

Trail Information

KINGDOM TRAIL ASSOCIATION

Kingdom Trail Association is a non-profit organization that was established in 1994 by a group of visionary residents and business leaders in the area.

The mission of the Kingdom Trail Association is to provide recreation and education opportunities by managing, maintaining, and building trails to foster the health of our community, surrounding environment, and regional economy.

DONATIONS

We are thankful to all those who donate to Kingdom Trails! Your contribution allows us to continue striving toward our mission.

If you would like to donate in the future please visit our website, KingdomTrails.org or you are welcome to send a check to Kingdom Trails, PO Box 204, East Burke, VT 05832.

MEMBERSHIP

Kingdom Trails memberships are available online at KingdomTrails.org/membership. Always display your membership sticker in a visible manner. **We are proud to offer an NEK resident membership at a discount!**

WELCOME CENTER LOCATION

478VT-114
East Burke, VT 05832
802-626-0737

YEAR-ROUND OFFERINGS

Mountain Biking
Adaptive Mountain Biking
Hiking and Trail Running
Groomed Nordic Skiing (Classic and Skate)
Groomed Fatbiking
Snowshoeing

PLEASE NOTE...

The user of this map bears full responsibility and assumes all risk for their safety. Kingdom Trail Association is not responsible for personal injury, damage to property, or violation of the law in connection with the use of this map. Please respect private and public lands. This map is for spring, summer, and fall use only. Please do not ride in the rain or after heavy rainfall because it can cause trail damage. Help us preserve the trails for all to use.

RULES OF THE TRAIL SYSTEM

- Respect our private landowners, stay on designated trails, no overnight camping or fires.
- Park only in designated KT parking lots.
- Leave No Trace.
- Purchase a KT Membership.
- Riders yield to everybody, including each other. Communicate and stay in control.
- On the road, travel single file and ride to the right. Always stop for vehicles.
- No motorized vehicles.
- Dogs are **ONLY** allowed on Village Trails (see inset). (Please clean up after your dog.)
- No horses on singletrack trails.
- Keep group sizes to ten people or less. If more, split into groups.
- No RV parking at the Inn at Mountain View Farm.
- No nighttime trail access at East Haven.
- Respect any and all trail closures.
- Helmets Required.



ADAPTIVE MOUNTAIN BIKING

Trails with aMTB symbols have been built and identified as Adaptive Mountain Bike accessible. These trails have been ridden and approved by aMTB users or meet the criteria of aMTB friendly trail standards. We highly encourage all adaptive users to be accompanied by a support rider while using the network.

E-BIKE POLICY

Class 1 Pedal Assist eMTBs are allowed on KT. Sections of trail marked with ----- are only open to eMTB riders with mobility disabilities.



PARKING LOCATIONS

All locations are aMTB accessible

Burke Mountain (lower lot):
223 Sherburne Lodge Rd, East Burke

Dashney Nordic Center: 70-838 Dashney Rd, East Burke

East Burke Sport Thoma: 439VT-114, East Burke

East Burke Storage: 98VT-114, East Burke

East Haven Community Building:
64 Community Bldg Rd, East Haven

Inn at Mountain View Farm: 3383 Darling Hill Rd, East Burke

Kingdom Campground: 972 Lynburke Rd, Lyndonville

Mike's Tiki Bar: 44 Belden Hill Rd, East Burke

Pudding Hill: 523 Hollister Hill Dr, Lyndonville

Rifugio: 2099 Darling Hill Rd, Lyndonville

The Wildflower Inn: 2059 Darling Hill Rd, Lyndonville

IN A MEDICAL EMERGENCY

1. If traveling in a group greater than three people, have at least one person stay with the injured person.

2. Call 911 and tell them **Who** you are, **Where** you are, **What** happened. It is critical that you tell them that the injured person is on the Kingdom Trails. If possible, provide the trail name and nearest red evacuation number as noted on the map.

3. Wait for rescue personnel to arrive to assist the injured person. **Follow procedures below for care of injured person.**

DO NOT try to move a patient if there is any chance they have a head, neck, or back injury. **DO** try to keep the patient warm and dry, making them as comfortable as possible. **DO** consider assisting the patient to the nearest road unless you suspect a head, neck, or back injury.

AED locations: KT Welcome Center (available during regular business hours), ATM next to East Burke Market (24 hour access) and at the Wildflower Inn by the entrance to KC&E Adventures (24 hour access). The door is always open.

Thank you first responders!



For trail conditions and updates visit kingdomtrails.org/Trail-Conditions

HOW TO ACCESS BURKE MOUNTAIN BIKE PARK TRAILS

Burke Mountain Resort maintains and manages the existing mountain bike trails directly south of Mountain Road. This area is known as the Burke Mountain Bike Park. The current trails within this area are listed below and are highlighted on the map in yellow

Shire*	CCC Road*	Enchanted Forest
Roly Grail	Rude Awakening	Knightslayer
Dead Moose Alley*	Upper J-Bar	Dual Slalom
Dead Moose Abuse*	J-Bar	Merlin
Blacksmith*	Drawbridge	Pump Track
Parr's Yard*	Black Forest	Free Ride Trail
Camptown*	Jester	

* Indicates open seven days a week, no charge. Other trails require a Burke Bike Park Ticket. For further info and pricing visit www.skiburke.com.



THANK YOU PRIVATE LANDOWNERS, YOU MAKE IT POSSIBLE!

KT recognizes that our trails were founded and built upon lands first inhabited by the indigenous people of our region, the Abenaki. KT is now grateful to the 100+ private landowners who continue to steward the land and so generously allow our trails to cross their properties. Our landowners play a key role in vitalizing our region, providing a quality experience, and a healthy outlet for all. Please respect our landowners by abiding by our policies.

