for parents and their children (**18 months to 4 years of age**) who need additional developmental support. The program is designed to focus on a theme that is connected to a developmental domain. Activities and materials are tailored to the needs of individual children enrolled in the program. Parents/caregivers are encouraged to actively participate in play activities while staff model play-based learning strategies.
- ❖ **Open Door** is a **drop-in** program for families with children age **0-6 years**. It provides opportunity for families to interact with each other, enjoy activities, and learn about the many services and resources we offer.
- ❖ **EarlyON Swim**- Enjoy a free-swimming session exclusively for our EarlyON members! It is open to children **6 years of age or younger** and their parent(s) or guardian(s). Active in-water supervision is required; a parent or caregiver is required to be in the water and within arm's reach of their child(ren) at all times during EarlyON Swim. **You must sign in at the front desk to receive a wristband.** Please call 416-755-9215 if you have any questions.
- ❖ **Consultation (by appointment only)**- Staff members are available to meet with individual families in person or by phone to discuss any questions or concerns and provide information on child development or community resources. To make an appointment please speak to staff or email us at WSEarlyON@wsncc.org.
- ❖ **Toronto Public Health Nurse and Community Nutrition Educator** will be visiting in October, please check the 1st page to see the schedule.

Your feedback is highly appreciated. Please feel free to email us.

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