



ATHF Provincial Coaching Pathway

The ATHF Provincial Coaching Pathway provides opportunities for handball coaches in the province of Alberta to increase their knowledge, skills, and capabilities. The pathway is divided into three distinct tiers of certification: Level 1, Level 2, and Level 3. The descriptions and requirements at each level are listed below:

Level 1

Learn the basics of handball coaching, with a focus on fundamental movement skills and basic tactics. This course is designed for first year high school/junior high school coaches who are new to the sport, or for those who need a refresher on their knowledge. Time requirement is around 2 hours online.

Requirements for Level 1 Certification:

1. Completion of Level 1 Coaching Course
2. Pass a post course handball terminology test (80% required, 2 attempts)

Level 2

This course is designed for coaches looking to extend and deepen their understanding of handball. More advanced team tactics are discussed as well as explanations of more advanced individual skills, and relevant technical points. For aspiring Provincial Team/ATHL Senior League Coaches.

To be Eligible for Level 2 Certification:

1. Level 1 Certification
2. At least 1 year of coaching experience in either highschool or ATHL (U16 and up)

Requirements for Level 2 Certification:

1. Completion of Level 2 Coaching Course
2. At least one season of coaching experience within the same year (U19 or highschool and up)

3. One practice and one game evaluation completed throughout that season, arranged by the coach with ATHF
4. Completion of the Level 2 Reflection Written Assignment upon the completion of their one season of coaching experience in the ATHL

Level 3

This course is designed for coaches looking to coach at the highest levels available in Alberta. This course dives into complex team systems, a wide variety of advanced individual skills, and coaching philosophies.

To be Eligible for Level 3 Certification:

1. Level 1 & 2 Certification

Requirements to be Level 3 Certified:

1. Completion of the Level 3 Coaching Course
2. Coach a High Level Team (U18/21 Provincial Teams or an ATHL Sr Team)
3. Practice Evaluation, arranged by the coach with ATHF
4. Game Evaluation, arranged by the coach with ATHF
5. Post evaluation guided reflection

Recertification Requirements:

To maintain current certifications you can not have an absence of more than 3 years. Must be retaken **after 5 years**, during this period it is highly encouraged you are coaching. If you completed some of the requirements of a certain level you are considered to not be certified and therefore must retake that level and complete all requirements in order to be certified.