



Rules for OSD Gym Use

Reservations for practice time: Reservations for team practice times are reserved in advance by Oregon Youth Softball and will be assigned and communicated with Coaches. Our home gym is Netherwood Knoll Gym as it has a batting cage and a (2) cabinets on the stage with our equipment.

Equipment that can be used in the gyms:

- Mush balls

Not allowed in the gym

- Hard balls
- No pitching against the walls
- Black soled shoes in the gym-It scuffs up the floor, creates work for custodial staff

Information on the Gym:

- If the gym is too cold:
 - Push the button on the thermostat and it will turn on the heat.

Set-Up & Clean-Up:

- Everything should be picked up and put away before leaving the gym.
- The stage cabinets should be LOCKED
- All garbage should be put into trash cans.
- If a coach sees that a child has left equipment, please take it with you to give to the child at the next practice.
- If you are the last coach to use the gym during our reserved time, turn off the lights.

If you see damage or If something breaks:

- call someone on the board to report what happened

Batting Cage:

- (1) person in the batting cage at a time
- Helmets worn when in batting cage

Practice courtesies:

- Pitching into a net or catcher only - Do not pitch to the wall.
- Bat into a net or in the cage only