

PLAYER EXPECTATIONS

The coach under the guidance of the Director of Coaching selects the players. The coach's commitment to the player and the player's commitment to the team and Plattsburgh Football Club are for the entire competitive season. It is important that players observe the guidelines established by the team, Plattsburgh Football Club, leagues and UYSA. All players are responsible for participating in fundraising activities.

As a player I will....

- Train and play to the best of my ability
- Have a positive attitude and never quit
- Win without boasting and exemplify sportsmanship
- Respect officials and accept their decisions without question
- Only give positive encouragement to fellow teammates
- Arrive prepared for all games and training sessions, i.e. proper mental attitude and equipment
- Respect my coach, teammates and opponents
- Learn and obey the Laws of the Game
- Practice soccer skills and condition on my own
- Notify the coach if I will be tardy or unable to make a practice, game or meeting

As a player I will never...

- Allow my enthusiasm and commitment for soccer to override my responsibilities to my education
- Use profane or vulgar language
- Use a controlled substance unless prescribed by a physician
- Leave the field or a session without the permission of the coach
- Disregard any instructions of my coach
- Forget that I represent Plattsburgh Football Club

Player Expectations

- Players are expected to learn the rules for their age group games and play by these rules.
- We are here to have fun, but not at the expense of other participant's fun. Play hard, try your best!
- Players are to show proper respect and sportsmanship to others involved in the game including other players, coaches, spectators and especially the officials.
- Winning is not the most important part of soccer in the Plattsburgh Football Club. Being the best you can be is!
- Do your best always, so you do not let the others of your team down and so your opponents enjoy the best you can give as well.
- Showing up on time consistently with proper equipment to games and especially practices shows you care about the well being of your team.
- Come prepared to play, with a good attitude, water bottle, shin pads and clothing suited to weather conditions and rules of the game.
- If you have a concern with a referee, voice it through the coach and if it is with a coach, discuss it privately after a game or practice or at some other mutually convenient time in a positive, calm manner.
- Soccer is an excellent activity for promoting fitness and building up a sweat is normal and good for you.
- Team sports provide excellent opportunities to make friends, encourage the building of good character and provide an outlet for excess energy.
- No one player makes the difference between winning and losing.
- Fulfill your team and Plattsburgh Football Club's expectations

Player Name: _____

Player Signature

Date: _____



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