

2025/2026



Coach: Abdinasir Abdi

# What will the team do?















### Leagues

TCSL White Fall & Summer



### **Matches**

Fall: 6 weekend matches Summer: 10 weeknight matches



## **Trainings**

Fall: 2-3 per week
Winter: 1x per week
+ TUSA Champions League

Summer: 2x per week



# **Tournaments**

- Tonka Street Cup Season Kick-Off 8/23
- NSC Fall Cup 10/3-10/5

### Winter:

- TCSL Winter Fest TBD
- **3v3 Tonka Tourney** 12/5 OR 12/12

#### Summer:

- **NSC Spring Cup** 5/1-5/3
- Tonka Splash 6/12-6/14
- Tri-City Classic (ND) 6/19-6/21



### **Supplemental Opportunities**

Open Training, Scrimmages, Clinics, Winter Futsal League, Summer Camps

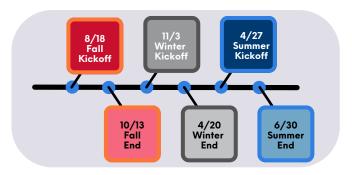
# Who is our Coach?

Abdinasir Abdi is entering his 1st year with Tonka United. Abdinasir is passionate about developing young athletes and creating a positive, growth-minded training environment. He has an academic background in civil engineering/architecture and a high-level playing pedigree from the Aston Villa Academy, with additional coaching experience at Aston Villa and Birmingham City.

## What do I need to do?

- ▼ Today: Register for tryouts in PlayMetrics
- √ 7/15: Team invitation sent via PlayMetrics
- √ 7/17: Team acceptance deadline
- 8/1: Uniform kit<sup>∗</sup> order deadline
- mid-Aug: Mandatory parent & player team meeting

## **Seasonal Timeline:**





### Costs\*

Team Fees: \$ 1625

Includes: All leagues, tournaments, training, coaching, admin, facilities, insurance, referees, coach expenses for tournaments listed on Team Plan

\*Additional costs: uniform kit pieces, player travel expenses, optional team event expenses, clinics, optional league play, individual programming, and other costs not listed on Team Plan



