

2025/2026



<sup>Coach:</sup> Adolfo Bonilla

# What will the team do?















## Leagues

TCSL State Fall & Summer TCSL Winter League



### **Matches**

Fall: 6 weekend matches Winter: 6 matches

Summer: 10 weeknight matches



## **Trainings**

Fall: 2-3x per week Winter: 3x per week Summer: 2x per week

+ 1x TUSA Champions League



### **Tournaments**

### Fall:

- Tonka Street Cup Season Kick-Off 8/23
- Salvo Fall Classic 10/10-10/12

### Winter:

• **3v3 Tonka Tourney** 12/5 OR 12/12

#### Summer:

- NSC Spring Cup 5/1-5/3
- Tonka Splash 6/12-6/14
- Lake Superior Open (Duluth, MN) 6/26-6/28



## **Supplemental Opportunities**

Open Training, Scrimmages, Clinics, Winter Futsal League, Summer Camps

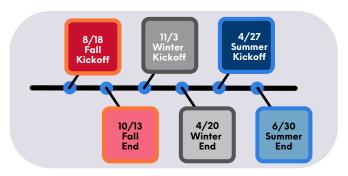
# Who is our Coach?

Adolfo Bonilla is entering his 3rd year as a full-time coach with Tonka United (4th overall year w/ Tonka). He is currently completing his USSF B License, having recently completed an international course in Spain with Football Coach Evolution co-hosted by FC Barcelona. He brings a global perspective, tactical focus and strong passion to his coaching. Adolfo is dedicated to helping players grow both on and off the field through positive, purposeful development and is a proud supporter of Club América!

## What do I need to do?

- Today: Register for tryouts in PlayMetrics
- 7/23: Team invitation sent via PlayMetrics
- 7/25: Team acceptance deadline
- 8/1: Uniform kit<sup>∗</sup> order deadline

## **Seasonal Timeline:**





### Costs\*

Team Fees: \$ 2495

Includes: All leagues, tournaments, training, coaching, admin, facilities, insurance, referees, coach expenses for tournaments listed on Team Plan

\*Additional costs: uniform kit pieces, player travel expenses, optional team event expenses, clinics, optional league play, individual programming, and other costs not listed on Team Plan



