



TUESDAY NEWSLETTER

Sacred Heart of Jesus School

Sacred Heart of Jesus School is a diverse community dedicated to educating the body, mind and spirit.

To the Heights! - Who shall ascend the mountain of the Lord? - Psalm 24

August 18, 2026

Tiger News

- **BIRTHDAY FREE DRESS** Thursday is our first birthday free dress day of the year! Students celebrating July and August birthdays will enjoy their free dress day on Thursday, August 20. Appropriate dress includes blue jeans, capris, shorts, loose fitting tops, tennis shoes. Questions? Contact Alexis Williams (AWilliams@SacredHeartBR.com).
- **DIGITAL MEDIA SEMINAR:** Parents are invited to attend a digital media seminar led by David Durand, September 15 at 6 pm in the Sacred Heart School gym. Parents will learn how digital media especially social media affects self esteem, mental health, identity, and development. You will be given tools to help set healthy boundaries, monitor use and encourage healthier habits. What do the CEO of TikTok, Snapchat and Storm8 Video Game Design have in common? They don't let their kids have their own apps. Come to parent night and find out why! Parents will earn double PIP hours for attending and their student/s will earn a free dress day plus 5 bonus points to use in their subject of choice.
- **PARENT LUNCH VISITS:** Parents are invited to eat lunch with their child at school every day. You must have completed your child protection information prior to your visit. The lunch schedule is as follows: Pre-k and Kindergarten (10:25-11:00 am), 1st - 2nd grade (11:00-11:25 am), 6th - 8th grade (11:33-11:53 am), 3rd - 4th grade (11:58-12:15 pm).
- **TIGER SHOP:** The [Tiger Shop](#) is open! Be sure to purchase this year's spirit shirt for your child to wear on our spirit shirt days each month (usually on the first Friday). The last day to order a spirit shirt is **August 28**.
- **WOMEN'S ACTS RETREAT** is October 8-11 with the [registration deadline](#) of September 1. The Sacred Heart ACTS retreat will take place at the Tracy Center in Baton Rouge. Every woman attending will have the opportunity to focus on her Catholic faith and its application to her daily life. [Click here](#) for more information.
- **DOES YOUR YARD NEED FRESH DECOR?** If you are in need of a new Sacred Heart yard sign or radiant car decal, please email Kay Gaudin (KGaudin@sacredheartbr.com).
- **PARENT-STUDENT HANDBOOK ACKNOWLEDGEMENT FORM:** If you have not already done so, please sign and return the [Parent-Student Handbook Acknowledgement Form](#) (located on page 50 of the handbook).
- **FREE AND REDUCED MEAL APPLICATIONS:** All parents are encouraged to complete the online application. Click [here](#) for instructions and [here](#) for the application.
- **Who's ready to play MAHJONG?** Our first fundraiser of the year will be August 30th in the school gym. [Click here](#) to register or sponsor this event. Questions? Email Kay Gaudin (KGaudin@sacredheartbr.com).
- **THE TUESDAY NEWSLETTER:** Each week, parents will receive a newsletter via email at the email address provided in their FACTS account. We are happy to send the newsletter to other family members or interested parties. Simply email Wendy Milam (WMilam@SacredHeartBR.com) and provide their name and email address.
- **St. Vincent de Paul Food Pantry** serves people in need who live within the geographical boundaries of Sacred Heart of Jesus Parish. Food pantry collections are made each week during our school liturgy. Students, faculty, and staff donate non-perishable food items which are a major source of donations.
- **NEWS TO THE EDITOR** Do you have news for The Tuesday Newsletter? Please email news to WMilam@sacredheartbr.com by 12:00 p.m. the Monday prior to publication.
- **SOCIAL MEDIA** If you haven't already done so, be sure to follow us on [Facebook](#) and [Instagram](#).



Important Dates:

08/20	Birthday Free Dress (July and August birthdays)
08/21	Mass (8 am in the church - led by 6th grade)
08/24	Student Council Elections
08/28	Tiger Shop Closes
08/28	Mass (8 am in the church - led by 5th grade)
08/30	Mahjong Fundraiser (3:30 pm in the gym)
09/04	Mass (8 am in the church - led by 4th grade)
09/05	Mass, Meal, & Mission
09/07	LABOR DAY HOLIDAY - NO SCHOOL
09/11	Mass (8 am in the church - led by 8 th grade)



Links

- [Home & School Newsletter](#)
- [Athletic News](#)
- [Mahjong Fundraiser](#)
- [Social Media Seminar](#)
- [ACTS Retreat](#)
- [Cafeteria Pricing](#)
- [Men's Club](#)
- [Dominus Project](#)
- [August Cafeteria Menu](#)

To the Heights



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