

2025/2026



What will the team do?















Leagues

TCSL Regional Fall & Summer TCSL Winter League



Matches

Fall: 6 weekend matches Winter: 6 matches

Summer: 10 weeknight matches



Trainings

Fall: 2-3x per week Winter: 2x per week

+ 1x TUSA Champions League

Summer: 2x per week

+ 1x TUSA Champions League



Tournaments

Fall:

- Tonka Street Cup Season Kick-Off 8/23
- Salvo Fall Classic 10/10-10/12

Winter:

• **3v3 Tonka Tourney** 12/5 OR 12/12

Summer:

- NSC Spring Cup 5/1-5/3
- Tonka Splash 6/12-6/14
- Rush Summer Cup (IA) 6/19-6/21



Supplemental Opportunities

Open Training, Scrimmages, Clinics, Winter Futsal League, Summer Camps

Who is our Coach?

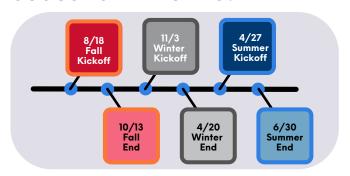
Dave Christensen is entering his 3rd year as a full-time coach with Tonka United Girls teams (7th overall year w/Tonka). He holds the US Soccer Federation C License and enjoys improving his coaching knowledge through coach education and an "always improving" motto. In his spare time, you can find Dave at home playing with his cat, Burton, or doing crossword puzzles.

What do I need to do?

- Today: Register for tryouts in PlayMetrics
- 7/15 & 7/16: Attend tryouts

- 8/1: Uniform kit[∗] order deadline
- mid-Aug: Mandatory parent & player team meeting

Seasonal Timeline:





Costs*

Team Fees: \$ 2100

Includes: All leagues, tournaments, training, coaching, admin, facilities, insurance, referees, coach expenses for tournaments listed on Team Plan

*Additional costs: uniform kit pieces, player travel expenses, optional team event expenses, clinics, optional league play, individual programming, and other costs not listed on Team Plan



