



Buddha Therapies

Holistic Health Spa and Clinic

Holistic Spring Packages

Spring Release: Back/neck/shoulder massage including Foot massage and Steam, using Buddha Balm Spring essential oil blend

RRP £45.00

NOW... **£40.00** 45 mins

Spring Awakening: Indian Head massage including back massage with Hopi Ear candles and Buddha Balm Spring essential oil and Vitamin Serum

RRP £50.00

NOW... **45.00** 60 mins

Spring Detox: Cupping Therapy detoxing organ back shu points plus abdominal organ cleanse focusing on the Liver, including Buddha Balm Vitamin Serum neck, scalp, face meridian point drainage & Buddha Balm Spring essential oil

RRP £55.00

NOW... **£50.00** 75 mins

Step into Spring: Reflexology plus Indian Head massage including the back with Buddha Balms Fresh Feet foot Balm and Spring essential oils

RRP £65.00

NOW... **£60.00** 75 mins

Warmth of Spring: Hot Stone back /neck/ shoulder massage inc. reflexology and face and scalp meridian massage inc. Buddha Balm Spring essential oil plus vitamin serum

RRP £70.00

NOW.. **£65.00** 75 mins

Spring Retreat: Full Body massage including Face / Scalp / neck meridian drainage and Spring essential oil and Reflexology with Buddha Balm Relaxed Feet balm

RRP £80.00

NOW... **£75.00** 90 mins

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