



Job Club

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Contact Us: 225-216-7474 • fhfgbr.org • info@fhfgbr.org 2356 Drusilla Lane, Baton Rouge, LA 70809

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OUR STAFF



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RESOURCE CENTER FOR AUTISM SPECTRUM DISORDERS
Teresa Wilson Harlan
Program Director
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RESOURCE CENTER FOR AUTISM SPECTRUM DISORDERS; INFORMATION, RESOURCE, & REFERRAL Kara Shupe Autism Resource Specialist; Support Information, Resource & Referral & Lending Library Organizer kshupe@fhfgbr.org

Our Mission:

To provide the individualized services, information, resources, and support needed to positively enhance the independence, productivity, and integration of persons with disabilities into the community.



EMPOWERMENT PROGRAM
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BOARD OF DIRECTORS

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BELYNDA GAUTHIER

UPCOMING MEETINGS: 11:30AM - 1:00PM @FHFGBR OFFICE WEDNESDAY, NOVEMBER 20, 2019

BOARD MEETINGS ARE OPEN TO THE PUBLIC. PLEASE JOIN US!

Try to be a rainbow in someone's cloud.

Maya Angelou

"Tigers for Autism Awareness" present...

Friday Night Outl

For teens and young adults ages 12-20+



Friday Night Out is a fun social gathering where LSU students spend quality time with teens and adults with special needs!





*****ADVANCE REGISTRATION IS REQUIRED*****

Email *autismawarenesslsu@gmail.com* or call Families Helping Families at (225)-216-7474 *for Registration info!*

Please join us from 6 PM – 9 PM on the following Fridays –

10/04/19 11/01/19

LSU Women's Center Veterans Drive 5 Union Square Baton Rouge, LA 70803 (225) 578-1714



IMPORTANT INFORMATION:

Adult supervision will be present, but if your child is under 18, a parent or guardian must be present at all times

Our volunteers are not trained to manage severe behaviors. NO ADMISSION AT THE DOOR without PRE-REGISTRATION: autismawarenesslsu@gmail.com. Space is limited!

WORKSHOPS





It's who we are. It's what we do.

GET FAMILIAR WITH DISABILITY/WAIVER SERVICES

Join Kay Lewis, Parent Liaison with FHFGBR at Children's Special Health Services (CSHS), for this FREE workshop to learn vital information on Louisiana's Disability Services:

- Capital Area Human Services (CAHS)
- New Opportunity Waiver (NOW)
- Children's Choice Waiver
- Self-Direction Option
- Supports Waiver
- Residential Options Waiver (ROW)
- Community Choices Waiver
- Long Term Care Personal Care Services (LTC/PCS)
- Traumatic Head & Spinal Cord Injury Trust Fund (THSCI)
- Other Medicaid Services

TUESDAY, OCTOBER 1ST:

5:30 PM to 7:30 PM

RSVP: https://conta.cc/2XZaL7P

MEET THE STAR:



PARENT LIASION WITH FHFGBR CHILDREN'S SPECIAL HEALTH SERVICES (CSHS)

SPACE IS LIMITED! CALL, EMAIL, OR CLICK TO RSVP!

FHFGBR, 2356 DRUSILLA LN, BATON ROUGE, LA 70809



(225)216-7474



FHFGBR.ORG



INFO@FHFGBR.ORG

This workshop is supported by a contract with Capital Area Human Services (CAHS). Co-Sponsored by Children's Special Health Services (CSHS).

sunshine Series Social calendar



Through a partnership with Families Helping Families of Greater Baton Rouge, BREC is able to offer themed, monthly socials for adults with cognitive and developmental disabilities and their friends and family.

AUG. 16

sept. 20

LINDY HOP DEMONSTRATION + CLASS FROM 6:15 - 7 PM





SWING IN SEPTEMBER

DRESS COMFORTABLE + BE READY TO DANCE







HOCUS BREWING UP SOME POCUS HALLOWEEN FUN



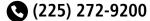
THANKFUL FOR OUR HEROES
GRAB YOUR CAPE, MASK, BADGE OR HAT +
HONOR YOUR FAVORITE HEROES

Dec. 20 •



UGLY SWEATER PARTY
SLEIGH WITH YOUR "REST" CHRISTMAS SWEATER!







molly.orr@brec.org

MILTON J. WOMACK PARK

6201 Florida Blvd. /// Fridays /// 6-9 p.m.

Ages: 16+ with disabilities

\$5 donation supports this program, including supplies and door prizes each month



FREE COMMUNITY EVENT A DAY OF NEIGHBORHOOD OUTREACH



SATURDAY, OCTOBER 5, 2019 10:00 AM TO 1:00 PM

Calling All Neighbors! Everyone is invited for an Empowering day of community outreach and support! A special Empowerment session for youth who have experienced trauma will be presented by Mrs. Dionne Smith, LPC.

PLUS!

- KID\$ ZONE
- FREE FOOD
- GIVEAWAYS
- SPECIAL GUESTS
- LIVE MUSIC!

JERICHO INTERNATIONAL MINISTRIES

9466 GREENWELL SPRINGS ROAD, BATON ROUGE, LA 70814









Rhythmataz

An inclusive music class for teens & young adults

CLASSES FOR AGES 13 & UP

\$75/PERSON
PAYABLE IN CASH OR CHECK
9 WEEK PROGRAM (8 CLASSES & 1 RECITAL)

THURSDAYS BEGINNING OCTOBER 3RD 5:30 PM to 6:30 PM

OCT. 3, OCT. 10, OCT. 17, OCT. 24, NOV. 7, NOV. 14, NOV. 21 & DEC. 5

RECITAL DATE & LOCATION: TO BE DETERMINED

• NEW LOCATION:

BATON ROUGE GENERAL
CENTER FOR HEALTH
9001 SUMMA AVE.
4TH FLOOR CONFERENCE ROOM
BATON ROUGE, LA 70809

CERTIFIED MUSIC INSTRUCTOR: MARY MALLOY, MA, MT-BC

Brought to you by Families Helping Families of Greater Baton Rouge

SEATING IS LIMITED! CALL & RESERVE A SPOT AS SEATS FILL QUICKLY! FOR MORE INFORMATION, CONTACT TERESA HARLAN OR KARA SHUPE:









Registration Live for 2019 DDC Conference

September 16, 2019

Registration is now live for the Council's biennial conference in November: "Navigating the System Across the Lifespan." This one-day conference will feature:

- Continental breakfast
- A keynote address on creating a meaningful life from author, speaker, parent advocate, and former Colorado Developmental Disabilities Council Chairperson, Katherine Carol.
- Three different topic tracks to follow: Childhood, Adulthood, and/or Supports
- "Lunch and Learn" with a panel of advocates facilitated by keynote speaker Katherine Carol

REGISTER TODAY

Monday, November 18th

2019 DD COUNCIL CONFERENCE NAVIGATING THE SYSTEM ACROSS THE LIFESPAN

BATON ROUGE MARRIOTT



- \$20 Individual with a developmental disability
- \$20 Parent / family member of an individual with a developmental disability
- \$0 Direct Support Professional accompanying an individual with a developmental disability
- \$50 Professional / Other

Register Today!

A very limited number of stipends are available to individuals with a developmental disability and/or their parents who otherwise would not be able to participate in this conference. To apply for a stipend, send a request explaining your need with your contact information to Hannah.Jenkins@la.gov.

Reservations at the Baton Rouge Marriott may be made by <u>clicking here</u> or calling 225-924-5000. Ask for the "LaDDC Advocacy Leadership Conference" room block to get a rate of \$100 per night. The deadline to book a room at this reduced rate is Friday, November 1, 2019. <u>Click here</u> for a map and driving directions to the hotel.

Contact Us

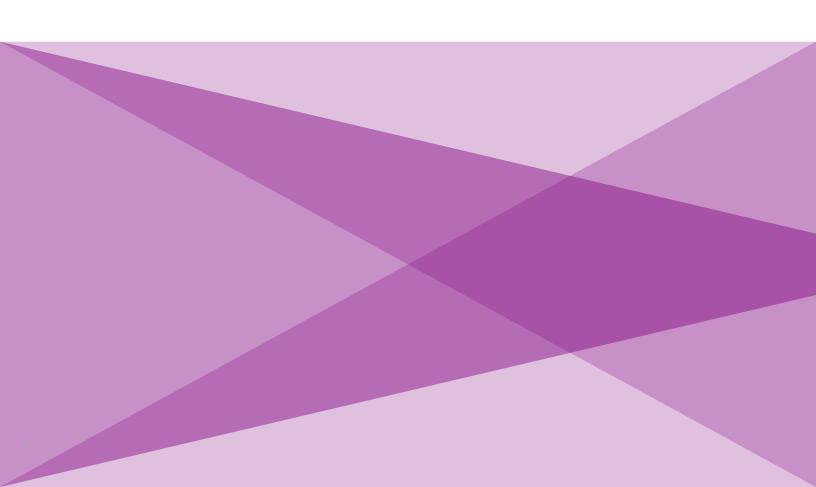
LaDDC News is the electronic newsletter for the LA Developmental Disabilities Council. If there are any questions about the information above, contact the Council by replying to this email, or calling the toll free number listed below:

phone: 1-800-450-8108 email: <u>info@laddc.org</u> website: <u>www.laddc.org</u>

facebook: www.facebook.com/LaDDCouncil twitter: www.facebook.com/LaDDCouncil

Sign up to receive LaDDC Newsletters <u>HERE</u>. View all recent LaDDC Newsletters HERE.





SUPPORT GROUPS

FREE CALL-IN SUPPORT NETWORK



· It's who we are. It's what we do. •



- Tuesday, October 22nd at 10:00 AM
- Tuesday, November 5th at 10:00 AM
- Tuesday, December 3rd at 10:00 AM

Are you a parent/caregiver with behavioral health concerns for your child or youth? These networking meetings will provide parents/caregivers across the state an opportunity to gather and share information and resources related to behavioral health services, and to increase their support networks. In addition to seeking solutions for concerns, participants will be able to share any successful experiences or barriers they may be experiencing.

CONFERENCE CALL INFO:

Phone Number: (605)313-4819 / Access Number: 546755#

PARTICIPATING FHF CENTERS:

- Families Helping Families of New Orleans: fhfsela.org
- Families Helping Families of Greater Baton Rouge: fhfgbr.org
- · Bayou Land Families Helping Families: blfhf.org
- Families Helping Families of Acadiana: fhfacadiana.org
- Families Helping Families of Southwest Louisiana: fhfswla.org
- Families Helping Families of Region VII: fhfregion7.com
- Families Helping Families of Northeast Louisiana: fhfnela.org
- Northshore Families Helping Families: fhfnorthshore.org
- Families Helping Families at the Crossroads of LA: familieshelpingfamilies.net











ALL DAY EVENT OCTOBER 27 LOCATION: GOLDS GYM PRAIRIEVILLE

17097 Airlline Hwy, Prairieville, LA 70769







Snapfitness-24-7

Bluebonnet Location



COSTUME CONTEST AND PRIZES

Inflatables and Activities

RAFFLE TICKETS AND DOOR PRIZES

SEVERAL MORE ACTIVITIES

CARD



· It's who we are. It's what we do.

JAMBAYALA COOK OFF

\$7 JAMBALAYA PLATES

BOOT CAMP STARTING IPM

Pro Athlete Meet and Greet

FAMILY, FOOD, FITNESS
2019 Charity Event
Embrace the Difference
A I I T C M

Contact (e) Firedupmuscle@yahoo.com (p) 225-210-4468

For early Donations use contact info provided



SUPPORT GROUPS

Families Helping Families of Greater Baton Rouge



Our support group is back, and we can't wait to meet you. Parents, guardians, self-advocates, and family members of individuals with autism and related disorders are invited to come and meet others walking in your shoes. We will share support, resources, compassion, and empathy. Light refreshments will be served.

When Tuesday, October 22, 6:00 PM - 7:30 PM

Register: https://conta.cc/2m43kPN

Tuesday, November 19, 6:00 PM to 7:30 PM

Register: https://conta.cc/2nzMFEh

Where Families Helping Families of Greater Baton Rouge

2356 Drusilla Lane, Baton Rouge, LA

Contact Call Kara Shupe at (225)216-7474 or email

kshupe@fhfgbr.org

Capital Area Human Services

& the Regional Advisory Council

Developmental Disabilities Family Forum & Town Hall Meeting

informational dialogue about Developmental Disability, Behavioral Health and Addiction Recovery services in your area

TUESDAY STARTS AT OCTOBER 29 6:00 PM

Capital Area Human Services 4615 Government St., Bldg. 2, Room 200, Baton Rouge

CALL US AT (225) 925-1910 FOR MORE DETAILS www.cahsd.org





A SENSORY-FRIENDLY TRICK-OR-TREATING EVENT

STAHN



JOIN US FOR SENSORY-FRIENDLY TRICK-OR-TREATING, HALLOWEEN CRAFTS, AND FALL ACTIVITIES



WHEN?

OCTOBER 25TH, 2019

ELEMENTARY CHILDREN: 5:00 PM - 6:30 PM

TEENS AND YOUNG ADULTS: 6:30 PM - 8:00 PM



WHERE?

LSU STUDENT UNION MAGNOLIA ROOM, 3RD FLOOR

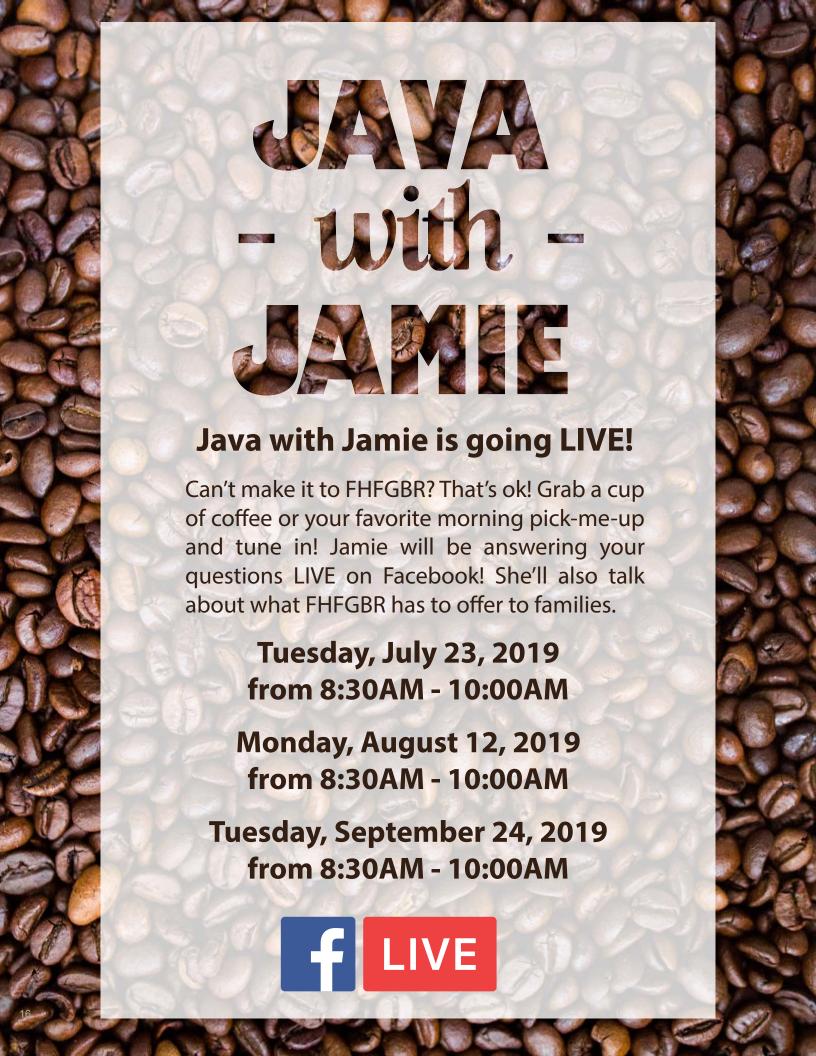
MAPS WILL BE DISTRIBUTED PRIOR TO THE EVENT

REGISTER: https://conta.cc/2o0UiU4









WEBINAR



Intervening Before a Challenging Behavior

FRIDAY NOVEMBER 8, 2019 8:00 AM TO 9:30 AM





REGISTER HERE:

http://bit.ly/WebinarIntervening

Join Danica R. Savoie to learn about the functions of behavior, how to collect Antecedent Behavior Consequences (ABC) data, and motivation.

Audience: Parents/Caregivers, Families, and Professionals

Presenter:

Danica R. Savoie, M. Ed., LBA, BCBA Lafayette Based Supervisor



Funding for webinars provided by a contract with the Louisiana Department of Health Office of Behavioral Health



AFA EVENT DATE: SATURDAY, MAY 2, 2020

Active for Autism is celebrating II years! Help make it the best yet! Volunteers on the Planning Committee are an important part of the success of every AFA. Volunteers will be assigned to sub-committees. Conference call number is available if you can't make every meeting. Do you have leadership skills? You could be a great fit for Committee Chairperson.

> Interested in being a part of the Planning Committee Team? Contact Teresa Harlan:







PLANNING COMMITTEE SCHEDULE:

11/6 Wed. 6-7PM 12/3 Tues. 6-7PM Tues. 6-7PM 1/21 Tues. 6-7PM 2/11 Tues. 6-7PM 2/26 Tues. 6-7PM Tues. 6-7PM 3/31 Tues. 6-7PM 4/14 Tues. 6-7PM* *Walkthrough at Pennington 4/28 Tues. 6-7PM

Conference Call Number: (605)313-4819 / Access Number: 546755#

WORKSHOPS



FREE WORKSHOP

for Parents/Caregivers

SUICIDE PREVENTION

Call or email if you need assistance attending

WEDNESDAY, OCTOBER 30 10:00 AM TO 12:00 PM

FHFGBR, 2356 DRUSILLA LN, BATON ROUGE, LA

The NAMI Louisiana Suicide Prevention training is an evidenced-based program designed to educate and empower others on the latest research and strategies for preventing suicide. Light refreshments will be served.

Hosted by:

Families Helping Families of Greater Baton Rouge

Presented By:

Anthony Germade, Executive Director, NAMI Louisiana Baton Rouge

Register by calling Sharese Morton at (225)216-7474, smorton@fhfgbr.org, or online at https://conta.cc/2mUwvVF



GET INVOLVED



VOLUNTEERS NEEDED!

We are looking for volunteers who can help us with reception, lawn care, building maintenance, and helping to make inclusive events memorable for families we serve.

Apply Online: http://bit.ly/FHFGBRVolunteers

Any amount of hours you have to offer is greatly appreciated!

Monday: 8 AM to 4 PM Tuesday: 8 AM to 8 PM

Wednesday: 8 AM to 4 PM Thursday: 8 AM to 4 PM

Friday: 8 AM to 12 PM

Special Events:

- Friends & Family Luaus
- Sunshine Socials
- Active for Autism
- Thanksgiving Celebration

Contact:

Kristen Bellatti at kbellatti@fhfgbr.org or call (225)216-7474 for registration or more information.

WORKSHOPS



FREE WORKSHOP for Parents/Caregivers

How to Access Resources

Call or email if you need assistance attending

Wednesday November 20 10:00 AM - 12:00 PM

Families Helping Families of SWLA 2927 Hodges Street, Lake Charles, LA

Join us to learn how to access a variety of resources and services offered by different agencies.

Hosted by:

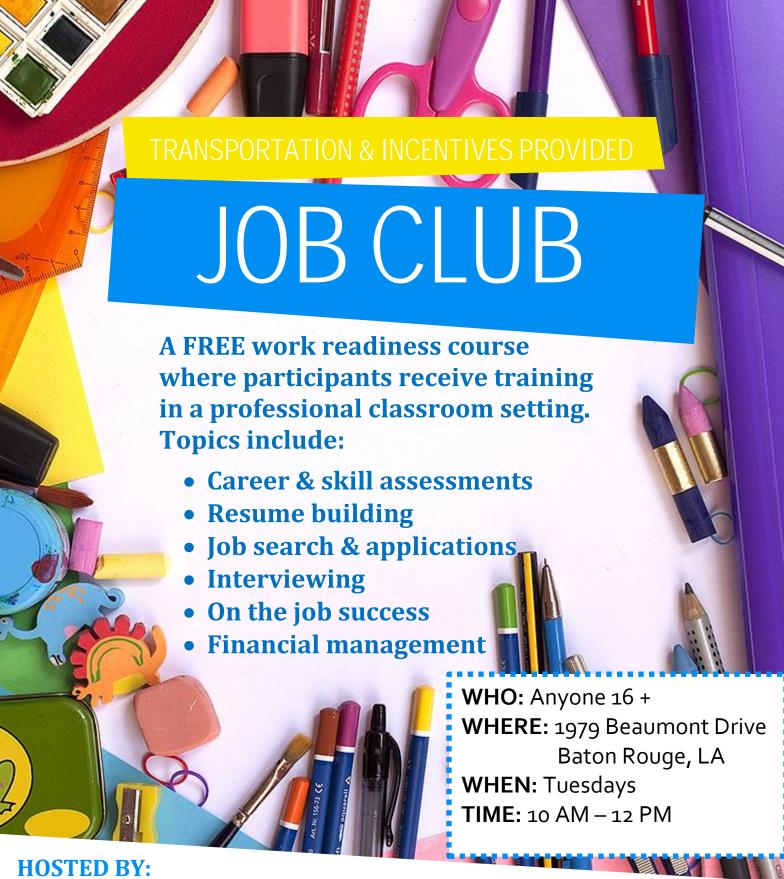
Families Helping Families SWLA

Presented By:

Mylinda Elliott, Programs Manager, Families Helping Families SWLA

Register by calling Mylinda Elliott or email info@fhfswla.org, or online at https://conta.cc/2nBPncg







In conjuncture with Project E3. Project E3 is funded by a grant award from the Rehabilitation Services Administration, U.S. Department of Education to the Department of Rehabilitation and Disability Studies at Southern University and A & M College, Baton Rouge, Louisiana. This event is in collaboration with Louisiana Rehabilitation Services (LRS).

13TH ANNUAL



· It's who we are. It's what we do.

THINSGIVICS CELEBRATION



Thursday, November 14, 2019 First Church of the Nazarene 9955 Old Hammond Hwy.

Baton Rouge, LA
11:00 AM to 1:00 PM
Call, Email, or Click to RSVP
(225)216-7474 • info@fhfgbr.org
https://conta.cc/2yQb8at













Region 2 Capitol Area Human Services

Region 9 Florida Parishes Human Services Authority

Your (LGE) Local Governing Entity has a "Regional Advisory Committee" and are always looking for parents/self-advocates to give input on services.

Some committees allow you to call in so that you do not have to be present to be a part of that committee. In addition, they have time allotted for public comment; meaning you can ask questions or give input and not be obligated to the schedule of being on the committee.

- Regional Advisory Committee
- Meet every other month on the second Tuesday at CAHS 9:30 to 12:30
- Contact 925-1910
- Region 9 please contact FPHSA at 985-543-4730
- State Advisory Committee (All RAC from around the state)
- Meet every other month on the second Wednesday
- > <u>lastateadvisorycommittee@gmail.com</u>
- Ask to be added to their email list to keep informed



Shop Amazon & Support Families Helping Families of Greater Baton Rouge!

Register with Amazon Smile and every time you make eligible purchases, Amazon will donate 0.5% to FHFGBR!



COMPUTER

Go to smile.amazon.com

Login using your existing Amazon account or register for a new account.

Under "Pick you own charitable organization, saerch for and search Families Helping Families of Greater Baton Rouge.

Remember to buy your Amazon purhcases through smile.amazon.com, not through the regular Amazon site.

Create a bookmark or add this to your favorites to create a shortcut.



IPHONE/DROID

Using Safari on iPhone/Droid, go to https://smile.amazon.com.

Search for **Families Helping Families of Greater Baton Rouge.**

Tap the "share" button

Tap the "Add to Home Screen" icon. You may need to swipe to the left to see this.

You will now have an Amazon Smile icon on your home screen which you can use in exactly the same way you used the Amazon app.



DROID APP

Open your Amazon app.

Access your Settings.

Click on Amazon Smile.

Search for **Families Helping Families of Greater Baton Rouge.**

Follow the provided steps in the app, and you are set.

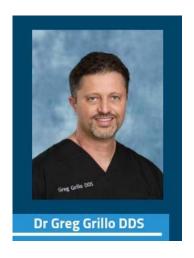
AUTISM & DENTAL CARE

A Guide for Their Oral Treatment



Going to the dentist can be a cause for anxiety for most of us, but it's a very different feeling for those with autism. Our dental experts Dr. Greg Grillo and Dr. David Hudnall have spent countless hours helping patients and caregivers prepare for upcoming dental visits as well as helping them with tips and techniques that ensure proper oral health habits in the future.

Patients with special needs often have difficulty staying still and allowing the dentist to do what's needed, which is why a loved one should always be present. Everyone needs a "figurative" hand to hold sometimes, especially those who fear the dentist, and it's no different for patients with autism. Luckily, there are ways to find a dentist for autistic patients and this article is here to help.



"Everyone deserves the best dental experience possible. Teams that are trained to work with special needs patients have the training and extra dose of compassion. These resources are a great place to start."

Dr Greg Grillo DDS

Click <u>here</u> to read the full article.



Regional Interagency Coordinating Council (RICC)
Invites you to join us for the
Quarterly December RICC Meeting

&

Holiday Celebration



Date: Thursday, December 12, 2019

Time: 12:30pm – 2:30pm

Location: Capital Area Human Services District

4615 Government St., Bldg. 2

Baton Rouge, LA

Room #200

This will be an Exciting and Informative meeting for EarlySteps families!!

Call or Email Diane Pitts at (225)216-7474 or dpitts@fhfgbr.org to RSVP

CALENDAR

JCTOBER Tuesday, October I 5:30PM - 7:30PM	Twilight Tuesday: Get Familiar with Disability/Waiver Services	FHFGBR 2356 Drusilla LN
Friday, October 4 6:00PM - 9:00PM	Friday Night Out!	LSU Women's Center Veterans Drive 5 Union Square
Saturday, October 5 10:00AM - 1:00PM	Meet the Neighbors	Jericho International Ministrio 9466 Greenwell Springs RD
Thursday, October 10 10:00AM - 12:00PM	SICC Meeting	FHFGBR 2356 Drusilla LN
Tuesday, October 15 8:30AM - 9:30AM	Java with Jamie	Facebook LIVE FHFGBR 2356 Drusilla LN
Friday, October 18 6:00PM-9:00PM	SUNSHINE SOCIAL: Hocus Pocus	Milton J.Womack Park 6201 Florida BLVD
Tuesday, October 22 6:00PM - 7:30PM	Helping Hands Support Group	FHFGBR 2356 Drusilla LN
Tuesday, October 22 10:00AM - 11:00AM	Parents/Caregivers Networking Meeting	Conference Call: (605)313-4819 Access #: 546755#
Friday, October 25 5:00PM - 6:30PM 6:30PM - 8:00PM	Halloween Night Out	LSU Student Union 310 Student Union
Sunday, October 27 9:00AM - All Day	Embrace the Difference Charity Event	Gold's Gym 17097 Airline Hwy. Prairieville
Tuesday, October 29 6:00PM - 7:30PM	CAHS Developmental Disabilities Family Forum & Town Hall Meeting	CAHS 4615 Government St. Bldg. 2, Room 200
Wednesday, October 30	Suicide Prevention	FHFGBR 2356 Drusilla I N

STAY UPDATED!

10:00AM - 12:00PM

Text FHFGBR to 22828 or call the FHFGBR office to be added to our weekly eblast list

2356 Drusilla LN

Check out our event calendar on our website at www.fhfgbr.org Follow us on Facebook for constant updates on events & news Come by the office to see us & learn more!

CALENDAR

NOVEMBER

Friday Night Out!	LSU Women's Center Veterans Drive 5 Union Square
Java with Jamie	Facebook LIVE FHFGBR 2356 Drusilla LN
Parents/Caregivers Networking Meeting	Conference Call: (605)313-4819 Access #: 546755#
Webinar: Intervening Before Challenging Behavior	http://bit.ly/WebinarIntervening
OFFICE CLOSURE: Veteran's Day	FHFGBR 2356 Drusilla LN
THANKSGIVING CELEBRATION	First Church of the Nazarene 9955 Old Hammond Hwy. Baton Rouge, LA
SUNSHINE SOCIAL: Thankful for Our Heroes	Milton J.Womack Park 6201 Florida BLVD
Helping Hands Support Group	FHFGBR 2356 Drusilla LN
OFFICE CLOSURE: Thanksgiving	FHFGBR 2356 Drusilla LN
	Java with Jamie Parents/Caregivers Networking Meeting Webinar: Intervening Before Challenging Behavior OFFICE CLOSURE: Veteran's Day THANKSGIVING CELEBRATION SUNSHINE SOCIAL: Thankful for Our Heroes Helping Hands Support Group OFFICE CLOSURE:

DECEMBER

Tuesday, December 3 10:00 AM - 11:00AM	Parents/Caregivers Networking Meeting	Conference Call: (605)313-4819 Access #: 546755#
Tuesday, December 10 8:30AM - 9:30AM	Java with Jamie	Facebook LIVE FHFGBR 2356 Drusilla LN
Thursday, December 12 1:00PM - 3:00PM	RICC Meeting	CAHS 4615 Government ST Bldg. 2, Room 200
Friday, December 20 6:00PM - 9:00PM	Sunshine Social: Ugly Sweater Party	Milton J. Womack Park 6201 Florida Blvd.
December 16- January I	OFFICE CLOSURE: Christmas & New Year's Holidays	FHFGBR 2356 Drusilla LN



· It's who we are. It's what we do. •

OFFICE CLOSURES

Monday, November 11, 2019 Veteran's Day

Thursday, November 28, 2019 - Friday, November 29, 2019
Thanksgiving

Monday, December 16, 2019 - Wednesday, January 2, 2020 Christmas & New Year's Holidays

"It's who we are. It's what we do."

FHFGBR receives partial funding from the Louisiana Developmental Disabilities Council, Capital Area Human Services, Louisiana Department of Education, and the Louisiana Department of Health Office of Behavioral Health as well as generous donations from families and our community.

FHFGBR does not endorse or promote any legislation, insititutions, individuals, or methods of treatment or therapy.

Contact Us:

225-216-7474 • fhfgbr.org • info@fhfgbr.org • 2356 Drusilla Lane, Baton Rouge, LA 70809

Connect:

Text FHFGBR to 22828 to join our email list





