

# **Squirts T-ball**

## **Rules and Regulations**

Grade at registration – 4K, K, 1<sup>st</sup>, (1<sup>st</sup> graders may opt to play up to U8 Coach Pitch)

1. Tuesday nights in Brooklyn at Legion Park (small diamond), end of May through July. Coaches may opt for a few additional practices at the teams discretion and field availability.
2. Teams are announced at the end of April/early May. All coaches are volunteer, and all teams are from Oregon.
3. Equipment needed:
  - a. Glove
  - b. Bike helmet is allowed
  - c. Bats, helmets, and balls are provided (10” softie softball), but you may also use your own
  - d. Softball or soccer cleats optional
4. Game length 55 minutes
5. Hitting: 3 pitches, if no hit, then hit off the tee
6. Helmet is required to bat and run the bases
7. Pitching is provided, and the pitcher is the umpire
8. Both teams bat around each inning, with the last batter hitting a ‘home run’ to clear the bases. New line up each inning.
9. Batter can take extra bases if the ball clears the infield
10. All batters may run the bases each time, even if an out is made
11. Fielding: players shouldn’t play the outfield two innings in a row, rotate positions each inning.
12. Coaches are allowed on the field for defensive assistance and coaching
13. If the field is too wet, T-ball can also get their game played on a grassy area using cones/bases

## **Goal**

At this level, our goal is to provide a fun and valuable introduction to the game of softball. Focuses should be on teaching the kids the basics of base running, positions, hitting, throwing, and general knowledge of the game.

\* Lots of help from parents is welcome and encouraged at this level!

\* Email [oregonyouthsoftball@gmail.com](mailto:oregonyouthsoftball@gmail.com) with any questions, concerns, or comments

\* Amy Crowe, OYS President

\* Angela Zych, T-ball and Coach Pitch League Commissioner: 608-219-6563