



2015 GIRLS U11 ACADEMY 1

2025/2026



Coach: Meghan Keenan

What will the team do?



Leagues



TCSL National Fall & Summer
TCSL Winter League

Matches



Fall: 6 weekend matches
Winter: 6 matches
Summer: 10 weeknight matches

Trainings



Fall: 2-3x per week
Winter: 2x per week
+ 1x TUSA Champions League
Summer: 2x per week
+ 1x TUSA Champions League

Tournaments



- Fall:
- **Tonka Street Cup Season Kick-Off** 8/23
 - **Salvo Fall Classic** 10/10-10/12
- Winter:
- **3v3 Tonka Tourney** 12/5 OR 12/12
- Summer:
- **St. Croix Cup** 5/29-5/31
 - **Tonka Splash** 6/12-6/14
 - **Lake Superior Open (Duluth, MN)** 6/26-6/28

Supplemental Opportunities



Open Training, Scrimmages, Clinics, Winter
Futsal League, Summer Camps

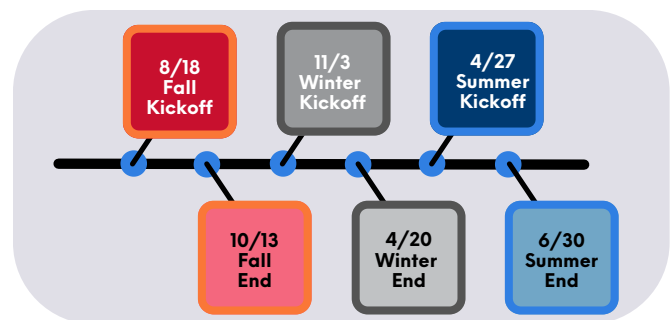
Who is our Coach?

Meghan is entering her 5th year as a coach with Tonka United and her 2nd year as a full-time coach. A former Tonka United player herself, Meghan is passionate about developing youth players and fostering a positive learning environment. She is currently enrolled in the US Soccer Federation D License. Outside of soccer, Meghan enjoys spending time with her husband, Mac—who is also a full-time coach at Tonka United—and their two dogs, Apollo and Hank.

What do I need to do?

- ✓ Today: Register for tryouts in PlayMetrics
- ✓ 7/14 & 7/16: Attend tryouts
- ✓ 7/17: Team invitation sent via PlayMetrics
- ✓ 7/19: Team acceptance deadline
- ✓ 8/1: Uniform kit* order deadline
- ✓ mid-Aug: Mandatory parent & player team meeting

Seasonal Timeline:



Costs*



Team Fees: \$ 2100

Includes: All leagues, tournaments, training, coaching, admin, facilities, insurance, referees, coach expenses for tournaments listed on Team Plan

*Additional costs: uniform kit pieces, player travel expenses, optional team event expenses, clinics, optional league play, individual programming, and other costs not listed on Team Plan



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